

INTRODUCTION TO CHALLENGE & CONQUEST

CATHOLIC YOUTH MINISTRY



DO ANY OF THE FOLLOWING STATEMENTS APPLY TO YOU?



- You are looking for new ideas for Catholic Youth Ministry.
- You are stretched thin and want to find a simple way to reach more teens each week by building a strong volunteer team.
- You are searching for a dynamic, fun, Catholic curriculum that goes deep, answering the questions teens have about their life and faith.
- You are interested in ready to use, flexible, weekly curriculum that has enough material for the entire school year.
- You want to offer activities that are interesting for both boys and girls and are different for middle school and high school groups.
- You are trying to integrate attractive and meaningful service projects into the youth ministry activities in the parish and community.
- You are considering small group mentoring with teen leaders and team based methods to create an experience where everyone feels important, accepted and part of a team.
- You are looking for a comprehensive youth ministry program that combines online resources, training videos and hands on material for the adult leaders, teen leaders and the youth in the group.
- You are a parent who wants to volunteer or start up a program in your child's parish or school as a compliment or part of the youth ministry program.
- You are a new or returning Challenge or Conquest adult leader who would like a brief summary of all that Challenge and Conquest youth ministry programs can offer to the kids in your group

WHAT IS CHALLENGE & CONQUEST?



Challenge & Conquest are Catholic Youth Ministry programs for boys and girls in 5th – 12th grade to grow in knowledge of their Catholic faith, friendship with Christ, and make a difference and positive impact on their families, friends and in the world around them. We also offer programs for boys and girls K-4th grade: Challenge Jr & Conquest Jr.

OUR MISSION



Challenge and Conquest strive to offer effective methods & materials in Catholic Youth Ministry for families, parishes and schools, helping youth 5th - 12 grade to know and love:



Challenge and Conquest try to teach the teens how to follow Christ's example and live authentic Christian virtues:

FRIENDSHIP	SINCERITY	OBEDIENCE
GENEROSITY	PURITY	CHARITY
HOPE	JOY	FAITH
		PERSEVERANCE

FAST FACTS

Challenge and Conquest are proven to be a successful youth ministry option for the past 15 years in the US and Canada.

They are currently present in over 200 parishes & schools with over 6500 youth every week.

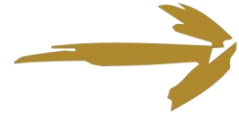
Challenge and conquest is led by 300 adult leaders and 700 teen leaders.

We offer over 40 summer camps with 2000 campers every year.

HOW IT ALL WORKS



METHOD



MATERIALS

TEAM BASED & TEEN LED

small group
mentoring

SERVICE DRIVEN

over 30 + hands on
apostolic projects

VIRTUE CENTERED

focused on
putting faith
into practice

FOR 5TH-12TH GRADE

3 age specific series
for middle school,
high school

READY TO USE & FLEXIBLE

60 weekly
guide books &
online training

RELEVANT & FUN FOR TEENS

activities focused
on their questions
with 400+ games

100 % CATHOLIC CURRICULUM

grounded in
catechism, gospels
& lives of saints

GENDER SPECIFIC

parallel programs
adapted for boys
& girls

ADULT LEADER KITS

Curriculum Guides,
Planning Material,
Promo Materials

TEEN LEADER KITS

Weekly Guidebook
Series with
Curriculum & Projects

MEMBER KITS FOR ALL YOUTH

Tshirts,
prayer books,
calendars & more.



TRAINING



ACTIVITIES

WEEKLY TEAM ACTIVITIES

SERVICE PROJECTS

WEEKEND RETREATS

SUMMER CAMPS

ADULT LEADER ONLINE SERIES

Sessions on How Challenge
& Conquest work.

ADULT LEADER BOOK SERIES

5 Guidebooks with detailed
information to run the programs

TEEN LEADER ONLINE SERIES

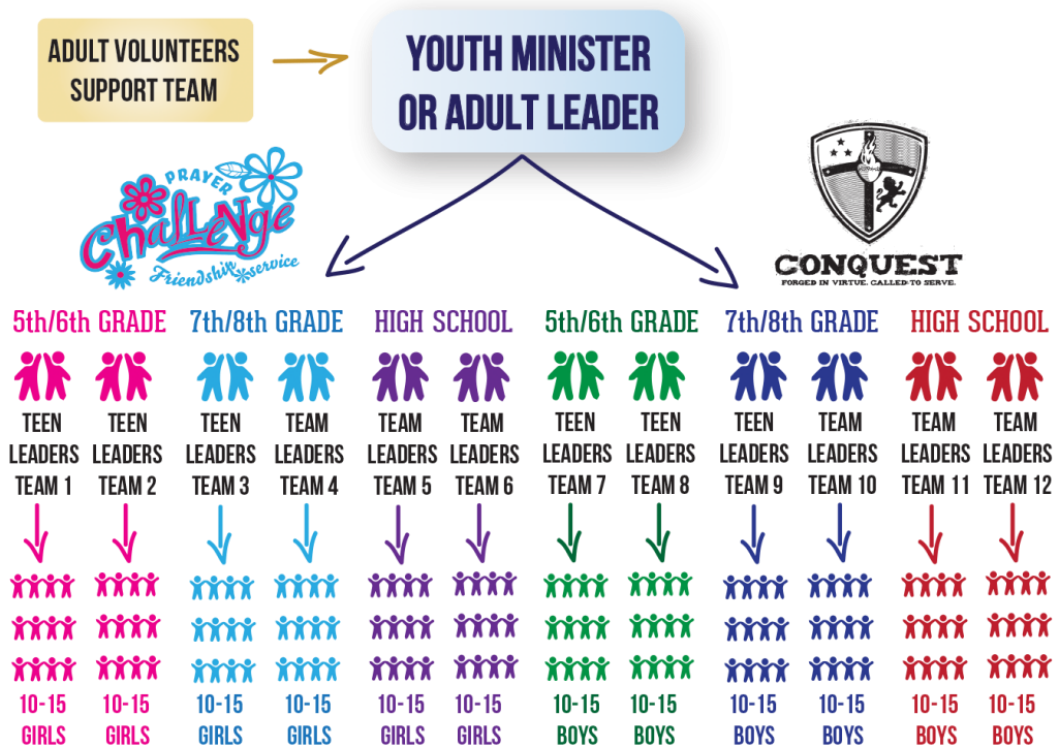
Sessions on how to use the
guidebooks & run meetings

WHAT DO WE MEAN BY TEAM BASED AND TEEN LED?

Conquest and Challenge are designed so that you organize your youth group into smaller teams of about 10-15 teens, who are around the same age.

Each team is led by 1 or 2 teen leaders who are usually 2 or 3 years older than the group they lead. This is small group mentoring or peer ministry where everything is done in teams especially the weekly activities and service projects.

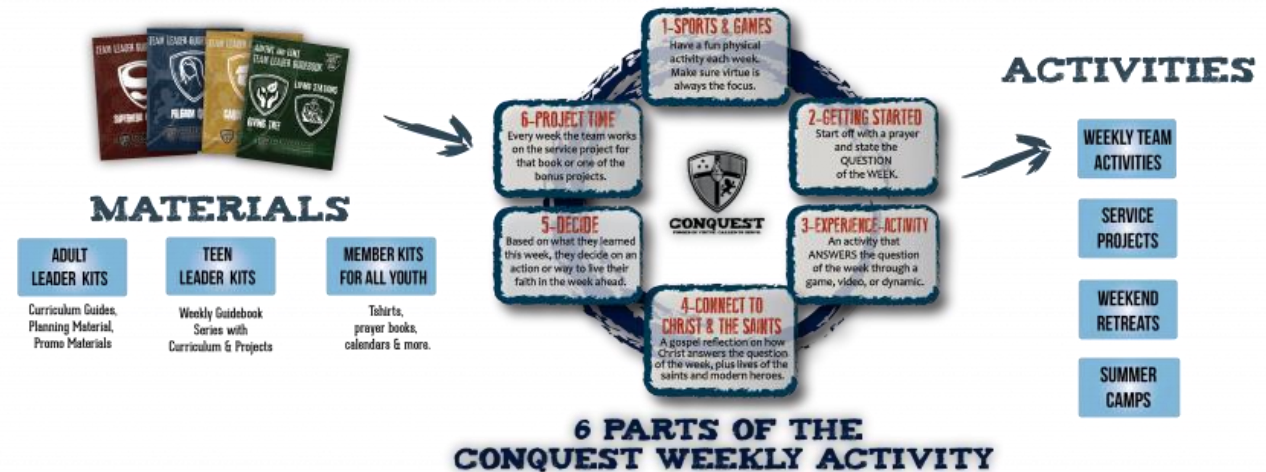
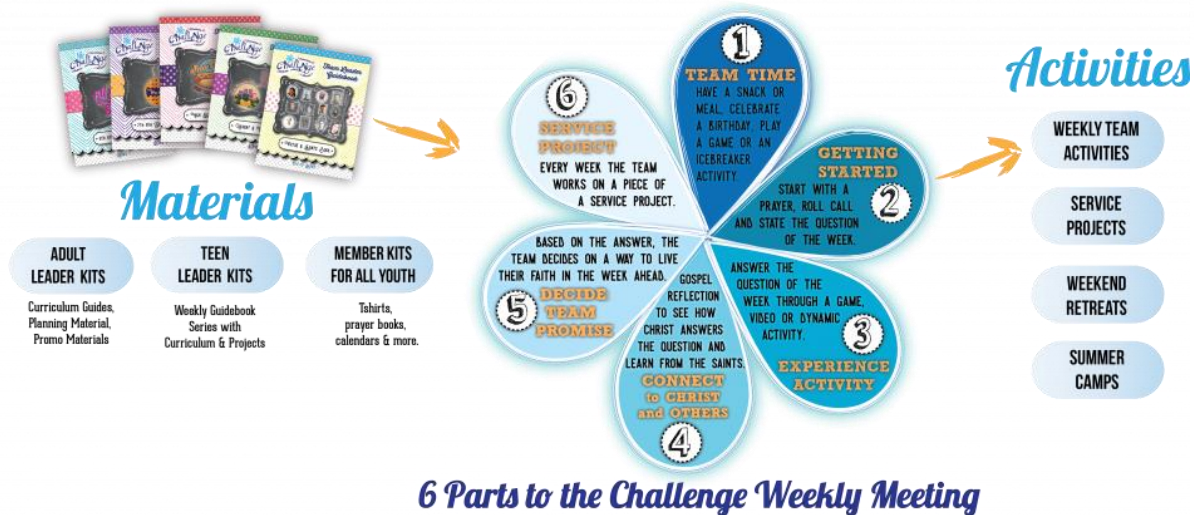
The youth minister and adult leaders work with the teen leaders, training them and helping them prepare to lead their team activities each week. In this way, the youth group may be large in number but no one will feel lost in the crowd because they are part of a team with a team leader looking out for them.



YOU CAN REACH HUNDREDS OF TEENS IN YOUR YOUTH GROUP WITH JUST A HANDFUL TEAM LEADERS.

PUTTING THE CURRICULUM IN THE HANDS OF THE TEEN LEADERS

Peer mentoring is not only a life changing experience for the teen leaders, it truly makes an impact on the younger teens when they learn about their faith and see positive role models in their team leaders, who are only a few years older than they are.



The Conquest and Challenge curriculum is in the team leader guidebooks, and is written for teens to lead. We put the tools and materials in the team leader's hands to mentor each week.

OUR CURRICULUM: SERIES 1-2-3 FOR 3 AGE GROUPS



The Conquest and Challenge team leader guidebooks have 3 age specific curriculum's: 5th/6th grade, 7th/8th grade, and high school. We offer 3 series of curriculum so that it is never repetitive. Both Conquest and Challenge offers 30 books in the curriculum series with over 180 weekly activities and 36 service projects (optional projects are also available as online resources). We offer 4 books each year, for each grade level. Each book contains 5-8 weeks of activities and 1 service project. Every year we update the books and series with new videos, activities, and content so it remains constantly new and relevant for the teens.

NEW TEAM LEADER GUIDEBOOKS & 3 YEAR CURRICULUM SERIES



SERIES ONE GUIDEBOOKS			SERIES TWO GUIDEBOOKS FOR 2018-19			SERIES THREE GUIDEBOOKS		
5TH & 6TH GRADE	7TH & 8TH GRADE	HIGH SCHOOL	5TH & 6TH GRADE	7TH & 8TH GRADE	HIGH SCHOOL	5TH & 6TH GRADE	7TH & 8TH GRADE	HIGH SCHOOL
ADVENT - LENT			ADVENT - LENT			ADVENT - LENT		

30 BOOKS = 180 WEEKLY ACTIVITIES + 36 SERVICE PROJECTS

Every year we update the books and series with new videos, activities and content so there is new and relevant content for the teens.

Challenge New Team Leader Guidebooks & 3 Year Curriculum Series



SERIES ONE GUIDEBOOKS			SERIES TWO GUIDEBOOKS for 2018-19			SERIES THREE GUIDEBOOKS		
5TH & 6TH GRADE	7TH & 8TH GRADE	HIGH SCHOOL	5TH & 6TH GRADE	7TH & 8TH GRADE	HIGH SCHOOL	5TH & 6TH GRADE	7TH & 8TH GRADE	HIGH SCHOOL
ADVENT - LENT			ADVENT - LENT			ADVENT - LENT		

30 BOOKS = 180 WEEKLY ACTIVITIES + 36 SERVICE PROJECTS

Every year we update the books and series with new videos, activities and content so there is new and relevant content for the teens.

WHAT MAKES THE CURRICULUM UNIQUE?



QUESTION OF THE WEEK

In Challenge and Conquest, our curriculum is based off the questions teens have about God, their faith, the world, and themselves. The theme for each week is a question. The weekly activity in the Team Leader Guidebooks gives the team leader a path to lead the team down and discover the answer to the question of the week.

GROUNDING IN CATECHISM

First, they turn to the YOUCAT to find a solid catechetical answer to the question. Then the team leader goes through the 6 parts of the Challenge or Conquest Weekly Meeting where they gain a better understanding of the question of the week.

HUNDREDS OF GAMES & ACTIVITIES

Each weekly meeting has at least one game, activity or experience; relevant video clips; a gospel reflection to find how Jesus answered the question and at least one saint or story of someone who discovered the answer in their own life. The games are not listed on the charts. The curriculum and guide for each team's weekly activity is in the Team Leader Guidebooks but we also have an online resource center with hundreds of printouts and additional material to help the team leader lead the meeting effectively.

HUNDREDS OF PRINTOUTS

On the Curriculum maps, you will see that Challenge and Conquest have the same theme or question each week but sometimes the saints, games and activities differ to work better with boys or girls.

ADAPTED FOR BOYS AND GIRLS

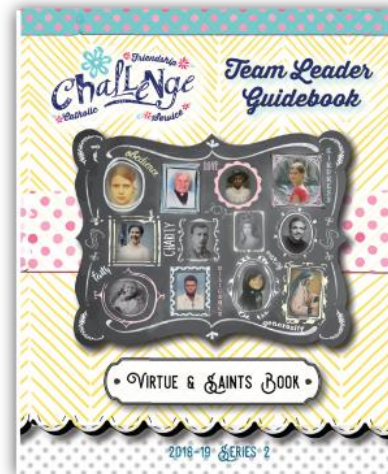
The curriculum charts for SERIES 1, SERIES 2 and SERIES 3 can be found on the following pages. All three series curriculum charts are similar but with different questions, saints and gospels. We have a three year cycle so that it does not get repetitive for the teens. We also update & add new videos, activities and material each year to the curriculum.

WHAT DO WE MEAN BY VIRTUE CENTERED?



CONQUEST 2018-19 SAINTS & VIRTUES OF THE MONTH

AUGUST BLESSD FR CYPRIAN IWENE  SINCERITY	SEPTEMBER SAINT FRANCISCO MARTO  OBEDIENCE	OCTOBER BLESSD MICHAEL SPOCKO  MERCY	NOVEMBER BLESSD DARIO ACOSTA ZURITO  KINDNESS	DECEMBER BLESSD PETER TO ROT  SERVICE	JANUARY BLESSD MARCEL CALLO  GENEROSITY
FEBRUARY SERVANT OF GOD JOSEPH WALIJEWSKI  CHARITY	MARCH ST MANUAL GONZALEZ GARCIA  SELF CONTROL	APRIL SERVANT OF GOD BILL ATKINSON  JOY	MAY BLESSD CLAUDIO GRANZOTTO  COMPASSION	JUNE VENERABLE CARDINAL VAN THUAN  FAITH	JULY BLESSD SYMEON LUKACH  DILIGENCE

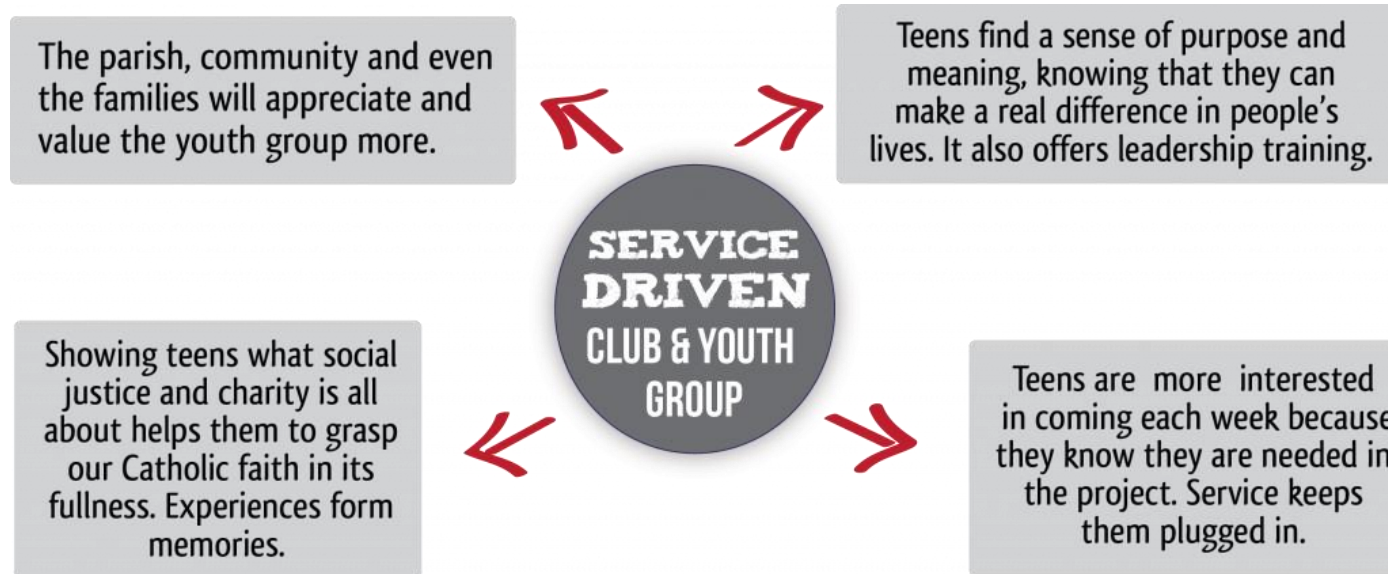


Challenge Virtues and Saints 2018-19

AUGUST SERVANT OF GOD PRINCESS ELIZABETH  <i>sincerity</i>	SEPTEMBER SAINT JACINTA MARTO  <i>obedience</i>	OCTOBER SERVANT OF GOD JULIA GREELY  <i>mercy</i>	NOVEMBER VENERABLE GUADALUPE ORTIZ  <i>kindness</i>	DECEMBER BLESSD PETER TO ROT  <i>service</i>	JANUARY SERVANT OF GOD CHIARA CORBELLO  <i>generosity</i>
FEBRUARY SERVANT OF GOD JOE WALEIWSKI  <i>charity</i>	MARCH SERVANT OF GOD EILEEN OCONNOR  <i>self control</i>	APRIL SERVANT OF GOD BILL ATKINSON  <i>joy</i>	MAY BLESSD CLAUDIO GRANZOTTO  <i>compassion</i>	JUNE VENERABLE DANIELA ZANETTA  <i>faith</i>	JULY VENERABLE MARY POTTER  <i>diligence</i>

The virtue centered curriculum in Challenge & Conquest encourages teens to put their faith into action each week. The weekly meetings and activities encourage the teams to live out what they have learned. Every year we have new virtues & saints for each month. These are the virtues we encourage the teens to live for that month & to get to know the life of that saint. These saint & virtues can be found in the calendars which are included in all of our member, team leader and adult leader kits

WHAT DO WE MEAN BY SERVICE DRIVEN?



CHALLENGE & CONQUEST SERVICE "STYLE"

In Challenge and Conquest, we try to make sure that we do service projects in a certain way, which has proven itself to work for the past 15 years.

#1

IT SHOULD MAKE A
REAL IMPACT ON
SOMEONE'S LIFE.
NOT BUSY WORK.

#2

THE PROJECT IS
ATTRACTIVE & THE
TEENS SHOULD KNOW
THEY ARE NEEDED.

#3

IT'S A TEAM
PROJECT. THE TEENS
SHOULD TAKE IT ON
& GIVE IT THEIR ALL.

In every guidebook there are AGE specific service projects that have been successful in Challenge & Conquest groups over the past 10 years.

On the following pages you can see the Challenge & Conquest service projects at a glance for each age level as well as the extra projects.

WHAT DO WE MEAN BY SERVICE DRIVEN?



SERIES ONE PROJECTS

5TH & 6TH GRADE 7TH & 8TH GRADE HIGH SCHOOL



SUPERHERO
FOR A DAY



PILGRIM QUEEN



CARDBOARD CITY



SOCK STUFF



FEED THE NEED



PARTY ON!



BIKE FOR COLLARS



CONQUERING
RETREATS



GARAGE SALE



GIVING TREE



LIVING STATIONS

SERIES TWO PROJECTS FOR 2018-19

5TH & 6TH GRADE 7TH & 8TH GRADE HIGH SCHOOL



TRICK OR TREAT



DEFEND TO THE END



HOT DOGS FOR
HOMELESS



NO PAIN NO GAIN



BIG & BOLD



TEACH THE WORD



EMMAUS WALK



CONFESSION MISSION



BREAK A SWEAT



BLOCK OF TOYS



HOLY WEEK
MISSIONS

SERIES THREE PROJECTS

5TH & 6TH GRADE 7TH & 8TH GRADE HIGH SCHOOL



AGENT ANGEL



VIRTUE VIDEO



CATHOLIC
MOVIE MADNESS



BETHLEHEM SHOP



CLOTHE THE NAKED



FALL ON YOUR KNEES



COOKING FOR PADRES



EXULTATION
CELEBRATION



SAVE THE DATE



MOVIE NIGHT DONE RIGHT



INTERNATIONAL
COURAGE

BONUS PROJECTS



ADVENT-LENT

WHAT DO WE MEAN BY SERVICE DRIVEN?



SERIES ONE PROJECTS



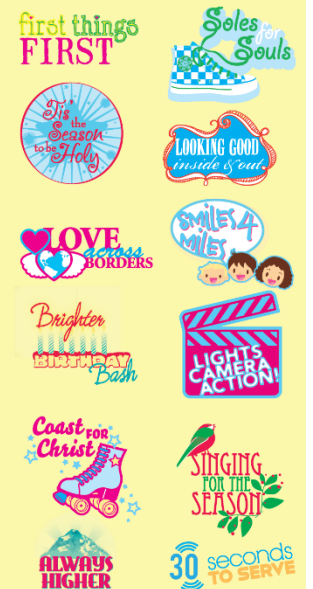
SERIES TWO PROJECTS for 2018 -19



SERIES THREE PROJECTS



BONUS PROJECTS



WHAT IS CONQUEST JR?

CONQUEST JUNIOR LEADERSHIP PROGRAM



The Conquest Junior Leadership Program is a weekly virtue based program for boys K-4th grade, ran by dads and youth leaders. The Jr Program has its own unique Conquest materials for this age group. This includes Curriculum, t-shirts, bags, & commitment cards specifically designed for the younger age group.



SERIES 2 VIRTUE CURRICULUM & CAMPAIGNS FOR 2018-19



SEVEN PARTS OF THE JR & FR SON WEEKLY ACTIVITY

- | | | | |
|--|--|--|---|
|  #1
SET UP, CHECK IN
AND ARRIVAL |  #2
OPENING PRAYER |  #3
SPORTS OR
DYNAMIC ACTIVITY |  #0
MINI APOSTOLIC PROJECT
ONLY DONE DURING WEEK 6 OF EACH
CAMPAIGN INSTEAD OF SPORTS |
|  #4
SNACK AND
MID POINT TALLY |  #5
FAITH AND VIRTUE
INSTRUCTION |  #6
LEADER TALK
OR REFLECTION |  #7
CLOSING PRAYER |

WHAT IS CHALLENGE JR?



Catholic Faith and Virtue Program for Kindergarten thru 4th
Grade

Challenge Jr is led by Adult Leaders, with the help of teen mentors. We have a complete Annual Program of Materials and Curriculum to help the girls and leaders successfully participate in the programs. The curriculum is virtue centered and includes both large group and smaller team activities. Challenge Jr is a great way to give the girls an opportunity to meet new friends.



www.challengeyouthministry.com
www.conquestyouthministry.com

FOR MORE INFORMATION

