

CONQUEST

CAMPAIGN 1

HONESTY

“The Day the Sun Danced – The True Story of Fatima”

DVD video

7-STEP WEEKLY MEETING AT A GLANCE

1	SETUP: CHECK-IN AND ARRIVAL TIME	
2	OPENING PRAYER	5 MIN
3	COMPETITIVE SPORTS OR DYNAMIC ACTIVITY:	30 MIN
4	SNACK BREAK: Q&A AND MID-MEETING POINT TALLY	10 MIN
5	FAITH & VIRTUE INSTRUCTION	30 MIN
6	ADULT/YOUTH LEADER TALK	10 MIN
7	CLOSING PRAYER	5 MIN

CONQUEST

Father and Son Leadership Program Campaign

~HONESTY~

Honesty Campaign Patron Saints

Blessed Francisco Marto and Blessed Jacinta Marto



The youngest children of Manuel and Olimpia Marto, Francisco and Jacinta were typical of Portuguese village children of that time. They were illiterate but had a rich oral tradition. Francisco had a placid disposition, was somewhat musically inclined, and liked to be by himself to think. Jacinta was affectionate if a bit spoiled. She had a sweet singing voice and a gift for dancing. The brother and sister, who tended to their families' sheep with their cousin Lucia in the fields of Fatima, Portugal, witnessed several apparitions of an angel in 1916. Lucia later recorded the words of several prayers she said they learned from this angel. Lucia wrote in her memoirs that she and her cousins saw the first apparition of Mary on May 13, 1917. At the time of the apparition, Francisco was 9 years old, and Jacinta was 7. During the first apparition, Mary asked the three children to say the Rosary and to make sacrifices, offering them for the conversion of sinners. She also

asked them to return to that spot on the thirteenth of each month for the next six months. Many people did not believe in their **HONESTY**. However, later tens of thousands witnessed the miracle of sun. Mary was given the title Our Lady of Fatima as a result, and Fatima became a major center of world Christian pilgrimage.

The siblings were victims of the great 1918 influenza epidemic that swept through Europe that year. Francisco declined hospital treatment on April 3, 1919, and died at home the next day. Jacinta was moved from one hospital to another in an attempt to save her life, which she insisted was futile. She suffered greatly for many months and died on February 20, 1920.

They were declared venerable by Pope John Paul II in 1989. On May 13, 2000, they were declared "blessed" in a decree from the Congregation for the Causes of Saints. Jacinta is the youngest non-martyred child ever to be beatified.



VIDEO: A video "Our Lady of Fatima" can be found on the Adult Leader USB drive.

CONQUEST

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~HONESTY~

“The Day the Sun Danced – The True Story of Fatima”

***Note:** Program leadership should have the Father & Son / Junior Leadership Program Adult Leader Training Guidebook readily accessible during the meetings to assure strict adherence to the program methodology.

WEEK 1 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **HONESTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Competitive Sports

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. COMPETITIVE SPORTS OR DYNAMIC ACTIVITY

- Competitive Sports or Dynamic Activity (See Appendix II - Ideas) are a vital part of our program. It is within this segment that the boy experiences fun and physical activity in a structured and healthy environment. Reward is given for effort, courage, and team work, as well as, sportsmanship, respect, self-discipline and more.

CONQUEST

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
- Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.
- Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments, liturgical feast days and the like. The snack time should take no longer than 10 minutes.
- As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

5. FAITH AND VIRTUE INSTRUCTION

- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the first Joyful Mystery, the “Incarnation of the Son of God.” Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.
- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

Honesty Defined

- To tell the truth at all times no matter what.

CONQUEST

Weekly Virtue Focus

- **WEEK 1 – Honesty – with God**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **honesty** to tell the adult program leader if I have done my prayers on my commitment card during Code Checks.
 - I will use **honesty** to mean the words I say in my prayers.
 - I will use **honesty** when I go to confession, or when talking to God about my sins.
 - I will use **honesty** to remember that God sees everything I do.
 - Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Faith and Virtue Video

- **“The Day the Sun Danced – The True Story of Fatima”**
(CCC of America video © 2013)
 - **Show the first half of the video to approximately 14:08 on the counter**
 - For point distribution, please review the “Faith and Virtue Instruction Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook.

Question and Answer Session

0:00 ~ 5:00

1. Who appeared to the three shepherd children? **A: An angel**
2. What country did the three children live in? **A: Portugal**
3. What year did the angel appear? **A: 1916**
4. What did the angel ask them to do? **A: To offer up prayers and sacrifice**
5. Why did he ask them to pray and offer up sacrifices? **A: To bring sinners back to God**
6. What did Lucia’s mother remind her to do after lunch? **A: To pray the rosary**
7. What did Jacinta ask of Lucia? **A: To teach her Catechism so she could receive first communion.**

05:00 ~ 10:00

8. What were the bullies doing that was bad? **A: They were being mean to a bird**
9. What did Francisco do to make the bullies stop being mean to the bird? **A: He gave them his money**
10. Do you think that the three children were using the virtue of honesty in praying the shortcut rosary? **A: No, they were being dishonest, not only to Mary but to Lucia’s mother.**

CONQUEST

11. True or False? The first words the Lady spoke was “Do not be afraid, I won’t hurt you” **A: True**
 12. Where did she say she was from? **A: Heaven**
 13. What did Francisco have to do in order to see the Lady? **A: Pray the rosary**
 14. True or False? The Lady told them to come back every month for 6 months on the 13th day of each. **A: True**
 15. What did the Lady then ask that they do each and every day? **A: Pray the rosary and make sacrifices**
- 10:00 ~ 14:08
16. Do you think that Lucia was using the virtue of honesty when she asked Jacinta and Francisco not to tell anyone? **A: No, she was scared that people would think they were lying**
 17. What sacrifice did they make together? **A: They gave their lunch to the poor**
 18. Did Lucia’s mother think she was being honest about seeing Mary? **A: No, she thought she was lying**
 19. Did the priest think that Lucia was being dishonest? **A: Yes**
 20. What did he say that was probably causing her visions? **A: The devil**

STOP VIDEO at approximately 14:08 – After Lucia is praying at the foot of her bed.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 1**
 - **Exodus 20: 16**
 - “You shall not bear false witness against your neighbor.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **HONESTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
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Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
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 - A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

SAMPLE

CONQUEST

WEEK 2 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
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2. OPENING PRAYER

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Transition to Competitive Sports

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3. COMPETITIVE SPORTS OR DYNAMIC ACTIVITY

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Code Checks

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CONQUEST

4. SNACK AND MID-MEETING POINT TALLY

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5. FAITH AND VIRTUE INSTRUCTION

- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the second Joyful Mystery, the “Our Lady visits her cousin Elizabeth.”

Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.

- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
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What days are the Joyful Mysteries prayed? - (Mondays and Saturdays)

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Honesty Defined

- To tell the truth at all times no matter what.

Weekly Virtue Focus

- **WEEK 2 – Honesty – with my parents**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **honesty** to do my chores well, not just do it half-way and tell my mom I’m done.
 - I will use **honesty** to tell my parents how my day went every day.
 - I will use **honesty** when asked if my room is clean.

CONQUEST

- I will use **honesty** to admit when I have done something wrong.
- I will use **honesty** to follow their rules even when they aren't around.
- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Faith and Virtue Video

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Question and Answer Session

14:08 ~ 20:06

1. When did the Lady say she would tell Lucia who she really was? **A: In October**
2. What did she tell Lucia and the children to do? **A: To come each month on the 13th day and to pray the rosary and sacrifice every day.**
3. What did the Lady show the three children a vision of? **A: Hell**
4. What country did the Lady say would spread its destruction across the earth and persecution of the Church if men did not pray and change their hearts? **A: Russia**
5. What did the Lady tell Lucia to pray after each decade of the rosary? **A: “O my Jesus, forgive us our sins and save us from the fires of hell, lead all souls to heaven, especially those in most need of thy mercy”**
6. The Lady told Lucia not to tell anyone what she said except for one person, who? **A: Francisco**
7. Did the mayor threaten Lucia that if she did not tell her secret it would cost her life? **A: Yes**

20:06 ~ 28:35

8. Who did the mayor take Lucia to visit first? **A: The priest in Fatima**
9. Where did the mayor take them next? **A: To jail**
10. What did he threaten the children that he would do to them? **A: Boil them in a hot cauldron of oil.**
11. Why was Francisco sad after being released from jail? **A: Because he didn't get to see the Lady**
12. When the Lady appeared again, what did she want to be built on that very spot? **A: A chapel for the Lady of the Rosary**
13. What was the miracle that everyone was waiting for? **A: The miracle of the sun – the sun danced**
14. Who did the children see in the sun? **A: The Holy Family**

CONQUEST

15. What did Lucia spread the devotion of when she was alive for years? **A: The Immaculate Heart of Mary and praying the rosary**
16. What day of the month did Mary ask for to be devoted to her Immaculate Heart? **A: The first Saturday of each month.**

BONUS QUESTION: Why was Mary being honest when she said that the children would have to suffer? **A: They suffered greatly and were persecuted by their family, friends, the townspeople and even the priest and mayor, and even thrown in jail.**

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 2**
 - **John 14: 6**
 - “Jesus said to him, I am the way, the truth, and the life. No one comes to the Father except through me.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **HONESTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
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Departure

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CONQUEST

WEEK 3 (CAMPAIGN 1)

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- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the third Joyful Mystery, the “The Nativity – the birth of our Lord Jesus.”

Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.

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Honesty Defined

- To tell the truth at all times no matter what.

Weekly Virtue Focus

- **WEEK 3 – Honesty – in school with my teachers**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **honesty** to do my homework every day without excuses.
 - I will use **honesty** to do my best on every assignment in class.
 - I will use **honesty** to admit when I don’t know an answer.
 - I will use **honesty** to read all the books the teacher asks me to.
 - I will use **honesty** to not look at or copy other students’ work.

CONQUEST

- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Poster Board “Virtue Picture” Presentations

- The purpose of the poster board “Virtue Picture” presentation is to help the boys further internalize the campaign virtue along with particular characteristics and knowledge of the video story.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

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- **Scripture verse for Week 3**
 - **Proverbs 13: 6**
 - “Virtue guards one who walks honestly, but the downfall of the wicked is sin.”

Point Tally

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- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the fourth Joyful Mystery, the “The Presentation of our Lord in the Temple.”
Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.
- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

Honesty Defined

- To tell the truth at all times no matter what.

Weekly Virtue Focus

- **WEEK 4 – Honesty – with my brothers and sisters**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **honesty** to always be honest when keeping score when playing with my brothers and sisters.
 - I will use **honesty** to always give them at least as much dessert as I take.
 - I will use **honesty** to do my share of combined chores without complaints.
 - I will use **honesty** to return anything I borrow from my brothers or sisters.

CONQUEST

- I will use **honesty** to apologize whenever I wrong my brother or sister.
- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Skits

- The purpose of the skit is to further help the boys internalize the particular campaign virtue by acting out the “Virtue Picture” from the previous meeting.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 4**
 - **James 3: 2**
 - “For we all fall short in many respects. If anyone does not fall short in speech, he is a perfect man, able to bridle his whole body also.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **HONESTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
 - A boy should not depart from his squad until his parents arrive.
 - A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

CONQUEST

WEEK 5 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **HONESTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Competitive Sports

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. COMPETITIVE SPORTS OR DYNAMIC ACTIVITY

- Competitive Sports or Dynamic Activity (See Appendix II - Ideas) are a vital part of our program. It is within this segment that the boy experiences fun and physical activity in a structured and healthy environment. Reward is given for effort, courage, and team work, as well as, sportsmanship, respect, self-discipline and more.

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

CONQUEST

4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
- Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.
- Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments, liturgical feast days and the like. The snack time should take no longer than 10 minutes.
- As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

5. FAITH AND VIRTUE INSTRUCTION

- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the fifth Joyful Mystery, the “The finding of Jesus in the Temple.”
Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.
- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

Honesty Defined

- To tell the truth at all times no matter what.

Weekly Virtue Focus

- **WEEK 5 – Honesty – with my friends**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **honesty** to play fair with my friends.
 - I will use **honesty** to always be on time when I agree to meet a friend.
 - I will use **honesty** to apologize if I ever wrong my friends.
 - I will use **honesty** to keep my promises I make with my friends.
 - I will use **honesty** to call my own fouls when we play sports.

CONQUEST

- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Catechism Challenge

- Refer to Chapter #4 in the Father & Son / Junior Program Adult Leader Training Guidebook. The Catechism Challenge is a formal question-and-answer session posing squad against squad.
- Questions can be selected from those used during the informal question- and-answer sessions from weeks 1 and 2 as well as those provided at the end of this guidebook - Grades 1 & 2 Catechism questions are located in the appendices.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 5**
 - **James 5: 12**
 - “But above all, my brothers, do not swear, either by heaven or by earth or with any other oath, but let your Yes mean Yes and your No mean No, that you may not incur condemnation.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **HONESTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

CONQUEST

Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
 - A boy should not depart from his squad until his parents arrive.
 - A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

SAMPLE

CONQUEST

WEEK 6 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **HONESTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Mini- Apostolic Project

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. MINI-APOSTOLIC PROJECT

- It is important the last week of each virtue campaign to forgo the competitive sports segment to teach the boys about doing apostolic projects. Basically, bringing the joy of Christ to others.
- **Write a Letter to Pope Francis**
 - Set Up Needs
 - Lined Paper
 - Address for Pope Francis
His Holiness, Pope Francis
Palazzo Apostolico Vaticano
1-00120 Cittadel Vaticano, Italy
 - Pens
 - Envelopes
 - Roster of program members with addresses

CONQUEST

- Preparation and process
 - Pass out paper to all the members
 - Give some instruction on the importance of good handwriting
 - Encourage the boys to take their time and pray about what to say to the Holy Father
 - Express to them that it is very likely that the Holy Father will either personally read the letters himself or have them read to him
 - Guide the boys through the following structure of writing the letter (for younger boys, they will most likely need the help of the dads – they can also color a picture)
 - Introduction
 - Name
 - Hometown
 - Family Status
 - Picture of family, pet, or other such photo that personalizes the letter or a colored picture in marker or crayon.
 - Interests
 - Talents
 - Member of Conquest
 - Thankfulness for his service
 - Assurance of prayers and support
 - Seek his prayers for personal vocation discernment, parents, siblings, extended family, program growth and more
 - Invitation for him to write back
 - Include return address
 - Close with “God Bless” or “In Christ” or “Sincerely Yours in Christ” or some other similar closing before name/signature
- Objective
 - For the boys to express themselves in a genuine, loving sincere way so as to bring great joy to the Vicar of Christ and therefore build up the Church
 - Each letter is very simply meant to bring a smile and ray of hope to Pope Francis
- Rules
 - All letters must be proof read by the program leader before being mailed out
 - If a boy is unable to complete the letter during the campaign meeting, he is able to take it home and bring it back the following week
 - The program director should collect all the letters, place them in a large envelope and take the responsibility of mailing it to the Rome.
 - It is meant to be each boys own unique letter to the Holy Father
 - All letters should be mailed within the following week if possible.
 - Points can be given for creativity, neatness, effort, timeliness and so forth during the work

CONQUEST

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
- Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.
- Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments, liturgical feast days and the like. The snack time should take no longer than 10 minutes.
- As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

5. FAITH AND VIRTUE INSTRUCTION

- Rosary: This week pray the “Hail Holy Queen” prayer to end the campaign Rosary. Choose a boy to lead, and pray together:

Hail, holy Queen, Mother of Mercy! Our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley, of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus; O clement, O loving, O sweet virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen

- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

CONQUEST

Honesty Defined

- To tell the truth at all times no matter what.

Weekly Virtue Focus

- **WEEK 6 – Honesty – Review**
 - Go over the commitment the boys worked on each week over the course of this campaign and encourage the boys to maintain their HONESTY even after this campaign is over.

Live Virtue at Home

- Collect the boys' Conquest member cards and award the appropriate points for their commitment completion, remembering the bonus points awarded for fulfilling the commitment every day without fail for the entire campaign.

Awards Day

- In the final week of each 6 week campaign, the efforts of squad members are recognized through the presentation of awards which are intended to be highly motivational. They can be religious, athletic, edible, or other form, but they must be meaningful.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 6**
 - **Luke 16: 10**
 - “The person who is trustworthy in very small matters is also trustworthy in great ones; and the person who is dishonest in very small matters is also dishonest in great ones.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **HONESTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
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CONQUEST

Departure

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SAMPLE