



CURRICULUM VIRTUE CAMPAIGN #1



**The Story of Moses: Mighty Moses
Video and St Maximilian Kolbe**

SAMPLE ONLY



SAINT STORY

SERIES 2
VIRTUE CAMPAIGN
#1

ST. MAXIMILIAN KOLBE



St. Maximilian Kolbe was born on January 8, 1894 in Poland. One night as a child he saw the Virgin Mary, who offered him a life of purity or a death as a martyr. Out of obedience, he chose both. He was ordained a priest in 1918, and traveled as far as Japan doing missionary work. He organized the Militia Immaculata, or Army of Mary, to work for conversion of sinners and enemies of the Catholic Church, specifically the Freemasons, through the intercession of the Virgin Mary. The friars utilized the most modern printing and administrative techniques in publishing catechetical and devotional tracts, a daily newspaper with a circulation of 230,000 and a monthly magazine with a circulation of over one million. Kolbe also used radio to spread his Catholic faith and to speak out against the atrocities of the Nazi regime. When World War II broke out he was again in Poland, and he provided shelter to refugees from Greater Poland, including 2,000 Jews whom he hid from Nazi persecution in his friary. He was arrested and sent to the concentration camp at Auschwitz. He followed the rules, as difficult as it was out of obedience. When three prisoners tried to escape the camp and were caught, ten prisoners were selected to die. One of the ten cried out for his family and his children, and Fr. Kolbe volunteered to trade places with that man and died in his place. In the starvation cell, he celebrated Mass each day and sang hymns with the prisoners. He led the other condemned men in song and prayer and encouraged them by telling them they would soon be with Mary in Heaven, if they were obedient and did not give up their faith. Each time the guards checked on him, he was standing or kneeling in the middle of the cell and looking calmly at those who entered. After two weeks of dehydration and starvation, only Kolbe remained alive. They finally killed him by injecting him with poison. St. Maximilian Kolbe is a great role model for us to live the virtue of obedience to God's will, following the Ten Commandments, and even going further by laying down his life for another.

VIDEO: A video "The Story of St Maximilian Kolbe" can be found on the Adult Leader USB drive.





WEEK #1

SERIES 2
VIRTUE CAMPAIGN
#1

#1

SET UP, CHECK IN AND ARRIVAL



- Make sure the boys turn in the Conquest membership cards at this time each week.
- Please see the “Check-In and Arrival Time” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.

#2

OPENING PRAYER



Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **OBEDIENCE** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Maximillian Kolbe to pray for us this day. May we all show respect and **OBEDIENCE** toward our leaders today and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.

- | | |
|------------------------------|--------------------|
| ▪ Christ Our King. | Your Kingdom Come! |
| ▪ Mary, Queen of the Family. | Pray for us! |

POINT TALLY

- An ongoing tally of points is shared with the participants at the beginning, middle, and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.



TRANSITION TO COMPETITIVE SPORTS

- Please see “Transition Times” chart in Chapter 6 in Section 1 - Goals and Methods for assistance.



SPORTS OR DYNAMIC ACTIVITY



Competitive Sports or Dynamic Activity (See Appendix II - Ideas) are a vital part of our program. It is within this segment that the boy experiences fun and physical activity in a structured and healthy environment. Reward is given for effort, courage, and team work, as well as, sportsmanship, respect, self-discipline and more.

- Code Checks are an essential part of the Father & Son Leadership Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in Section 1 - Goals and Methods for assistance.



SNACK AND MIDWAY POINT TALLY



It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.

Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.

Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments and the like. The snack time should take no longer than 10 minutes.

As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

**ROSARY:**

Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the first Joyful Mystery, the “Incarnation of the Son of God.”

Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.

Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.

1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the Temple
- What days are the Joyful Mysteries prayed? - (Mondays and Saturdays)

Please see “Transition Times” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.

OBEDIENCE DEFINED

Try my absolute best to listen to and do all that my parents ask of me right away and without complaining.

WEEK 1 VIRTUE FOCUS: OBEDIENCE WITH GOD

Give the boys some concrete examples of living this virtue in their daily lives.

- I will be **obedient** to God by learning the Ten Commandments by heart, so I know what is right and wrong.
- I will be **obedient** to God by always confessing my sins and being truly sorry.
- I will be **obedient** to God by always fasting one hour before Mass by not eating anything, chewing gum, or drinking anything but water (if I receive Communion.)
- I will be **obedient** to God by learning how to be like Jesus by reading stories from the Bible.
- Ask the boys for their own examples.

LIVE VIRTUE AT HOME



Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another adult leader) and take the time to write that commitment on their Conquest membership cards before giving them back to the boys. Remind the boys to tell their parents the daily commitment to earn points at home.

FAITH AND VIRTUE INSTRUCTION READING



The Story of Moses: Mighty Moses (Video can be found of the Father & Son Leader USB drive)

Show the first half of the video to approximately 15:00 on the counter. Stop and ask questions approximately every 5 minutes as denoted by the time counter in the questions section below.

For point distribution, please review the “Faith and Virtue Instruction Time” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.

QUESTION AND ANSWER SESSION



Counter Time: 0:00 ~ 4:55

1. In Egypt, what were the kings called? **A: Pharaoh's**
2. True or False? The bad Pharaoh made all the Egyptian people work as slaves, and treated them very bad. **A: True**
3. Why did Jochebed decide to float her baby down the river? **A: To save his life, because the Pharaoh was going to kill the first born son of the Israelites.**
4. True or False? Moses was raised as an Israelite. **A: False, he was raised in the palace of the Pharaoh as an Egyptian**
5. Who was with him the whole time and helped to raise him and teach him right from wrong? **A: His mother, Jochebed**
6. True or False? Jochebed taught Moses her son that the Israelites were not happy because they were not free. **A: True**

Counter Time: 04:56 ~ 9:50

7. What did Moses say to the Egyptians that were treating an Israelite worker badly? **A: Leave him alone!**
8. Were the Egyptians obedient to Moses command? **A: Yes**
9. Why did Moses leave Egypt all by himself to go to another land? **A: Because he knew he was an Israelite and did not want to see his people treated so badly.**
10. How many days did Moses travel by himself to the land of Midian? **A: 40 days**
11. True or False? Moses never got married and lived by himself as a hermit **A: False**

12. How did God appear to Moses while he was tending his sheep? **A: As a burning bush**
13. What did Moses staff turn into when he threw it down? **A: A snake**
14. What did God ask Moses to do? **A: To go to Egypt and tell the Pharaoh to free the Israelites from slavery.**
15. Was Moses obedient to God and do as he asked? **A: Yes**

Counter Time: 9:51 ~ 15:00

16. What did Moses do with his staff to try to show the Pharaoh God's power? **A: Turned it into a snake**
17. True or False? Pharaoh believed Moses because of the snake, and let the people go free **A: False, he said it was a trick**
18. What did Moses do to the river with God's power? **A: Turned the water into blood.**
19. What did Pharaoh ask Moses to do with the frogs? **A: To make them go away, or to get rid of them.**
20. Was Pharaoh obedient to Moses and God and keep his promise to free the Israelites after he made the frogs go away? **A: No, he was disobedient**
21. What happened when Pharaoh was disobedient to God? **A: God allowed more plagues to come to Egypt. (gnats, flies, animals dying, boils, locust, and darkness for 3 days)**
22. **What was the last plague that Moses said God would bring upon the Egyptians if he was not obedient to God? A: The first born of each Egyptian would die.**

STOP VIDEO at approximately 15:00 – After Moses tells Pharaoh the last plague that was to come if he was not obedient to God.



LEADER TALK AND REFLECTION



Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.

SCRIPTURE VERSE FOR WEEK 1

ROMANS 5: 19

“For just as through the disobedience of one person the many were made sinners, so through the obedience of one the many will be made righteous.”

POINT TALLY



Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.



CLOSING PRAYER



Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **OBEDIENCE** with our families, our friends and our neighbors so we can be more like you. We also ask St Maximillian Kolbe to pray for us and Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.

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DEPARTURE

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WEEK #2

SERIES 2
VIRTUE CAMPAIGN
#1



#1

SET UP, CHECK IN AND ARRIVAL



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- Please see the “Check-In and Arrival Time” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.



#2

OPENING PRAYER



Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **OBEDIENCE** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Maximillian Kolbe to pray for us this day. May we all show respect and **OBEDIENCE** toward our leaders today and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.

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POINT TALLY

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TRANSITION TO COMPETITIVE SPORTS

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SPORTS OR DYNAMIC ACTIVITY



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SNACK AND MIDWAY POINT TALLY



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Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments and the like. The snack time should take no longer than 10 minutes.

As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.



FAITH AND VIRTUE INSTRUCTION



ROSARY:



Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the second Joyful Mystery, the “Our Lady visits her cousin Elizabeth.”

Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.

Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.

1. The Incarnation of the Son of God
2. Our Lady visits her cousin Elizabeth
3. The Nativity – The birth of our Lord Jesus
4. The Presentation of our Lord in the Temple
5. The Finding of Jesus in the Temple

What days are the Joyful Mysteries prayed? - (Mondays and Saturdays)

Please see “Transition Times” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.

OBEDIENCE DEFINED



Try my absolute best to listen to and do all that my parents ask of me right away and without complaining.

WEEK 2 VIRTUE FOCUS: OBEDIENCE WITH MY PARENTS



Give the boys some concrete examples of living this virtue in their daily lives.

- I will be **obedient** to my parents by always doing what they say the first time, without having to be told twice.
- I will be **obedient** to my parents by never complaining.
- I will be **obedient** to my parents by fulfilling my punishments without complaining.
- I will be **obedient** to parents by never doing anything that they tell me not to.
- Ask the boys for their own examples.

LIVE VIRTUE AT HOME



Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another adult leader) and take the time to write that commitment on their Conquest membership cards before giving them back to the boys. Remind the boys to tell their parents the daily commitment to earn points at home.

FAITH AND VIRTUE INSTRUCTION READING



The Story of Moses: Mighty Moses (Video can be found of the Father & Son Leader USB drive)

Review: Go over the even or odd questions from Week 1 before reading the final segment. Points should be given during the review.

Show the second half of the video starting at 15:00 on the counter. Stop and ask questions approximately every 5 minutes as denoted by the time counter in the questions section below.

For point distribution, please review the “Faith and Virtue Instruction Time” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.

QUESTION AND ANSWER SESSION



Counter Time: 15:00 ~ 20:00

1. What happened to Pharaoh’s son? **A: He died, with the first born out of every Egyptian.**
2. True or False? Pharaoh was finally obedient to God after losing his son, and let the Israelites leave Egypt to be free. **A: True**
3. Where was Moses leading his people? **A: To the promised land**
4. What kind of shoes did the Israelites wear on their feet? **A: sandals**
5. What showed them the way in the dark at night on their journey? **A: A pillar of fire**
6. Did Pharaoh change his mind again to be disobedient to God and send his armies to go after the Israelites? **A: Yes**
7. True or False? The Israelites were mad at Moses for leading them to the desert to die. **A: True, they said they would have been better off staying slaves in Egypt.**

Counter Time: 20:00 ~ 25:15

8. What stopped the Egyptians until the morning? **A: The pillar of fire (or God)**
9. Moses was obedient to God the next morning and did what over the Red Sea? **A: He raised his hands and waved them over the waters**
10. What happened to the Red Sea? **A: It parted into two**

11. What happened to the Egyptian army when they tried to cross the sea? **A: The sea fell in on them, and they drowned**
12. What did God send to the people to feed them in the desert? **A: Manna or bread**
13. How did the Israelites get water out of the rocks? **A: Moses tapped them with his staff – God gave them the water.**
14. What did God give to Moses on the top of Mount Sinai? **A: Laws for the people or the 10 Commandments**
15. Name one of the laws or 10 Commandments. **A: Any of the 10 is worth points!**
16. True or False? Moses thanked God for giving his people the 10 Commandments **A: True**

#6

LEADER TALK AND REFLECTION



Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.

SCRIPTURE VERSE FOR WEEK 2

EPHESIANS 6: 1

“Children, obey your parents in the Lord, for this is right.”

POINT TALLY



Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

#7

CLOSING PRAYER



Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **OBEDIENCE** with our families, our friends and our neighbors so we can be more like you. We also ask St Maximillian Kolbe to pray for us and Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.

▪ Christ Our King.

Your Kingdom Come!

- Mary, Queen of the Family. Pray for us!



DEPARTURE

Program leadership must assure a safe and orderly departure from the meeting.

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SAMPLE ONLY



WEEK #3

SERIES 2
VIRTUE CAMPAIGN
#1



SET UP, CHECK IN AND ARRIVAL



- Make sure the boys turn in the Conquest membership cards at this time each week.
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OPENING PRAYER



Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **OBEDIENCE** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Maximillian Kolbe to pray for us this day. May we all show respect and **OBEDIENCE** toward our leaders today and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.

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POINT TALLY

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TRANSITION TO COMPETITIVE SPORTS

- Please see “Transition Times” chart in Chapter 6 in Section 1 - Goals and Methods for assistance.



SPORTS OR DYNAMIC ACTIVITY



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SNACK AND MIDWAY POINT TALLY



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Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments and the like. The snack time should take no longer than 10 minutes.

As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.



ROSARY:



Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the third Joyful Mystery, the “The Nativity – the birth of our Lord Jesus.”

Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.

Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.

1. The Incarnation of the Son of God
2. Our Lady visits her cousin Elizabeth
3. The Nativity – The birth of our Lord Jesus
4. The Presentation of our Lord in the Temple
5. The Finding of Jesus in the Temple

What days are the Joyful Mysteries prayed? - (Mondays and Saturdays)

Please see “Transition Times” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.

OBEDIENCE DEFINED



Try my absolute best to listen to and do all that my parents ask of me right away and without complaining.

WEEK 3 VIRTUE FOCUS: OBEDIENCE IN SCHOOL WITH MY TEACHERS



Give the boys some concrete examples of living this virtue in their daily lives.

- I will be **obedient** to my teachers by always giving my best effort in my school work.
- I will be **obedient** to my teachers by always doing my homework and assignments on time.
- I will be **obedient** to my teachers by not talking or disrupting class.
- I will be **obedient** to my teachers by never cheating.
- Ask the boys for their own examples.

LIVE VIRTUE AT HOME



Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another adult leader) and take the time to write that commitment on their Conquest membership cards before giving them back to the boys. Remind the boys to tell their parents the daily commitment to earn points at home.

POSTER BOARD "VIRTUE PICTURE" PRESENTATIONS



The purpose of the poster board "Virtue Picture" presentation is to help the boys further internalize the campaign virtue along with particular characteristics and knowledge of the story.

For more information on the "Virtue Picture" and point distribution, please review the "Campaigns and Segment Overview" in Chapter 4 - Section 1 - Goals and Methods for assistance.



LEADER TALK AND REFLECTION



Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.

SCRIPTURE VERSE FOR WEEK 3

HEBREWS 11:8

"By faith Abraham obeyed when he was called to go out to a place that he was to receive as an inheritance; he went out, not knowing where he was to go."

POINT TALLY



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CLOSING PRAYER



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SAMPLE ONLY



WEEK #4

SERIES 2
VIRTUE CAMPAIGN
#1



SET UP, CHECK IN AND ARRIVAL



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OPENING PRAYER



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Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the fourth Joyful Mystery, the “The Presentation of our Lord in the Temple.”

Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.

Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.

1. The Incarnation of the Son of God
2. Our Lady visits her cousin Elizabeth
3. The Nativity – The birth of our Lord Jesus
4. The Presentation of our Lord in the Temple
5. The Finding of Jesus in the Temple

What days are the Joyful Mysteries prayed? - (Mondays and Saturdays)

Please see “Transition Times” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.

OBEDIENCE DEFINED



Try my absolute best to listen to and do all that my parents ask of me right away and without complaining.

WEEK 4 VIRTUE FOCUS: OBEDIENCE WITH MY BROTHERS AND SISTERS



Give the boys some concrete examples of living this virtue in their daily lives.

- I will be **obedient** and never try to get my brothers or sisters in trouble purposely.
- I will be **obedient** and always ask my brothers and sisters before playing with their toys or things.
- I will be **obedient** and never call my brothers or sisters bad names or make fun of them to be mean.
- I will be **obedient** and always love and respect my brothers and sisters.
- Ask the boys for their own examples.

LIVE VIRTUE AT HOME



Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another adult leader) and take the time to write that commitment on their Conquest membership cards before giving them back to the boys. Remind the boys to tell their parents the daily commitment to earn points at home.

SKITS



The purpose of the skit is to further help the boys internalize the particular campaign virtue by acting out the “Virtue Picture” from the previous meeting.

For more information on skits and point distribution, please review the “Campaigns and Segment Overview” in Chapter 4 - Section 1 - Goals and Methods for assistance.



LEADER TALK AND REFLECTION



Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.

SCRIPTURE VERSE FOR WEEK 4

ACTS 5: 32

“We are witnesses of these things, as is the Holy Spirit that God has given to those who obey Him.”

POINT TALLY



Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.



CLOSING PRAYER



Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **OBEDIENCE** with our families, our friends and our neighbors so we can be more like you. We also ask St Maximillian Kolbe to pray for us and Mary to be

with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.

- | | |
|------------------------------|--------------------|
| ▪ Christ Our King. | Your Kingdom Come! |
| ▪ Mary, Queen of the Family. | Pray for us! |



DEPARTURE

Program leadership must assure a safe and orderly departure from the meeting.

A systematic plan should be established by which parents enter the facility to pick up their son from his squad.

- A boy should not depart from his squad until his parents arrive.
- A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

SAMPLE ONLY



WEEK #5

SERIES 2
VIRTUE CAMPAIGN
#1



#1

SET UP, CHECK IN AND ARRIVAL



- Make sure the boys turn in the Conquest membership cards at this time each week.
- Please see the “Check-In and Arrival Time” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.



#2

OPENING PRAYER



Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **OBEDIENCE** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Maximillian Kolbe to pray for us this day. May we all show respect and **OBEDIENCE** toward our leaders today and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.

- | | |
|------------------------------|--------------------|
| ▪ Christ Our King. | Your Kingdom Come! |
| ▪ Mary, Queen of the Family. | Pray for us! |

POINT TALLY

- An ongoing tally of points is shared with the participants at the beginning, middle, and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.



TRANSITION TO COMPETITIVE SPORTS

- Please see “Transition Times” chart in Chapter 6 in Section 1 - Goals and Methods for assistance.



SPORTS OR DYNAMIC ACTIVITY



Competitive Sports or Dynamic Activity (See Appendix II - Ideas) are a vital part of our program. It is within this segment that the boy experiences fun and physical activity in a structured and healthy environment. Reward is given for effort, courage, and team work, as well as, sportsmanship, respect, self-discipline and more.

- Code Checks are an essential part of the Father & Son Leadership Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in Section 1 - Goals and Methods for assistance.



SNACK AND MIDWAY POINT TALLY



It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.

Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.

Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments and the like. The snack time should take no longer than 10 minutes.

As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.



FAITH AND VIRTUE INSTRUCTION



ROSARY:



Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the fifth Joyful Mystery, the “The finding of Jesus in the Temple.”

Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.

Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.

1. The Incarnation of the Son of God
2. Our Lady visits her cousin Elizabeth
3. The Nativity – The birth of our Lord Jesus
4. The Presentation of our Lord in the Temple
5. The Finding of Jesus in the Temple

What days are the Joyful Mysteries prayed? - (Mondays and Saturdays)

Please see “Transition Times” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.

OBEDIENCE DEFINED



Try my absolute best to listen to and do all that my parents ask of me right away and without complaining.

WEEK 5 VIRTUE FOCUS: OBEDIENCE WITH MY FRIENDS



Give the boys some concrete examples of living this virtue in their daily lives.

- I will be **obedient** and always respect my friends and never talk bad about them.
- I will be **obedient** and always help my friends when they are in need.
- I will be **obedient** and always listen to my friends when they tell me that something is not right and we shouldn't do it.
- When playing games with my friends, I will always be **obedient** by following the rules and not making up my own.
- Ask the boys for their own examples.

LIVE VIRTUE AT HOME



Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another adult leader) and take the time to write that commitment on their Conquest membership cards before giving them back to the boys. Remind the boys to tell their parents the daily commitment to earn points at home.

CATECHISM CHALLENGE



The Catechism Challenge is a formal question-and-answer session posing squad against squad.

For more information on the Catechism Challenge and point distribution, please review the “Campaigns and Segment Overview” in Chapter 4 - Section 1 - Goals and Methods for assistance.



LEADER TALK AND REFLECTION



Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.

SCRIPTURE VERSE FOR WEEK 5

JOHN 14:15

“If you love me, you will keep my commandments”

POINT TALLY



Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.



CLOSING PRAYER



Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **OBEDIENCE** with our families, our friends and our neighbors so we can be more like you. We also ask St Maximillian Kolbe to pray for us and Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.

- Christ Our King.
- Mary, Queen of the Family.

Your Kingdom Come!
Pray for us!



DEPARTURE

Program leadership must assure a safe and orderly departure from the meeting.

A systematic plan should be established by which parents enter the facility to pick up their son from his squad.

- A boy should not depart from his squad until his parents arrive.
- A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

SAMPLE ONLY



WEEK #6

SERIES 2
VIRTUE CAMPAIGN
#1

#1

SET UP, CHECK IN AND ARRIVAL



- Make sure the boys turn in the Conquest membership cards at this time each week.
- Please see the “Check-In and Arrival Time” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.

#2

OPENING PRAYER



Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **OBEDIENCE** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Maximillian Kolbe to pray for us this day. May we all show respect and **OBEDIENCE** toward our leaders today and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.

- | | |
|------------------------------|--------------------|
| ▪ Christ Our King. | Your Kingdom Come! |
| ▪ Mary, Queen of the Family. | Pray for us! |

POINT TALLY

- An ongoing tally of points is shared with the participants at the beginning, middle, and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.



TRANSITION TO MINI-APOSTOLIC PROJECT

- Please see “Transition Times” chart in Chapter 6 in Section 1 - Goals and Methods for assistance.



MINI - APOSTOLIC PROJECT

It is important the last week of each virtue campaign to forgo the competitive sports segment to teach the boys about doing apostolic projects. Basically, bringing the joy of Christ to others.

- **Write a Letter to Pope Francis**
 - Set Up Needs
 - Lined Paper
 - Address for Pope Francis
His Holiness, Pope Francis
Palazzo Apostolico Vaticano
1-00120 Cittadel Vaticano, Italy
 - Pens
 - Envelopes
 - Roster of program members with addresses
 - Preparation and process
 - Pass out paper to all the members
 - Give some instruction on the importance of good handwriting
 - Encourage the boys to take their time and pray about what to say to the Holy Father
 - Express to them that it is very likely that the Holy Father will either personally read the letters himself or have them read to him
 - Guide the boys through the following structure of writing the letter (for younger boys, they will most likely need the help of the dads – they can also color a picture)
 - Introduction
 - Name
 - Hometown
 - Family Status
 - Picture of family, pet, or other such photo that personalizes the letter or a colored picture in marker or crayon.
 - Interests
 - Talents
 - Member of Conquest
 - Thankfulness for his service
 - Assurance of prayers and support
 - Seek his prayers for personal vocation discernment, parents, siblings, extended family, program growth and more

- Invitation for him to write back
- Include return address
- Close with “God Bless” or “In Christ” or “Sincerely Yours in Christ” or some other similar closing before name/signature
- Objective
 - For the boys to express themselves in a genuine, loving sincere way so as to bring great joy to the Vicar of Christ and therefore build up the Church
 - Each letter is very simply meant to bring a smile and ray of hope to Pope Francis
- Rules
 - All letters must be proof read by the program leader before being mailed out
 - If a boy is unable to complete the letter during the campaign meeting, he is able to take it home and bring it back the following week
 - The program director should collect all the letters, place them in a large envelope and take the responsibility of mailing it to the Rome.
 - It is meant to be each boys own unique letter to the Holy Father
 - All letters should be mailed within the following week if possible.
 - Points can be given for creativity, neatness, effort, timeliness and so forth during the work
- Code Checks are an essential part of the Father & Son Leadership Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in Section 1 - Goals and Methods for assistance.



SNACK AND MIDWAY POINT TALLY



It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.

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more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.

Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments and the like. The snack time should take no longer than 10 minutes.

As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.



FAITH AND VIRTUE INSTRUCTION



ROSARY:



This week pray the “Hail Holy Queen” prayer to end the campaign Rosary. Choose a boy to lead, and pray together:

Hail, holy Queen, Mother of Mercy! Our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley, of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus; O clement, O loving, O sweet virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen

Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.

1. The Incarnation of the Son of God
2. Our Lady visits her cousin Elizabeth
3. The Nativity – The birth of our Lord Jesus
4. The Presentation of our Lord in the Temple
5. The Finding of Jesus in the Temple

What days are the Joyful Mysteries prayed? - (Mondays and Saturdays)

Please see “Transition Times” chart in Chapter 6 - Section 1 - Goals and Methods for assistance.

OBEDIENCE DEFINED



Try my absolute best to listen to and do all that my parents ask of me right away and without complaining.

WEEK 6 VIRTUE FOCUS: OBEDIENCE REVIEW



Go over the commitment the boys worked on each week over the course of this campaign and encourage the boys to maintain their **OBEDIENCE** even after this campaign is over.

LIVE VIRTUE AT HOME



Collect the boys' Conquest membership cards and award the appropriate points for their commitment completion, remembering the bonus points awarded for fulfilling the commitment every day without fail for the entire campaign.

Don't forget to issue all the boys a virtue sticker to place on their completed card. These come in the leadership kit (enough stickers for 20 boys per campaign).

AWARDS DAY



In the final week of each 6-week campaign, the efforts of squad members are recognized through the presentation of awards which are intended to be highly motivational. They can be religious, athletic, edible, or other form, but they must be meaningful.

For more information on Awards Day and ideas, please review the "Campaigns and Segment Overview" in Chapter 4 - Section 1 - Goals and Methods for assistance.



LEADER TALK AND REFLECTION



Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.

SCRIPTURE VERSE FOR WEEK 6

HEBREWS 5: 8-9

“Son though He was, He learned obedience from what he suffered and when He was made perfect, He became the source of eternal salvation for all who obey Him.”

FINAL POINT TALLY

Program leadership should wait until the last minute to collect all final points and add the totals for the awards ceremony.



CLOSING PRAYER



Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **OBEDIENCE** with our families, our friends and our neighbors so we can be more like you. We also ask St Maximillian Kolbe to pray for us and Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.

- Christ Our King.
- Mary, Queen of the Family.

Your Kingdom Come!
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DEPARTURE

Program leadership must assure a safe and orderly departure from the meeting.

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