

## CONQUEST WEEKLY ACTIVITY GUIDE

# HOW DO I MAKE GOOD FRIENDS I CAN COUNT ON?



**#120 What does The Holy Spirit The Holy Spirit** makes me receptive to God; he teaches me to pray and helps me to be there for others. Augustine calls the Holy Spirit "The quiet guest of our soul". Anyone who wants to sense his presence must be quiet. Often this Guest speaks very softly within us and with us, for instance, in the voice of our conscience or through other interior and exterior promptings. Being a "temple of the Holy Spirit" means being there, body and soul, for this Guest, for God in us. Our body is therefore God's living room, so to speak. The more receptive we are to the Holy Spirit in us, the more he becomes the master of our life, the sooner he will bestow on us even today his charisms for the upbuilding of the Church. And so, instead of the works of the flesh, the fruits of the spirit grow in us.

### SAINTS & INSPIRATIONAL STORIES

#### BLESSED PETER FABER

Blessed Peter Faber knew how to be a reliable friend but he was also good at finding good friends to be with who would change his life for the better. St Francis Xavier was his roommate and college friend who led him to meet another lifelong friend – St Ignatius of Loyola.



Silvio was born in 1967 in a small village in Italy. Silvio grew up with his younger brother Charles and was raised Catholic by his parents. He was diagnosed at 11 with bone cancer and faced his illness with faith, always praying to unite his suffering with Christ on the cross. He died on Sept 24th, 1979 and his funeral was attended by dozens of priests and a large crowd of people, all deeply touched by the life of this little angel. He was declared venerable in 2014 by Pope Francis.







FAITHFUL FRIENDS ARE A STURDY SHELTER; WHOEVER FINDS ONE FINDS A TREASURE. FAITHFUL FRIENDS ARE BEYOND PRICE, NO AMOUNT CAN BALANCE THEIR WORTH. FAITHFUL FRIENDS ARE LIFE-SAVING MEDICINE; THOSE WHO FEAR GOD WILL FIND THEM. THOSE WHO FEAR THE LORD ENJOY STABLE FRIENDSHIP, FOR AS THEY ARE, SO WILL THEIR NEIGHBORS BE. - SIRACH 6: 5-18

#### **ANSWER IN YOUR OWN WORDS:**