

CONQUEST

CAMPAIGN 1 HONESTY

“Our Lady of Fatima”

7-STEP WEEKLY MEETING AT A GLANCE

1	SETUP: CHECK-IN AND ARRIVAL TIME	
2	OPENING PRAYER	5 MIN
3	COMPETITIVE SPORTS OR DYNAMIC ACTIVITY:	30 MIN
4	SNACK BREAK: Q&A AND MID-MEETING POINT TALLY	10 MIN
5	FAITH & VIRTUE INSTRUCTION	30 MIN
6	ADULT/YOUTH LEADER TALK	10 MIN
7	CLOSING PRAYER	5 MIN

CONQUEST

Junior Leadership Program Campaign

~HONESTY~

Honesty Campaign Patron Saints

Blessed Francisco Marto and Blessed Jacinta Marto



The youngest children of Manuel and Olimpia Marto, Francisco and Jacinta were typical of Portuguese village children of that time. They were illiterate but had a rich oral tradition. Francisco had a placid disposition, was somewhat musically inclined, and liked to be by himself to think. Jacinta was affectionate if a bit spoiled. She had a sweet singing voice and a gift for dancing. The brother and sister, who tended to their families' sheep with their cousin Lucia in the fields of Fatima, Portugal, witnessed several apparitions of an angel in 1916. Lucia later recorded the words of several prayers she said they learned from this angel. Lucia wrote in her memoirs that she and her cousins saw the first apparition of Mary on May 13, 1917. At the time of the apparition, Francisco was 9 years old, and Jacinta was 7. During the first apparition, Mary asked the three children to say the Rosary and to make sacrifices, offering them for the conversion of sinners. She also

asked them to return to that spot on the thirteenth of each month for the next six months. Many people did not believe in their **HONESTY**. However, later tens of thousands witnessed the miracle of sun. Mary was given the title Our Lady of Fatima as a result, and Fatima became a major center of world Christian pilgrimage.

The siblings were victims of the great 1918 influenza epidemic that swept through Europe that year. Francisco declined hospital treatment on April 3, 1919, and died at home the next day. Jacinta was moved from one hospital to another in an attempt to save her life, which she insisted was futile. She suffered greatly for many months and died on February 20, 1920.

They were declared venerable by Pope John Paul II in 1989. On May 13, 2000, they were declared "blessed" in a decree from the Congregation for the Causes of Saints. Jacinta is the youngest non-martyred child ever to be beatified.



VIDEO: A video "Our Lady of Fatima" can be found on the Adult Leader USB drive.

CONQUEST

Junior Leadership Program Campaign

~HONESTY~

“Our Lady of Fatima”

***Note:** Program leadership should have the Father & Son / Junior Leadership Program Adult Leader Training Guidebook readily accessible during the meetings to assure strict adherence to the program methodology.

WEEK 1 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **HONESTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Competitive Sports

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. COMPETITIVE SPORTS OR DYNAMIC ACTIVITY

- Competitive Sports or Dynamic Activity (See Appendix II - Ideas) are a vital part of our program. It is within this segment that the boy experiences fun and physical activity in a structured and healthy environment. Reward is given for effort, courage, and teamwork, as well as, sportsmanship, respect, self-discipline and more.

CONQUEST

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
- Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.
- Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments, liturgical feast days and the like. The snack time should take no longer than 10 minutes.
- As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

5. FAITH AND VIRTUE INSTRUCTION

- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the first Joyful Mystery, the “Incarnation of the Son of God.” Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.
- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

Honesty Defined

- To tell the truth at all times no matter what.

CONQUEST

Weekly Virtue Focus

- **WEEK 1 – Honesty – with God**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **honesty** to tell the adult program leader if I have done my prayers on my commitment card during Code Checks.
 - I will use **honesty** to mean the words I say in my prayers.
 - I will use **honesty** when I go to confession, or when talking to God about my sins.
 - I will use **honesty** to remember that God sees everything I do.
 - Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Faith and Virtue Instruction Reading

- **“Our Lady of Fatima” (St. Joseph Picture Book)**
 - **Read pages 1-16**
 - For point distribution, please review the “Faith and Virtue Instruction Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook.

Question and Answer Session

PAGE 2

1. When did the angel of the Lord appear to the three children? **A: Spring of 1916**
2. What were the children doing before the angel appeared to them? **A: Tending Sheep in a pasture**
3. What village did the visit of the angel take place in? **A: Fatima, Portugal**
4. What was the name of the oldest child who the angel appeared to? **A: Lucia Santos**
5. How old was she? **A: 9**
6. What were the names of the other two children who were Lucia’s cousins? **A: Francisco and Jacinta Marto**
7. How old were they? **A: Francisco was 8 and Jacinto was 6**
8. Who did the angel of the Lord say he was? **A: Angel of Peace, the Guardian Angel of Portugal**
9. Fill in the blank...The angel taught the children to say “My God, I believe, I adore, I hope and I _____ you. I ask forgiveness for those who do not believe, nor hope, nor _____ you.” What word fills in both blanks? **A: Love**
10. What three things did the angel ask the children to do? **A: 1) Pray for sinners, 2) Pray for peace and 3) Bear the suffering the Lord would send them**
11. One year later on Sunday, May 13, 1917, the children were with their flock of sheep. What was the name of the field called where they were? **A: Cova**

CONQUEST

12. What were the children suddenly frightened by? **A: Two flashes of lightening out of the clear sky**

PAGE 5

13. What color was the young lady's clothing who appeared to the children over the small oak tree? **A: Pure white**
14. What color was the rosary that hung from her right arm? **A: White**
15. What were the first three words she said to the children with a tender, motherly smile? **A: Have no fear**
16. What day did the Lady ask the children to come to the cova each month? **A: The thirteenth**
17. When Lucia asked if the Lady was from heaven and if she would go there someday, how did the Lady respond? **A: Yes, but you must say the rosary and say it with devotion**

PAGE 6

18. After the children returned home and were honest about what happened in the cova, who was the only one who believed any of them? **A: Francisco and Jacinta's father**
19. What did people of the town do when they heard about the story? **A: They made fun of the children**

PAGE 9

20. When did the Lady from heaven appear the second time from heaven? **A: June 13, 1917**
21. What were the three children doing just before the Lady appeared to them? **A: Kneeling and praying the rosary near the oak tree where the Lady had appeared the month before**
22. How did the Lady appear to the children? **A: In a bright light**
23. What did she ask the children to do every day? **A: Pray the rosary**
24. Fill in the blank...The Lady also asked them to say a prayer after each mystery that went like this: "O my Jesus, forgive us our sins, save us from the fires of hell and take all souls to heaven, especially those most in need of your ____." What word goes in the blank?
A: Mercy
25. When Lucia asked the Lady if she would take them to heaven, what did she say?
A: Francisco and Jacinta soon, but you must remain on earth to spread devotion to my Immaculate Heart
26. On July 13, 1917, when the Lady appeared for the third time, how many people were present?
A: 5000
27. What did the Lady foretell would happen? **A: WWII and the coming of Communism**
28. What did she ask for? **A: The consecration of Russia to her Immaculate Heart**

PAGE 10

29. Who questioned the children and eventually put them in jail because he thought they were lying?
A: The mayor of the town
30. Why did the mayor eventually release them from jail? **A: He had tried to get them to change their story but they wouldn't**
31. Even though the children were not able to be there On August 13, 1917 because they were in jail, how many people were present in the cova? **A: 15,000**
32. One month later, on September 13, 1917, how many people were present in the cova? **A: 30,000**
33. What did the 30,000 people see during this visit? **A: A shower of white petals falling from the sky only to melt a few inches from the ground**

PAGE 13

34. What did the Lady ask the children to pray for on this visit? **A: Peace**

CONQUEST

35. What did Lucia ask for? **A: A miracle**
 36. When did the Lady promise that the miracle would take place? **A: October 13, 1917**
 37. How many people were present on the morning of October 13, 1917 to see the Lady? **A: 70,000**
 38. Where did the children kneel down to pray at noon? **A: In the mud, because it had been raining all morning**
 39. Fill in the blank...The Lady responded to Lucia's question of "who are you and what do you want" by saying, "I am the Lady of the _____, and I have come to warn the faithful to amend their lives and ask pardon for their sins. People must not continue to offend the Lord, who is already deeply offended. They must say the _____." What word goes in each blank? **A: Rosary**
 40. What did the Virgin Mary ask to be built on the spot of her visit? **A: A Church**
 41. How did she promise? **A: War would end in a year if people would amend their lives**
- PAGE 14**
42. After Mary rose from the tree, who did the children first see her with? **A: St. Joseph**
 43. What did she appear as next? **A: Our Lady of Sorrows**
 44. Who was beside her? **A: Jesus in a red robe with His hand raised to bless**
 45. Finally, Mary stood alone in the sky wearing the dress of Our Lady of Mount Carmel holding what in her hand? **A: A scapular**
 46. What miracle did the entire crowd see next? **A: The rain stopped; the clouds parted; the sun shined brightly; the sun revolved three times and cast colored light upon the sky and earth; the sun seemed to be coming toward the earth, then it stopped and went back into the sky**

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 1**
 - **Exodus 20: 16**
 - “You shall not bear false witness against your neighbor.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **HONESTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

CONQUEST

Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
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SAMPLE

CONQUEST

WEEK 2 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
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2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **HONESTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
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Transition to Competitive Sports

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3. COMPETITIVE SPORTS OR DYNAMIC ACTIVITY

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Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

CONQUEST

4. SNACK AND MID-MEETING POINT TALLY

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Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.

- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
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Honesty Defined

- To tell the truth at all times no matter what.

Weekly Virtue Focus

- **WEEK 2 – Honesty – with my parents**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **honesty** to do my chores well, not just do it half-way and tell my mom I’m done.
 - I will use **honesty** to tell my parents how my day went every day.
 - I will use **honesty** when asked if my room is clean.
 - I will use **honesty** to admit when I have done something wrong.

CONQUEST

- I will use **honesty** to follow their rules even when they aren't around.
- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Faith and Virtue Instructional Reading

- “Our Lady of Fatima” (St. Joseph Picture Books)
 - Review
 - *Go over the even or odd questions from Week 1 before reading the final segment. Points should be given during the review.*
 - Read pages 17-32
 - For point distribution, please review the “Faith and Virtue Instruction Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook.

Question and Answer Session

PAGE 17

1. When did Francisco die? **A: April 4, 1919**
2. What did he die of? **A: Influenza (the flu)**
3. What gift did he receive on his death bed? **A: First Holy Communion**
4. When did Jacinta die? **A: February 20, 1920**
5. How was her body found on September 13, 1935 when it was removed from the grave?
A: Incorrupt
6. The book states that the cause for beatification of Francisco and Jacinta has begun, but have they already been beatified? **A: Yes, on May 13, 2000 by Pope John Paul II. On February 19, 2005, the canonization process in the Fatima diocese was completed. The cause for sainthood is now in the final stage awaiting review by certain cardinals and eventually the pope.**

PAGE 18

7. What year did Lucia leave Fatima? **A: 1921**
8. What did she go to do? **A: Work in an orphanage**
9. In 1925, Lucia entered the Convent of the Sisters of St. Dorothy and took what name?
A: Sister Mary Lucia of Sorrows
10. What year did she become a Carmelite nun? **A: 1948**

PAGE 20

11. On October 13, 1943, what was the name of the pope who approved the devotion to Our Lady of Fatima and consecrated the world to her Immaculate Heart? **A: Pope Pius XII**

PAGE 22

12. At the Basilica in Fatima, what takes place every year between the months of May 13 to October 13? **A: Special pilgrimages and devotions**

PAGE 24

13.

CONQUEST

13. Who is the Mother of the Church? **A: Mary**
14. What are some of the special gifts she received from God? **A: 1) Mother of God, 2) Preserved from all stain of original sin (Immaculate Conception), 3) She was taken body and soul to heaven (Assumption)**
15. All three of these gifts are Holy Days of Obligation in the Church. When are they each celebrated? **A: Mary Mother of God – January 1; Immaculate Conception – December 8; Assumption – August 15**
16. Who do we imitate when we show honor to Mary? **A: Jesus**

PAGE 26

17. What are two primary ways in which Mary is able to bring blessings upon us her needy children? **A: The rosary and penance**
18. The answer to this question is not in the book, but when did Sr. Mary Lucia of Sorrows die? **A: February 13, 2005**

Bonus Questions

1. How did three children show honesty with their families? **A: They told them everything that happened even though all of them except Francisco and Jacinta's father did not believe them**
2. How did the three children show honesty with the Mayor? **A: They told him everything that happened and were unwilling to change their story despite the fact that the Mayor had them put in jail**

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 2**
 - **John 14: 6**
 - “Jesus said to him, I am the way, the truth, and the life. No one comes to the Father except through me.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **HONESTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
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SAMPLE

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WEEK 3 (CAMPAIGN 1)

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Honesty Defined

- To tell the truth at all times no matter what.

Weekly Virtue Focus

- **WEEK 3 – Honesty – in school with my teachers**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **honesty** to do my homework every day without excuses.
 - I will use **honesty** to do my best on every assignment in class.
 - I will use **honesty** to admit when I don’t know an answer.
 - I will use **honesty** to read all the books the teacher asks me to.
 - I will use **honesty** to not look at or copy other students’ work.

CONQUEST

- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Poster Board “Virtue Picture” Presentations

- The purpose of the poster board “Virtue Picture” presentation is to help the boys further internalize the campaign virtue along with particular characteristics and knowledge of the video story.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 3**
 - **Proverbs 13: 6**
 - “Virtue guards one who walks honestly, but the downfall of the wicked is sin.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **HONESTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
 - A boy should not depart from his squad until his parents arrive.
 - A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

CONQUEST

WEEK 4 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **HONESTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Competitive Sports

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. COMPETITIVE SPORTS OR DYNAMIC ACTIVITY

- Competitive Sports or Dynamic Activity (See Appendix II - Ideas) are a vital part of our program. It is within this segment that the boy experiences fun and physical activity in a structured and healthy environment. Reward is given for effort, courage, and teamwork, as well as, sportsmanship, respect, self-discipline and more.

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

CONQUEST

4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
- Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.
- Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments, liturgical feast days and the like. The snack time should take no longer than 10 minutes.
- As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

5. FAITH AND VIRTUE INSTRUCTION

- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the fourth Joyful Mystery, the “The Presentation of our Lord in the Temple.”
Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.
- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

Honesty Defined

- To tell the truth at all times no matter what.

Weekly Virtue Focus

- **WEEK 4 – Honesty – with my brothers and sisters**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **honesty** to always be honest when keeping score when playing with my brothers and sisters.
 - I will use **honesty** to always give them at least as much dessert as I take.
 - I will use **honesty** to do my share of combined chores without complaints.
 - I will use **honesty** to return anything I borrow from my brothers or sisters.

CONQUEST

- I will use **honesty** to apologize whenever I wrong my brother or sister.
- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Skits

- The purpose of the skit is to further help the boys internalize the particular campaign virtue by acting out the “Virtue Picture” from the previous meeting.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 4**
 - **James 3: 2**
 - “For we all fall short in many respects. If anyone does not fall short in speech, he is a perfect man, able to bridle his whole body also.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **HONESTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
 - A boy should not depart from his squad until his parents arrive.
 - A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

CONQUEST

WEEK 5 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **HONESTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Competitive Sports

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. COMPETITIVE SPORTS OR DYNAMIC ACTIVITY

- Competitive Sports or Dynamic Activity (See Appendix II - Ideas) are a vital part of our program. It is within this segment that the boy experiences fun and physical activity in a structured and healthy environment. Reward is given for effort, courage, and teamwork, as well as, sportsmanship, respect, self-discipline and more.

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

CONQUEST

4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
- Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.
- Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments, liturgical feast days and the like. The snack time should take no longer than 10 minutes.
- As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

5. FAITH AND VIRTUE INSTRUCTION

- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the fifth Joyful Mystery, the “The finding of Jesus in the Temple.”
Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.
- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

Honesty Defined

- To tell the truth at all times no matter what.

Weekly Virtue Focus

- **WEEK 5 – Honesty – with my friends**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **honesty** to play fair with my friends.
 - I will use **honesty** to always be on time when I agree to meet a friend.
 - I will use **honesty** to apologize if I ever wrong my friends.
 - I will use **honesty** to keep my promises I make with my friends.
 - I will use **honesty** to call my own fouls when we play sports.

CONQUEST

- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Catechism Challenge

- Refer to Chapter #4 in the Father & Son / Junior Program Adult Leader Training Guidebook. The Catechism Challenge is a formal question-and-answer session posing squad against squad.
- Questions can be selected from those used during the informal question- and-answer sessions from weeks 1 and 2 as well as those provided at the end of this guidebook - Grades 3 & 4 Catechism questions are located in the appendices.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 5**
 - **James 5: 12**
 - “But above all, my brothers, do not swear, either by heaven or by earth or with any other oath, but let your Yes mean Yes and your No mean No, that you may not incur condemnation.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **HONESTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

CONQUEST

Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
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 - A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

SAMPLE

CONQUEST

WEEK 6 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **HONESTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Mini- Apostolic Project

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. MINI-APOSTOLIC PROJECT

- It is important the last week of each virtue campaign to forgo the competitive sports segment to teach the boys about doing apostolic projects. Basically, bringing the joy of Christ to others.
- **Write a Letter to Pope Francis**
 - Set Up Needs
 - Lined Paper
 - Address for Pope Francis
His Holiness, Pope Francis
Palazzo Apostolico Vaticano
1-00120 Cittadel Vaticano, Italy
 - Pens
 - Envelopes
 - Roster of program members with addresses

CONQUEST

- Preparation and process
 - Pass out paper to all the members
 - Give some instruction on the importance of good handwriting
 - Encourage the boys to take their time and pray about what to say to the Holy Father
 - Express to them that it is very likely that the Holy Father will either personally read the letters himself or have them read to him
 - Guide the boys through the following structure of writing the letter (for younger boys, they will most likely need the help of the dads – they can also color a picture)
 - Introduction
 - Name
 - Hometown
 - Family Status
 - Picture of family, pet, or other such photo that personalizes the letter or a colored picture in marker or crayon.
 - Interests
 - Talents
 - Member of Conquest
 - Thankfulness for his service
 - Assurance of prayers and support
 - Seek his prayers for personal vocation discernment, parents, siblings, extended family, program growth and more
 - Invitation for him to write back
 - Include return address
 - Close with “God Bless” or “In Christ” or “Sincerely Yours in Christ” or some other similar closing before name/signature
- Objective
 - For the boys to express themselves in a genuine, loving sincere way so as to bring great joy to the Vicar of Christ and therefore build up the Church
 - Each letter is very simply meant to bring a smile and ray of hope to Pope Francis
- Rules
 - All letters must be proof read by the program leader before being mailed out
 - If a boy is unable to complete the letter during the campaign meeting, he is able to take it home and bring it back the following week
 - The program director should collect all the letters, place them in a large envelope and take the responsibility of mailing it to the Rome.
 - It is meant to be each boys own unique letter to the Holy Father
 - All letters should be mailed within the following week if possible.
 - Points can be given for creativity, neatness, effort, timeliness and so forth during the work

CONQUEST

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
- Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.
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- As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

5. FAITH AND VIRTUE INSTRUCTION

- Rosary: This week pray the “Hail Holy Queen” prayer to end the campaign Rosary. Choose a boy to lead, and pray together:

Hail, holy Queen, Mother of Mercy! Our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley, of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus; O clement, O loving, O sweet virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen

- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

CONQUEST

Honesty Defined

- To tell the truth at all times no matter what.

Weekly Virtue Focus

- **WEEK 6 – Honesty – Review**
 - Go over the commitment the boys worked on each week over the course of this campaign and encourage the boys to maintain their HONESTY even after this campaign is over.

Live Virtue at Home

- Collect the boys' Conquest member cards and award the appropriate points for their commitment completion, remembering the bonus points awarded for fulfilling the commitment every day without fail for the entire campaign.

Awards Day

- In the final week of each 6 week campaign, the efforts of squad members are recognized through the presentation of awards which are intended to be highly motivational. They can be religious, athletic, edible, or other form, but they must be meaningful.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 6**
 - **Luke 16: 10**
 - “The person who is trustworthy in very small matters is also trustworthy in great ones; and the person who is dishonest in very small matters is also dishonest in great ones.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **HONESTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
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CONQUEST

Departure

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SAMPLE