



HOW DO I MAKE MYSELF A BETTER PERSON?

ANSWER IN YOUR OWN WORDS:

#282: DOES SACRED SCRIPTURE SPEAK ABOUT A WAY TO HAPPINESS?

We become happy by trusting in Jesus' words in the Beatitudes. The Gospel is a promise of happiness to all people who wish to walk in God's ways.

#283: WHAT ARE THE BEATITUDES? See Matthew 5:3-12

#300 WHY DO WE HAVE TO WORK TO FORM OUR CHARACTER? We must work at forming our character so that we can freely, joyfully, and easily accomplish what is good. A firm faith in God, in the first place, helps us to do this, but also the practice of the virtues, which means developing within ourselves, with God's help, firm dispositions, not giving ourselves over to disorderly passions, and directing our faculties of intellect and will more and more consistently toward the good. The most important virtues are: prudence, justice, fortitude, temperance. These are also called the "cardinal virtues"

YOU CAT

GOSPEL



ANSWERS

A SOWER WENT OUT TO SOW AND AS HE SOWED, SOME SEED FELL ON RICH SOIL, AND PRODUCED FRUIT, A HUNDRED OR SIXTY OR THIRTYFOLD. MATTHEW 13: 1-9

SAINTS & INSPIRATIONAL STORIES



JACK SKOWRONNEK

Jack was not happy being just an ordinary boy, and after reading a book about kids suffering with cancer he decided to show his support by shaving his head. He has raised over \$100,000 in the past few years and has partnered with a Children's Hospital in Chattanooga, TN where hundreds of people shave their heads for donations to help kids cancer treatments.



TEAM

DISCUSSION

HAVE YOU EVER THOUGHT OF JESUS AS AN INSPIRATION FOR THE VIRTUES YOU WANT TO LIVE? WHAT WERE THE QUALITIES OR VIRTUES YOU WANT TO ACHIEVE?

TALK ABOUT IT!