

CONQUEST WEEKLY ACTIVITY GUIDE

WHAT DO WE BELIEVE AS CATHOLICS?



#25 WHY DOES THE FAITH REQUIRE DEFINITIONS AND

FORMULAS? Faith is not about empty words but about reality. In the CHURCH, condensed formulas of faith developed over the course of time; with their help we can contemplate, express, learn, hand on, celebrate, and live out this reality. Without fixed forms, the content of the faith would dissipate. That is why the Church attaches great importance to definite sentences, the precise wording of which was usually achieved painstakingly, so as to protect the message of Christ from misunderstandings and falsifications. Furthermore, creeds are important when the Church's faith has to be translated into different cultures while being preserved in its essentials, because a common faith is the foundation for the Church's unity.

SAINTS & INSPIRATIONAL STORIES

ST THOMAS AQUINAS

St Thomas Aquinas is probably the most famous Catholic theologian and is responsible for many explanations of doctrine of our faith, as well many scientific discoveries in his time. He wrote the Summa Theologica, among other things, which explains what we believe as Catholics and the proofs of the existence of God.



MOTHER THERESA OF JESUS

Mother Theresa of Jesus took every day as a gift of God and put her faith in practice through the little and great moments in life. She not only lived by her Catholic principles, but she founded convents and schools, helping others to learn about their Catholic faith.



GQSPEL



YOU HAVE HEARD THAT IT WAS SAID, 'YOU SHALL LOVE YOUR NEIGHBOR AND HATE YOUR ENEMY.' BUT I SAY TO YOU, LOVE YOUR ENEMIES, AND PRAY FOR THOSE WHO PERSECUTE YOU, - MATTHEW 5: 43-45

ANSWER IN YOUR OWN WORDS: