



## WHAT VIRTUES DO I LIVE BY?



**#299: What is meant by a "virtue"?** A virtue is an interior disposition, a positive habit, a passion that has been placed at the service of the good. "You, therefore, must be perfect, as your heavenly Father is perfect" (Mt 5:48). That means that we must change on our way to God. By our human abilities we can do that only in fits and starts. With his grace God supports the human virtues and gives us, above and beyond that, the so-called supernatural virtues, which help us to come closer to God and live more securely in his light.

## SAINTS & INSPIRATIONAL STORIES

### Marie Cardon Jette

Marie Jette gives us an example in her life of what it means to live the virtue of true Christian charity and love for your neighbor, especially those who are in need. She dedicated her life to help mothers in need and her legacy lives on.



### Blessed Ivan Merz

Blessed Ivan shows us that virtue is something that you live each and every day in your work and with your family and friends. He was a simple saint, who led youth groups and organized missions in Croatia. He taught others about the faith and these actions are what made him a great saint.



GOSPEL



ANSWERS

Then Jesus said to his disciples, "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it. - **Matthew 16:24-26**

## ANSWER IN YOUR OWN WORDS: