



CHALLENGE & CONQUEST

CATHOLIC YOUTH MINISTRY

INFORMATION BOOKLET



WELCOME

to the great adventure of forming the youth to be apostles in the Church. The goal of Challenge & Conquest is to bring kids to the personal and life changing experience that happens from a true friendship with Christ and for them to share that experience with as many people as possible through the projects they do as teams.

The USCCB [United States Council of Catholic Bishops] published a document in 1997 that was recently reprinted, called "Renewing the Vision: A Framework for Catholic Youth Ministry." In this document, among other things, there is a quote from Pope John Paul II that we would like to mention here to understand how and where Challenge and Conquest fit into the vision of Youth Ministry.

"As leaders in the field of the youth apostolate, your task will be to help your parishes, dioceses, associations, and movements to be truly open to the personal, social, and spiritual needs of young people. You will have to find ways of involving young people in projects and activities of formation, spirituality, and service, giving them responsibility for themselves and for their work, and taking care to avoid isolating them and their apostolate from the rest of the ecclesial community. Young people need to be able to see the practical relevance of their efforts to meet the real needs of people, especially the poor and neglected. They should be able to see that their apostolate belongs fully to the Church's mission in the world."

Our Adult Leader Book Guidebook is an aid to help you plan, organize and offer Challenge & Conquest to a great number of young people. Only God knows how many lives can be touched by your efforts and work to form these young apostles.

The National Team is here to serve and support you. Please feel free to contact us should you have any questions or need anything. You are all very present in our prayers and I thank you again for all you do and everything you are for the Church, Christ and the souls God has placed in your hands.

www.CONQUESTyouthministry.com

www.CHALLENGEyouthministry.com

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customerservice@missionnetwork.com

www.store.missionnetwork.com

Headquartered in Atlanta, GA Serving Parishes & Schools across the US & Canada

WHAT ARE AND CONQUEST ?

Challenge and Conquest are Catholic Youth Ministry programs for girls and boys in 5th - 12th grade to grow in knowledge of their Catholic faith, friendship with Christ, and make a difference and positive impact on their families, friends and in the world around them. We also offer three programs for boys and girls K-4th grade: Challenge Jr, Conquest Jr & Conquest Fr Son Program.

FAST FACTS

Challenge and Conquest are proven to be a successful youth ministry option for the past 15 years in the US and Canada. They are currently present in over 200 parishes & schools with over 6500 youth every week, led by 300 adult leaders and 700 teen leaders. Offering over 40 summer camps with 2000 campers every year.

OUR MISSION

Challenge and Conquest strive to offer effective methods & materials in Catholic Youth Ministry for families, parishes and schools, helping youth 5th - 12 grade to know and love:



Challenge and Conquest try to teach the teens how to follow Christ's example and live authentic Christian virtues:

FRIENDSHIP SINCERITY OBEDIENCE
GENEROSITY PURITY CHARITY
HOPE JOY FAITH PERSEVERANCE



METHOD



TEAM BASED & TEEN LED

small group
mentoring

SERVICE DRIVEN

over 30 + hands on
apostolic projects

VIRTUE CENTERED

focused on
putting faith
into practice

FOR K-12TH GRADE

Specific series for
middle & high school,
plus JR programs

READY TO USE & FLEXIBLE

60 weekly
guide books &
online training

RELEVANT & FUN FOR TEENS

activities focused
on their questions
with 400+ games

100 % CATHOLIC CURRICULUM

grounded in
catechism, gospels
& lives of saints

GENDER SPECIFIC

parallel programs
adapted for boys
& girls

MATERIALS

ADULT LEADER KITS

Curriculum Guides,
Planning Material,
Promo Materials

TEEN LEADER KITS

Weekly Guidebook
Series with
Curriculum & Projects

MEMBER KITS FOR ALL YOUTH

Tshirts,
prayer books,
calendars & more.

ACTIVITIES

WEEKLY TEAM ACTIVITIES

SERVICE PROJECTS

RETREATS & CAMPS

TRAINING

ADULT LEADER ONLINE SERIES

Sessions on How Challenge
& Conquest work.

ADULT LEADER BOOK SERIES

5 Guidebooks with detailed
information to run the programs

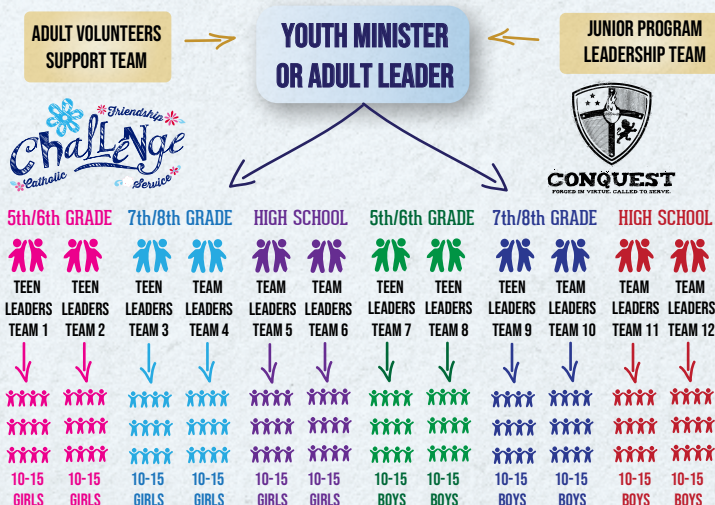
TEEN LEADER ONLINE SERIES

Sessions on how to use the
guidebooks & run meetings

WHAT DO WE MEAN BY TEAM BASED AND TEEN LED?

Challenge and Conquest are designed so that you organize your youth group into smaller teams of about 10-15 teens, who are around the same age. Each team is led by one or two teen leaders who are usually 2 or 3 years older than the group they lead. This is small group mentoring & peer ministry where everything is done in teams especially the weekly activities & service projects. The youth minister & adult leaders work with the teen leaders training them & helping them prepare to lead their team activities each week. In this way the youth group could be large in number but no one will feel lost in the crowd because they are part of a team with a team leader looking out for them.

Peer mentoring is not only a life changing experience for the teen leaders, it truly makes an impact on the younger teens when they learn about their faith and see positive role models in their team leaders, who are only a few years older than they are.



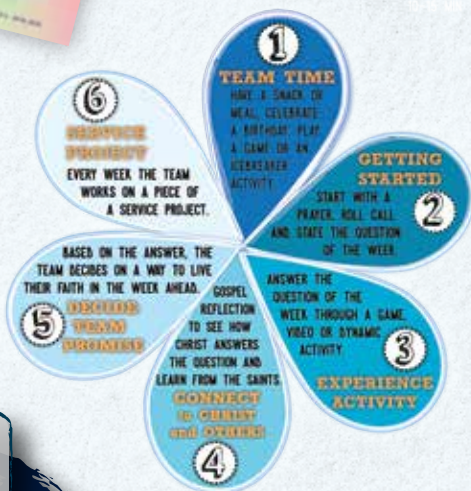
YOU CAN REACH HUNDREDS OF TEENS IN YOUR YOUTH GROUP WITH JUST A HANDFUL TEAM LEADERS.

THE CHALLENGE & CONQUEST CURRICULUM IS IN THE TEAM LEADER GUIDEBOOKS

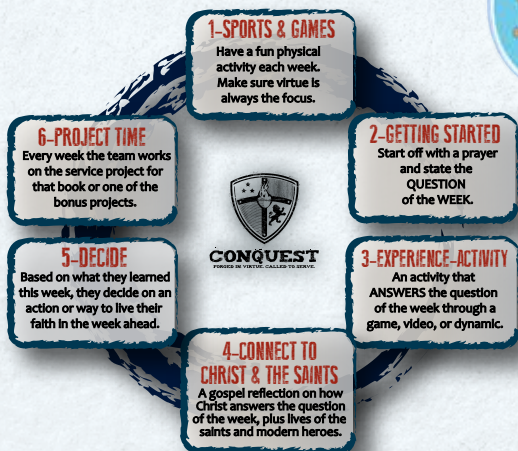


THE GUIDEBOOKS
HAVE EVERYTHING
THE TEAM LEADERS
NEED TO LEAD
THE WEEKLY ACTIVITIES.

9 DIFFERENT BOOK SETS :
SERIES 1 - SERIES 2 - SERIES 3
FOR 5TH/6TH, 7TH/8TH,
& HIGH SCHOOL
PLUS THE NEW
ADVENT LENT BOOK
& THE VIRTUE SAINT
GUIDEBOOK



THE WEEKLY
TEAM ACTIVITY
IS WHERE IT
ALL COMES
TOGETHER



CONQUEST
PRINCIPLES IN PRAYER, CALLED TO SERVE



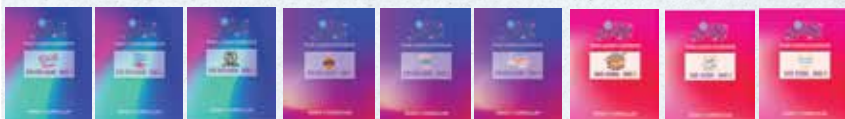
TEAM LEADER GUIDEBOOKS & CURRICULUM

5TH/6TH GRADE BOOKS

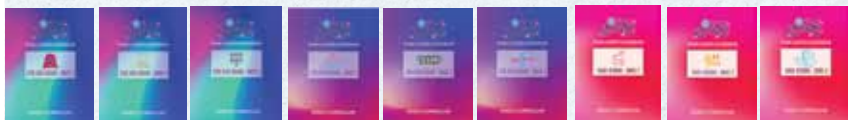
7TH/ 8TH GRADE BOOKS

HIGH SCHOOL BOOKS

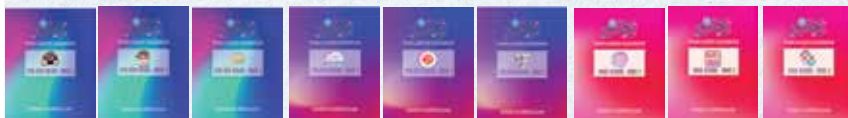
SERIES ONE CURRICULUM



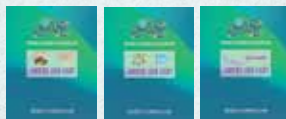
SERIES TWO CURRICULUM



SERIES THREE CURRICULUM



ADVENT AND LENT CURRICULUM



30 BOOKS = 180 WEEKLY ACTIVITIES + 36 SERVICE PROJECTS

We offer 3 books each year for each grade level plus the Advent Lent Book.
Each regular book contains 5 weeks of activities and 1 service project.



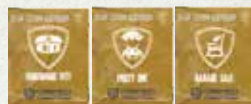
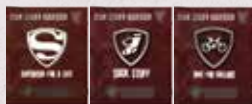
TEAM LEADER GUIDEBOOKS & CURRICULUM

5TH/6TH GRADE BOOKS

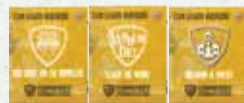
7TH/ 8TH GRADE BOOKS

HIGH SCHOOL BOOKS

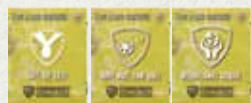
SERIES ONE CURRICULUM



SERIES TWO CURRICULUM



SERIES THREE CURRICULUM



ADVENT AND LENT CURRICULUM



30 BOOKS = 180 WEEKLY ACTIVITIES + 36 SERVICE PROJECTS

Every year we update the books and series with new videos, activities and content so there is new and relevant content for the teens.

VIRTUE CENTERED CURRICULUM?

The virtue centered curriculum in Challenge & Conquest encourages teens to put their faith into action each week. Every year we have new virtues & saints for each month. These saint & virtues can be found in the calendars which are included in all of our member, team leader and adult leader kits.

CONQUEST VIRTUES AND SAINTS 2019 -20

AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY
SAINT NUNCIO SUPLIZIO	SERVANT OF GOD JOSEPH DUTTON	BLESSED RICHARD HEINKES	BLESSED MARIANO MULLERAT	BLESSED JAMES MILLER	BLESSED TULIO MARRUZZO
					
CHARITY	LOYALTY	FAITH	PERSEVERANCE	JOY	INTEGRITY
FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY
VENERABLE CARLOS ACUTIS	VENERABLE JERZY CIELSKI	SAINT TORIBIO ROMO	VENERABLE WILLIAM GAGNON	SAINT MAXIMILIAN KOLBE	SAINT FRANCIS DE SALES
					
HOPE	REVERENCE	FORTITUDE	RESPONSIBILITY	FORGIVE	PATIENCE

CHALLENGE VIRTUES AND SAINTS 2019 -20

AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY
SAINT CATHERINE LABOURE	SERVANT OF GOD JOSEPH DUTTON	SERVANT OF GOD TERESA KEARNEY	SERVANT OF GOD MARIA BORDINI	BLESSED JAMES MILLER	SERVANT OF GOD ALESSANDRA SABATTINI
					
CHARITY	LOYALTY	FAITH	PERSEVERANCE	JOY	INTEGRITY
FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY
SERVANT OF GOD ALEXIA GONAZALES	BLESSED CONCEPCION CABRERA	BLESSED LEONELLA SGORBATI	VENERABLE WILLIAM GAGNON	BLESSED ANNA KOLESAKOVA	BLESSED ANGELA SALANA
					
HOPE	REVERENCE	FORTITUDE	RESPONSIBILITY	FORGIVE	PATIENCE



CONQUEST JUNIOR

CATHOLIC VIRTUE PROGRAM FOR BOYS K THRU 4th GRADE

The Conquest Junior Leadership Program is a weekly virtue based program run by dads and youth leaders for boys in kindergarten through 4th grade. The Junior Program can be run alongside a Conquest club on its own.

Conquest JR has its own unique curriculum, tshirts, bags, & commitment cards for the younger boys. The Conquest Jr Adult Leader Kit has all that is needed to run the program including the Curriculum Guide, point chips and commitment cards. A new addition in recent years are the virtue stickers given after each virtue campaign. By means of mentoring, the boys are guided through the age appropriate development of virtues such as respect, kindness, service and compassion, all while growing in leadership skills.

Each week there is an activity focused on the virtue of the specific campaign. There are seven parts to the Conquest JR weekly activity, which are different from the Conquest meeting. Point chips and positive motivation is encouraged.

SEVEN PARTS OF THE CONQUEST JR WEEKLY ACTIVITY



**SET UP, CHECK IN
AND ARRIVAL**



OPENING PRAYER



**SPORTS OR
DYNAMIC ACTIVITY**



MINI APOSTOLIC PROJECT
ONLY DONE DURING WEEK 6 OF EACH
CAMPAIGN INSTEAD OF SPORTS



**SNACK AND
MID POINT TALLY**



**FAITH AND VIRTUE
INSTRUCTION**



**LEADER TALK
OR REFLECTION**



CLOSING PRAYER

The Junior Program is focused on the boys learning more about their Catholic Faith through virtues, stories of the saints and the bible. Each year the curriculum changes and we focus on five new virtues and saints, making up the Series 1, Series 2 and Series 3 curriculum for Conquest Jr. Each virtue campaign also includes virtue stickers that the boys can add to their commitment cards.

SERIES 1 VIRTUE CURRICULUM

HONESTY- HARDWORK- RESPONSIBILITY
COURAGE - FRIENDSHIP



SERIES 2 VIRTUE CURRICULUM

OBEDIENCE - KINDNESS - GENEROSITY
SELF CONTROL - COMPASSION



SERIES 3 VIRTUE CURRICULUM

LOYALTY - PERSEVERANCE - INTEGRITY
REVERENCE - RESPECT





A CATHOLIC FAITH
AND VIRTUE PROGRAM
FOR GIRLS IN
KINDERGARTEN TO
THE FOURTH GRADE.

Challenge JR is about helping the girls learn about their Catholic faith and Christian virtue through games, fun, lives of the saints and other activities. It is led by Adult Leaders (moms), with the help from teen mentors. We offer materials and a complete curriculum to help the girls and leaders successfully run the program each week. The curriculum can be found in the Adult Leader kit which contains the Guidebook, along with virtue posters, stickers, and other items to help.



The Challenge JR member kit has a member card, bracelet, tshirt, bag and a Prayer and Coloring book, to help the girls learn about faith and virtue.

The Challenge Jr Weekly Meeting has 8 different parts. There are moments for fun like the snack and group game. There are moments to learn about the virtue of the week and saint story. The girls will also learn about one Catholic prayer. There is even time for a virtue craft, all centered around a common theme.



Challenge Jr believes in the power of positive recognition and creating memories. We offer virtue charms, virtue stickers, holy cards and bracelets to help keep the girls excited about living their Catholic faith and Christian virtue.



Each year, the curriculum focuses on five virtues with five saints. Each week the girls learn about how to live that virtue either with God, at home, at school or with friends. They also learn Catholic prayers and have the opportunity to do service projects throughout the year.

SERIES 1 CURRICULUM



Virtue #1:
Honesty



Virtue #2:
Hardwork



Virtue #3:
Respect



Virtue #4:
Courage



Virtue #5:
Friendship

SERIES 2 CURRICULUM



Virtue #1:
Obedience



Virtue #2:
Kindness



Virtue #3:
Generosity



Virtue #4:
Self Control



Virtue #5:
Compassion

SERIES 3 CURRICULUM



Virtue #1:
Charity



Virtue #2:
Faith



Virtue #3:
Joy



Virtue #4:
Hope



Virtue #5:
Perseverance

NEW SERIES 3 CHALLENGE & CONQUEST ADVENT & LENT TEAM LEADER BOOKS

In 2017-18, we made an addition to our team leader kits and curriculum - the new Advent and Lent Team Leader Guidebook. We listened to the requests of the leaders to add in themes and activities that could help the young people live the seasons of Advent and Lent each year. So this year we have continued with that same addition for this year's 2019 Advent and 2020 Lenten seasons. Every team leader kit includes this new special book. The themes and gospel reflections go along with the 2019-20 liturgy readings for Sunday Mass and there are new games and icebreakers with a seasonal theme as well.



THE NEW ADVENT AND LENT TEAM LEADER GUIDEBOOKS HAVE:

- * 2 Apostolic Service Projects [1 for Advent and 1 for Lent]
- * 8 Weeks of Curriculum [4 for Advent and 4 for Lent] with Christmas and Easter games
- * Gospel Reflections each week based off the Sunday Mass Liturgy Readings

CHALLENGE VIRTUE & SAINT TEAM LEADER GUIDEBOOK

Challenge also offers an additional guidebook in each team leader kit that focuses on the Virtue and Saint of the Month. This guidebook has ten Challenge Meetings about the specific virtue of the month. The activities, games and content will help the girls learn more about Christian virtues and modern day saints. It is meant to be used each month as a compliment to the regular curriculum, and ideally at the first meeting of the month.





CONQUEST

APOSTOLIC SERVICE PROJECTS

SERIES ONE PROJECTS

5TH & 6TH GRADE

**SUPERHERO
FOR A DAY**

SOCK STUFF

BIKE FOR COLLARS
7TH & 8TH GRADE

PILGRIM QUEEN

FEED THE NEED

**CONQUERING
RETREATS**
HIGH SCHOOL

CARDBOARD CITY

PARTY ON!

GARAGE SALE
ADVENT - LENT

GIVING TREE

LIVING STATIONS

In the first pages of each of the Team Leader Guidebooks, there is a project with suggestions of how to make it happen locally.

SERIES TWO PROJECTS

5TH & 6TH GRADE

TRICK OR TREAT

NO PAIN NO GAIN

EMMAUS WALK
7TH & 8TH GRADE

DEFEND TO THE END

BIG & BOLD

CONFESSION MISSION
HIGH SCHOOL

**HOT DOGS FOR
HOMELESS**

TEACH THE WORD

BREAK A SWEAT
ADVENT - LENT

BLOCK OF TOYS

**HOLY WEEK
MISSIONS**

SERIES THREE PROJECTS

5TH & 6TH GRADE

AGENT ANGEL

VIRTUE VIDEO

**CATHOLIC
MOVIE MADNESS**
7TH & 8TH GRADE

CLOTHE THE NAKED

FALL ON YOUR KNEES

COOKING FOR PADRES
HIGH SCHOOL

SAVE THE DATE

MOVIE NIGHT DONE RIGHT

**INTERNATIONAL
COURAGE**
ADVENT - LENT

BETHELEHEM SHOP

**EXULTATION
CELEBRATION**

BONUS PROJECTS


**COMMUNION
IN CHURCH**

MISSION FAMILY

**AGAINST
THE GRAIN**

POSADA

**UNCLE SCROOGE'S
CHRISTMAS**

**INGLES
IGLESIA**

**ENDS OF THE
EARTH**

**REAL
CHRISTMAS**

**KEEP CHRIST IN
CHRISTMAS**

PLANT IT



APOSTOLIC SERVICE PROJECTS

SERIES ONE PROJECTS

5TH & 6TH GRADE

7TH & 8TH GRADE

HIGH SCHOOL

ADVENT & LENT



In each of the Challenge & Conquest Team Leader Guidebooks you will find several pages at the beginning of the book that are dedicated to explain the project with suggestions of how to organize the team.

SERIES TWO PROJECTS

5TH & 6TH GRADE

7TH & 8TH GRADE

HIGH SCHOOL

ADVENT & LENT



BONUS PROJECTS

first things FIRST



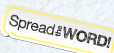
SERIES THREE PROJECTS

5TH & 6TH GRADE

7TH & 8TH GRADE

HIGH SCHOOL

ADVENT & LENT



CHALLENGE & CONQUEST

YOUTH MINISTRY PACKAGES & KITS

Challenge and Conquest offer a number of youth ministry packages for adult & teen leaders, as well as member kits for the girls and boys who participate. The curriculum and guidebooks can be found in the team leader kits or you can purchase the books only. We also have kits for Challenge JR and Conquest JR -for both the leaders and participants. These packages and kits change each year. We also offer tshirts for the participants and leaders each year. All of these kits and materials become available on our online store once the Adult Leader has registered the group and purchased the annual membership.

CHALLENGE AND CONQUEST ANNUAL MEMBERSHIP

The Annual Membership is renewed each year and includes:

- * Annual license and access to the online resource centers and store
- * Coupon for 1 Challenge or Conquest Adult leader kit
- * Coupon for 1 Challenge or Conquest Team Leader kit with 1 grade level of curriculum
- * Coupon for 6 Challenge or Conquest Member kits
- * Coupon for 6 Challenge or Conquest Member tshirts, 1 Team Leader tshirt and 1 Adult Leader Tshirt

CHALLENGE KITS & MATERIAL:

1. Adult Leader Kit with Leader Guide and Promotional Material
 2. Team Leader Kit with Curriculum Guidebooks for 3 grade levels
 3. Team Leader Guidebooks only [no kit]
 4. Member Kit with prayerbook, calendar and other fun items
 5. Challenge JR Adult Leader Kit
 6. Challenge JR Member Kit
 7. Challenge JR Charms
 8. Challenge and Challenge Jr Brochures
- Tshirts for Members, Team Leaders, Adult Leaders and Challenge JR

CONQUEST KITS & MATERIAL:

1. Adult Leader Kit with Leader Guide and Promotional Material
 2. Team Leader Kit with Curriculum Guidebooks for 3 grade levels
 3. Team Leader Guidebooks only [no kit]
 4. Member Kit with prayerbook, calendar and other fun items
 5. Conquest JR Adult Leader Kit
 6. Conquest JR Member Kit
 7. Conquest JR Point Chips
 8. Conquest and Conquest Jr Brochures
- Tshirts for Members, Team Leaders, Adult Leaders and Conquest JR



CONQUEST
FORGED IN VIRTUE. CALLED TO SERVE.



Accompanying young people requires going beyond a preconceived framework, encountering young people where they are, adapting to their times and pace of life and taking them seriously. This is to be done as young people seek to make sense of the reality in which they live and to utilize the message which they have received in words and deeds in their daily attempts to create a personal history and in the more-or-less conscious search for meaning in their lives.

PREPARATORY DOCUMENT FROM THE VATICAN FOR THE SYNOD
ON YOUNG PEOPLE, THE FAITH AND VOCATIONAL DISCERNMENT



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