



Why do we need to go to confession?

ANSWER IN YOUR OWN WORDS:

#224 Why did Christ give us the sacrament of Penance? Christ's love is shown in the fact that he seeks the lost and heals the sick. That is why he gave us the sacraments of healing and restoration, in which we are freed from sin.

#226 Why then do we need a special sacrament of Reconciliation?

It does not seem like a modern thing to do to go to confession; it can be difficult and may cost us a great deal of effort at first. It is one of the greatest graces that we can receive in our life.

#234 When is a Catholic obliged to confess his serious sins? Upon reaching the age of reason, a Catholic is obliged to confess his sins.

#239 What are the positive effects of confession? Confession reconciles the sinner with God and the Church. We are at peace with God again.

#313 Why must a sinner turn to God and ask him for forgiveness? Every sin goes against God and must be set right again through contact with him



GOSPEL



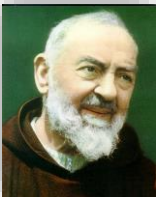
Jesus came and stood in the disciples midst and showed them his hands and his side. Jesus said to them, "Peace be with you. As the Father has sent me, so I send you." he breathed on them and said, "Receive the holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained."

ANSWERS

John 20: 19-23

SAINTS & INSPIRATIONAL STORIES

Padre Pio



Padre Pio is a perfect example of someone who was aware that God was really involved in his life. His only mission in life was then to share that love and mercy of God with the people around him. Primarily through the sacrament of confession and forgiveness.

Servant of God Luis Lowenfels



Luisse was born in a small village in Germany in a Jewish family in 1915. She attended a Roman Catholic school. When she was 10, her father passed away, and she found great consolation in Church. After her conversion to the Catholic faith, her family disowned her.

TALK ABOUT IT!

TEAM

DISCUSSION

Have you ever thought about confession in the way it was presented in the videos? Which hit home for you? Have you ever thought of confession as an opportunity to start again with a clean slate?