



CHALLENGE & CONQUEST ADULT LEADERSHIP SERIES

INTRO TO CHALLENGE & CONQUEST YOUTH MINISTRY

- Book 1 -



THIS BOOKLET IS A MUST READ FOR YOU, IF...

- You are looking for new ideas for Catholic Youth Ministry.
- You are stretched thin and want to find a simple way to reach more teens each week by building a strong volunteer team.
- You are searching for a dynamic, fun, Catholic curriculum that goes deep, answering the questions teens have about their life and faith.
- You are interested in ready to use, flexible, weekly curriculum that has enough material for the entire school year.
- You want to offer activities that are interesting for both boys and girls and are different for middle school and high school groups.
- You are trying to integrate attractive and meaningful service projects into the youth ministry activities in the parish and community.
- You are considering small group mentoring with teen leaders and team based methods to create an experience where everyone feels important, accepted and part of a team.
- You are looking for a comprehensive youth ministry program that combines online resources, training videos and hands on material for the adult leaders, teen leaders and the youth in the group.
- You are a parent who wants to volunteer or start up a program in your child's parish or school as a compliment or part of the youth ministry program.
- You are a new or returning Challenge or Conquest adult leader who would like a brief summary of all that Challenge and Conquest youth ministry programs can offer to the kids in your groups.

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Headquartered in Atlanta, GA Servicing Parishes & Schools across the US & Canada

WHAT ARE AND CONQUEST ?

Challenge and Conquest are Catholic Youth Ministry programs for girls and boys in 5th - 12th grade to grow in knowledge of their Catholic faith, friendship with Christ, and make a difference and positive impact on their families, friends and in the world around them.

FAST FACTS

Challenge and Conquest are proven to be a successful youth ministry option for the past 15 years in the US and Canada. They are currently present in over 250 parishes & schools with over 6500 youth every week, led by 300 adult leaders and 700 teen leaders. Offering over 45 summer camps with 2000 campers every year.

OUR MISSION

Challenge and Conquest strive to offer effective methods & materials in Catholic Youth Ministry for families, parishes and schools, helping youth 5th - 12 grade to know and love:

CHRIST



with real friendship

THE CHURCH & THE POPE



with loyalty

MARY



as a son & daughter

EVERY PERSON



with real genuine charity & respect

Challenge and Conquest try to teach the teens how to follow Christ's example and live authentic Christian virtues:

FRIENDSHIP

SINCERITY

OBEDIENCE

GENEROSITY

PURITY

CHARITY

HOPE

JOY

FAITH

PERSEVERANCE



CONQUEST
FORGED IN VIRTUE. CALLED TO SERVE.

METHOD

TEAM BASED & TEEN LED

small group
mentoring

SERVICE DRIVEN

over 30 + hands on
apostolic projects

VIRTUE CENTERED

focused on
putting faith
into practice

FOR 5TH- 12TH GRADE

3 age specific series
for middle school,
high school

READY TO USE & FLEXIBLE

48 weekly
guide books &
online training

RELEVANT & FUN FOR TEENS

activities focused
on their questions
with 400+ games

100 % CATHOLIC CURRICULUM

grounded in
catechism, gospels
& lives of saints

GENDER SPECIFIC

parallel programs
adapted for boys
& girls

MATERIALS

ADULT LEADER KITS

Curriculum Guides,
Planning Material,
Promo Materials

TEEN LEADER KITS

Weekly Guidebook
Series with
Curriculum & Projects

MEMBER KITS FOR ALL YOUTH

Tshirts,
prayer books,
calendars & more.

ACTIVITIES

WEEKLY TEAM ACTIVITIES

SERVICE PROJECTS

RETREATS & CAMPS

TRAINING

ADULT LEADER ONLINE SERIES

Sessions on How Challenge
& Conquest works.

ADULT LEADER BOOK SERIES

5 Guidebooks with detailed
information to run the programs

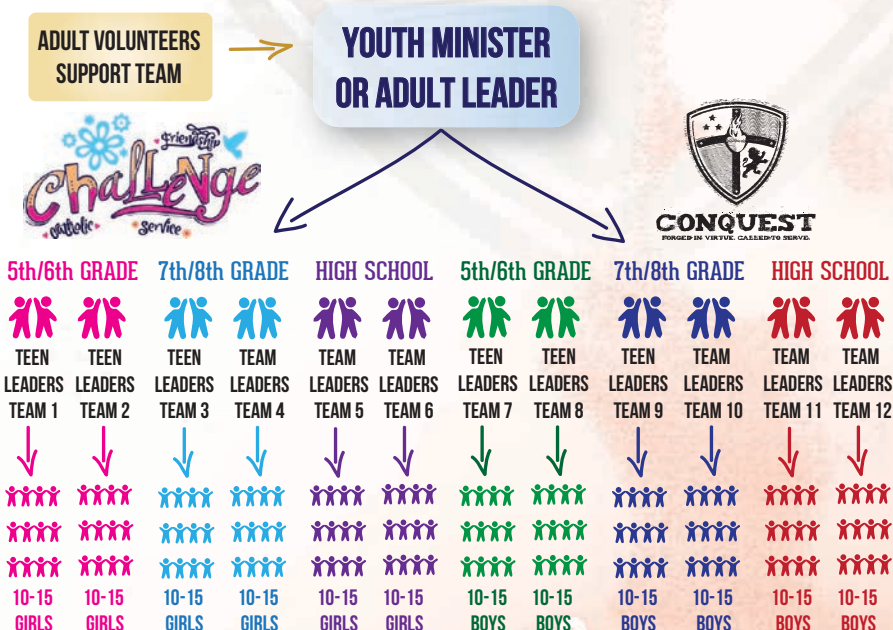
TEEN LEADER ONLINE SERIES

Sessions on how to use the
guidebooks & run meetings

WHAT DO WE MEAN BY TEAM BASED AND TEEN LED?

Challenge and Conquest are designed so that you organize your youth group into smaller teams of about 10-15 teens, who are around the same age. Each team is led by one or two teen leaders who are usually 2 or 3 years older than the group they lead. This is small group mentoring or peer ministry where everything is done in teams especially the weekly activities & service projects. The youth minister and adult leaders work with the teen leaders, training them and helping them prepare to lead their team activities each week. In this way, the youth group may be large in number but no one will feel lost in the crowd because they are part of a team with a team leader looking out for them.

Peer mentoring is not only a life changing experience for the teen leaders, it truly makes an impact on the younger teens when they learn about their faith and see positive role models in their team leaders, who are only a few years older than they are.



**YOU CAN REACH HUNDREDS OF TEENS IN YOUR YOUTH
GROUP WITH JUST A HANDFUL TEAM LEADERS.**

THE CHALLENGE & CONQUEST CURRICULUM IS IN THE TEAM LEADER GUIDEBOOKS



6 DIFFERENT BOOK SETS FOR CONQUEST:
YEAR 1 & YEAR 2 FOR 5TH/6TH,
7TH/8TH, HIGH SCHOOL

THE GUIDEBOOKS HAVE
EVERYTHING THE TEAM
LEADERS NEED TO LEAD
THE WEEKLY ACTIVITIES.

WE PUT THE TOOLS &
MATERIALS IN THE TEAM
LEADER'S HANDS TO
MENTOR EACH WEEK.



**6 PARTS OF THE
CONQUEST WEEKLY ACTIVITY**

6 PARTS TO THE CHALLENGE WEEKLY MEETING



6 DIFFERENT BOOK SETS FOR CHALLENGE:
YEAR 1 & YEAR 2 FOR 5TH/6TH,
7TH/8TH, HIGH SCHOOL

**THE WEEKLY TEAM
ACTIVITY IS
WHERE IT ALL
COMES TOGETHER
IN CHALLENGE
& CONQUEST.**



TEAM LEADER GUIDEBOOKS & CURRICULUM

**5TH/6TH GRADE
SERIES**

**7TH/ 8TH GRADE
SERIES**

**HIGH SCHOOL
SERIES**

YEAR ONE CURRICULUM *New for 2016-17!*



YEAR TWO CURRICULUM



24 BOOKS = 176 WEEKLY ACTIVITIES + 24 SERVICE PROJECTS

We offer 4 books each year, for each grade level.
Each book contains 6 - 8 weeks of activities and 1 service project.



CONQUEST
FORGED IN VIRTUE. CALLED TO SERVE.

TEAM LEADER GUIDEBOOKS & CURRICULUM

**5TH/6TH GRADE
SERIES**

**7TH/ 8TH GRADE
SERIES**

**HIGH SCHOOL
SERIES**

YEAR ONE CURRICULUM

NEW FOR 2016-17!



YEAR TWO CURRICULUM



24 BOOKS = 176 WEEKLY ACTIVITIES + 24 SERVICE PROJECTS

Every year we update the books and series with new videos, activities and content so there is new and relevant content for the teens.



WHAT MAKES THE CHALLENGE & CONQUEST CURRICULUM UNIQUE?

QUESTION OF THE WEEK

In Challenge and Conquest, our curriculum is based off the questions teens have about God, their faith, the world, and themselves. The theme for each week is a question. The weekly activity in the Team Leader Guidebooks gives the team leader a path to lead the team down and discover the answer to the question of the week.

First, they turn to the YOUCAT to find a solid catechetical answer to the question. Then the team leader goes through the 6 parts of the Challenge or Conquest Weekly Meeting where they gain a better understanding of the question of the week.

**GROUNDING
IN THE
CATECHISM**

HUNDREDS OF GAMES & ACTIVITIES

Each weekly meeting has at least one game, activity or experience; relevant video clips; a gospel reflection to find how Jesus answered the question and at least one saint or story of someone who discovered the answer in their own life. The games are not listed on the charts.

The curriculum and guide for each weekly activity is in the Team Leader Guidebooks but we also have a CD or USB drive and online resource center with hundreds of printouts and additional material that to help the team leader lead the meeting.

**HUNDREDS OF
DOWNLOADS
& PRINTOUTS**

ADAPTED FOR BOYS & GIRLS

On the Curriculum maps, you will see that Challenge and Conquest have the same theme or question each week but sometimes the saints, games and activities differ to work better with boys or girls.

The curriculum charts for the YEAR 1 and YEAR 2 can be found on the following pages. Both curriculum charts are similar but with different questions, saints and gospels. We have a two year cycle so that it does not get repetitive for the teens. We also update and add new videos, activities and material each year to the curriculum.

**NEVER
REPETITIVE
ALWAYS NEW**

VIRTUE CENTERED CURRICULUM?

The virtue centered curriculum in Challenge & Conquest encourages teens to put their faith into action each week. The weekly meetings and activities encourage the teams to live out what they have learned. Every year we have new virtues & saints for each month. These are the virtues we encourage the teens to live for that month & to get to know the life of that saint. These saint & virtues can be found in the calendars which are included in all of our member, team leader and adult leader kits.

CONQUEST 2016-17 SAINTS & VIRTUES OF THE MONTH

AUGUST

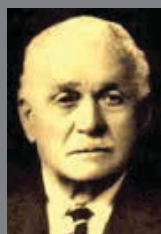
**BLESSED
LUIGI BORDINO**



CHARITY

SEPTEMBER

**VENERABLE
SERGIO BERNADINI**



LOYALTY

OCTOBER

**ST
FAUSTINA**



MERCY

NOVEMBER

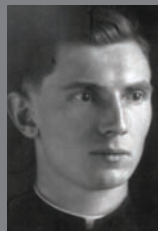
**BLESSED
FRANZ JAGERSTATTER**



JOY

DECEMBER

**BLESSED
ALOIS ANDRITZSKI**



PERSEVERANCE

JANUARY

**VENERABLE
BERNHARD LENHER**



HOPE

FEBRUARY

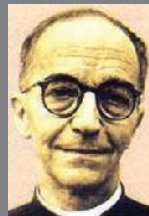
**BLESSED
BENEDICT DASWA**



INTEGRITY

MARCH

**VENERABLE
MARCELLO LABOR**



FAITH

APRIL

**VENERABLE
LUIS DE TRELLES**



PIETY

MAY

**SERVANT OF GOD
STANLEY ROTHER**



COURAGE

JUNE

**VENERABLE
MARIO BORZAGA**



RESPONSIBILITY

JULY

**ST LOUIS &
ZELIE MARTIN**



GENEROSITY

VIRTUE IS ESSENTIALLY A GOOD HABIT.
A HABIT COMES FROM REPETITION OF ACTIONS.
CHRISTIAN VIRTUE IS IMITATING HOW CHRIST LIVED.
SAINTS ARE PEOPLE WHO LIVED CHRISTIAN VIRTUE HEROICALLY.

Challenge 2016-17 Saints & Virtues of the Month

AUGUST

**SERVANT OF GOD
ANGELINA LO DICO**



charity

DECEMBER

**BLESSED
ALOIS ANDRITZSKI**



perseverance

APRIL

**VENERABLE
ROSA GIOVANETTI**



piety

SEPTEMBER

**VENERABLE
DOMENICA BERNADINO**



loyalty

JANUARY

**VENERABLE
ADELE DIRSYTE**



hope

MAY

**BLESSED
IRENE STEFANI**



courage

OCTOBER

**ST
FAUSTINA**



mercy

FEBRUARY

**VENERABLE HANNA
CHYZANOWSKA**



integrity

JUNE

**VENERABLE
MARIO BORZAGA**



responsibility

NOVEMBER

**VENERABLE TERESA
GONZALEZ QUEVADA**



joy

MARCH

**VENERABLE
MARY AIKENHEAD**



faith

JULY

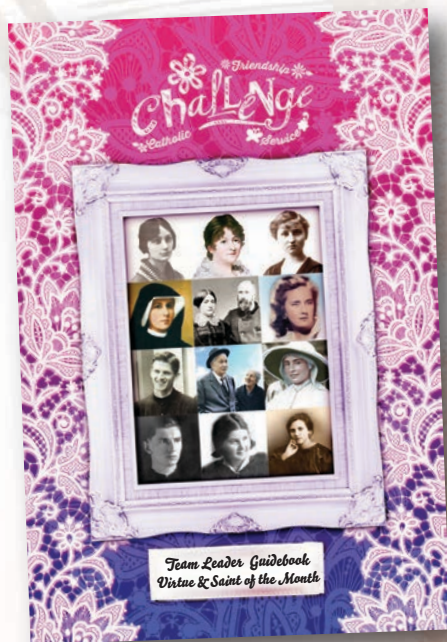
**ST LOUIS
& ZELIE MARTIN**



generosity

CHALLENGE VIRTUE & SAINT TEAM LEADER GUIDEBOOK IN EVERY CHALLENGE TEAM LEADER KIT!

Challenge also offers an additional team leader guidebook in each team leader kit that focuses on the Virtue and Saint of the Month. This guidebook has 10 Challenge Monthly Meetings focusing on that specific virtue and the saints found in the Challenge calendar. August & September and are combined into one meeting and so is June & July. The activities, games and content will help the Team Leaders and girls learn more about Christian virtues and modern day saints. It is meant to be used each month as a compliment to the regular curriculum, ideally in the first meeting of the month. These activities have a craft each month that the teams can do. There are also printable virtue cards for each month that can be used to motivate the girls to practice the virtue of the month each day. These cards can be found on the Team Leader USB or online resource center.



CHALLENGE JR:

If you would like to start a "Challenge jr" group for younger girls from 3rd and 4th grade, have the Challenge members use the Virtue & Saint Guidebook to run a Challenge Jr Meeting once a month!

CONQUEST

FORGED IN VIRTUE. CALLED TO SERVE.

OFFERS 3 AGE SPECIFIC PROGRAMS:

CONQUEST FATHER SON LEADERSHIP PROGRAM

K-2nd
GRADE

CONQUEST JR LEADERSHIP PROGRAM

3rd & 4th
GRADE

CONQUEST YOUTH MINISTRY PROGRAM

5th -8th GRADE
& High School

The Conquest Father & Son Program and Junior Leadership Program are meant to be run by dad volunteers, and have their own unique Conquest materials for each age group. This includes Adult Leader Guidebooks and USB drive with materials to lead the younger boys, t-shirts, cinch bags, and commitment cards specifically designed for the younger age group. Both Programs include point chips and points tracker posters to keep the boys motivated each month through campaign competitions.

The Junior Program is focused on the boys learning more about their Catholic Faith in a fun way. The Father Son Program features videos that help the boys understand the virtue of the month through stories in the Bible. Each virtue campaign also includes coloring pages that you can print and send home.



NEW & Improved for the 2016-17 school year!

YEAR 1 5TH & 6TH GRADE

CURRICULUM CHART

DYNAMIC ACTIVITIES AND GAMES ARE NOT LISTED IN CHART BUT THE CURRICULUM INCLUDES 1-3 ACTIVITIES EACH WEEK.

	BOOK 1	BOOK 2	BOOK 3	BOOK 4				
	 GRANDPA GRINS	 AGENT ANGEL	 TIS THE SEASON	 BETHLEHEM SHOP	 BASKETS OF JOY	 CATHOLIC MOVIE MADNESS	 LIGHT HOUSE	 EMMAUS WALK
Week 1	Where do I fit in?	What does God do?	What is being a teenager all about?	Does the world need my help?				
	YOUCAT # 24	YOUCAT # 40 & 49	YOUCAT # 3, 20 & 34	YOUCAT # 438, 440 & 449				
Gospel	Mtw 9:9-13 Call of Matthew	Jn 3:16-19 God's Love	Mtw 5:13 Salt of the earth	Lk 19:11-27 Parable Talents				
Saint & Stories	St. Joseph Cupertino CH only: St Jacinta	St Francis Xavier	Pope Francis Austin Gutwien	Fr Walter Ciszek CH only: Luigi Novarese				
Week 2	What do I need to be happy?	What is the difference between God and Jesus?	Why don't adults understand me?	Why can't I do what I want?				
	YOUCAT # 281 & 282	YOUCAT # 36, 37 & 39	YOUCAT # 361, 371 & 372	YOUCAT # 286 & 287				
Gospel	Jn 4: 6-31 Samaritan Woman	Jn 16:15-33 Jesus & the Father	Lk 2:41-52 Jesus in Temple	Lk 2:51-52 Jesus in Nazareth				
Saint & Stories	St Francis of Assisi CH only: Anna Maria	Blessed Elizabeth of the Trinity	St Padre Pio	Blessed Alphonsine Father James Kellar				
Week 3	Why did God give me my life?	Was Christ real?	Why are people mean?	What defines me?				
	YOUCAT # 1 & 2	YOUCAT # 71 & 76	YOUCAT # 67, 318 & 396	YOUCAT # 58 & 62				
Gospel	Mtw 28:16-20 Sending of the 12	Various Passages about Jesus	Mtw 2:16-18 Holy Innocents	Mw 16:13-20 Who am I				
Saint & Stories	St John Paul II Ryan Herjac	St Faustina	St Peter Stuttering Story	St. Charles Lwanga CH only: Hannah Vacaro				
Week 4	Am I cool just the way God made me ?	Is the Bible True? How should I use it?	How do I know what is good and bad?	Is God interested in me?				
	YOUCAT # 59 & 62	YOUCAT # 14, 15 & 16	YOUCAT # 291, 295 & 297	YOUCAT # 338 & 339				
Gospel	Mtw 26: 34-74 Peter's Denial	Multiple Passages from Bible	Mtw 13:24-30 and Lk 15	Luke 12:6-8, 22-34 Providence				
Saint & Stories	Blessed Pier Giorgio Frassati	St. Augustine of Hippo CH only: Maria Cristina Savoy	St. Dominic Savio	Cardinal Nguyen Van Thuan CH only: Pierini Morsini				
Week 5	Do we all need Friends?	What was Christ like?	How long will the world last?	What is expected of me?				
	YOUCAT # 86 & 122	YOUCAT # 60 & 79	YOUCAT #156, 157 & 164	YOUCAT # 288 & 342				
Gospel	Jn 15:12-17 No Greater Love	Mk 6:34-44 Loaves and Fishes	Mtw 24:31-46; 25:35 Judge	Jn 21:15-19 Feed My Sheep				
Saint & Stories	Fr Emil Kapaun	St Anthony of Padua CH only: St Therese of Lisieux	St. Paul of Tarsus	St John the Apostle Zach Hunter				
Week 6	How should I treat my friends?	What is Mary's place in my life?	Why does evil exist if God is good?	How can I look at people for who they are?				
	YOUCAT # 321 & 402	YOUCAT # 82, 84 & 479	YOUCAT # 51	YOUCAT # 61 & 330				
Gospel	Luke 10:24 Good Samaritan	Jn 2: 1-11 Wedding at Cana	Mtw 26: 36 Agony in Garden	Lk 2:1-20 Nativity				
Saint & Stories	St Maximilian Kolbe CH only: Haiti Experience	Story of Lepanto	St. Michael the Archangel CH only: Olivia Bennett	Blessed Mother Theresa 30 cents				
Week 7	Who do I want to be in 10 years	How do I talk to God?	Why does the Church exist?	Do I have to be nice to everyone?				
	YOUCAT # 299 & 300	YOUCAT # 477, 478 & 499	YOUCAT # 279 & 343	YOUCAT # 309				
Gospel	Mk 10:17-30 Young Rich Man	Jn 17: 1-26 Jesus' Prayer	Acts 2:1-13 Pentecost	Lk 5:12-26 The Leper				
Saint & Stories	St Teresa Avila	St John Vianney	St. Philomena CH only: St Catherine of Siena	St Damien the Leper				
8	Apostolic Project	Apostolic Project	Apostolic Project	Apostolic Project				
Gospel Saint	Mark 12:41-43 Widows Mite Mother Teresa	Luke 2:1-24 Birth of Jesus St Nick	Mtw 14:18-20 Loaves & Fish St Vincent	: Lk 24:13-16 Challenge: Mk 6:7-13 Missionaries				

YEAR 1 7TH & 8TH GRADE CURRICULUM CHART



DYNAMIC ACTIVITIES AND GAMES ARE NOT LISTED IN CHART BUT THE CURRICULUM INCLUDES 1-3 ACTIVITIES EACH WEEK.

	BOOK 1	BOOK 2	BOOK 3	BOOK 4				
	 MOMMY MISSIONS	 CLOTHE THE NAKED	 SOUP FOR THE SOUL	 BLOCK OF TOYS	 LITTLE ACTS BIG LOVE	 COOKIN' FOR THE PADRES	 FR's DAY DINNER	 BIG AND BOLD
Week 1	Can I make a difference?	How do I know what is right and wrong?	Why am I Catholic?	How can I have a friendship with God?				
	YOUCAT #241	YOUCAT #295	YOUCAT #121	YOUCAT #3				
Gospel Saint & Stories	Mk 16:15-20 Go Out to the World Alex & Brett Harris Blessed Pino Puglisi	Lk 15:11-31 The Prodigal Son Matt Talbot Nicola DiNofrio	Mtw 16:16-23 On this Rock Blessed Miguel Pro	Mtw 5: 1-12 The Beatitudes St Aloysius Gonzaga Faustino Perez				
Week 2	Can I help people get to heaven?	Do the movies and tv I watch affect me?	What place does Mary have in my life ?	How can I get to know Jesus?				
	YOUCAT #354	YOUCAT #300	YOUCAT #85	YOUCAT #498 &499				
Gospel Saint & Stories	Jn 4: 6-30 Samaritan Woman St Isaac Jogues	Mtw 10:16-20 Sheep & Wolves Fulton J Sheen	Jn 2:1-12 Wedding at Cana St Dominic Blessed Francesca de Paula	Mtw 14:22-33 Walking on Water St Philomena				
Week 3	Can I help people get closer to God?	Who can I look up to?	Why are the sacraments important?	What was Jesus like?				
	YOUCAT #11	YOUCAT #60 & 497	YOUCAT #173	YOUCAT #79				
Gospel Saint & Stories	1 Cor 12:12-26 Body of Christ St John Paul II CH only: Elizabeth Leseur	Jn 10: 1-16 The Good Shepherd Rafeal Baron/ George Williams CH only: Bethany Hamilton	Jn 6: 51-59 The Bread of Life St Tarcicius Miracle of Lanciano	Jn 11: 32-44 Lazarus St Kizito St Elizabeth Ann Seton				
Week 4	Do my actions effect other people's lives?	Why is it wrong to criticize people?	How important are the commandments?	How do I get closer to Mary?				
	YOUCAT #309	YOUCAT #452	YOUCAT #349	YOUCAT #148				
Gospel Saint & Stories	Mtw 14:13 -21 Return of the 12 St Vincent de Paul Cameron Peters	Mtw 12:33-36 Tree and Fruits St Andre Besette 30 cents	Mtw 22:37-40 Great Command St Paul Miki Edward Focherini	Luke 1: 26-38 Annunciation St Bernadette CH only: St Alphonsine				
Week 5	How do I make the most out my life?	Why do I always have to tell the truth?	What do lent and advent mean?	Does God think about me?				
	YOUCAT #49	YOUCAT #453	YOUCAT #167	YOUCAT #49				
Gospel Saint & Stories	Lk 14: 28-33 Building the Tower St John Bosco St Joseph	Luke 12:1-4 Pharisees St Thomas More Brittany Mc Comb	Lk 4: 1-13 Jesus' Temptations St John Neumann Jose Gabriel Brochero	Lk 12:22-34 Dependence on God Fr Flannagan CH only: Gianna Jessen				
Week 6	What does God want me to do in this life?	Why is friendship complicated?	What do I need to know about being Catholic?	What will my future be like?				
	YOUCAT #1	YOUCAT #402	YOUCAT #12	YOUCAT #281				
Gospel Saint & Stories	Luke 2:26 -38 Annunciation Jerzy Cielieski / Austin Gutwein CH only: Dorothy Day	John 15:11-17 No Greater Love St Ignatius of Loyola	Mtw 10:1-15 Mission of the 12 Bl John H Newman/ St John 23 CH only: Rachele Ambrosino	Luke 12:16-21 Store In Heaven Jose Luis Sanchez/ Car Story CH only: St Edith Stein				
Week 7	Why should I be kind to people?	What are human affections?	How do I act according to what I believe?	Do I have to obey?				
	YOUCAT #299	YOUCAT #293 and 294	YOUCAT #22	YOUCAT #326 and 371				
Gospel Saint & Stories	Lk 5:12-26 The Leper & Paralytic St Dominic Savio Blessed Mario Vergaro	Jn 20: 11-18 Magdalen at Tomb St Gianna Molla	Mark 8: 34-38 Following Jesus St Raphael Guizar Valencia	John 21:1-12 Catch of Fish St Francis Javier				
8	Apostolic Project	Apostolic Project	Apostolic Project	Apostolic Project				
Gospel Saint	Con'quest: Mtw 25:39-41 Challenge: Luke 18:15 Andrea Bocelli	Con'quest: Mtw 18:3 Challenge:Jn 20:19-23 St John Vianney	Lk 19:1-10 Challenge: Luke 4: 38-40 Blessed Mother Teresa	Con'quest: Lk 18:15-17 Challenge: Luke 10: 38-42 Martha and Mary				

YEAR 1 HIGH SCHOOL "DIG DEEP"

SERIES CURRICULUM CHART



The Challenge and Conquest High School Series has a few things that make it different from the middle school series. The Year One Curriculum for High School is called the DIG DEEP series. It is about laying deep foundations and each week is an opportunity to dig down and find the answer to one of these questions. There is a weekly discussion guide that can be printed each week.



BOOK 1

BOOK 2

BOOK 3

BOOK 4

	 DREAMS COME TRUE	 SAVE THE DATE	 REEL TO REAL	 UNCLE SCROOGE'S CHRISTMAS	 HOSPITAL HELPERS	 MOVIE NITE DONE RIGHT	 WALK WITH CHRIST	 HOT DOGS FOR HOMELESS
Week 1	What does God do?	Why did God make me the way I am?	How do I know what is right and wrong?	Why do we need to go to Mass?				
Gospel	YOUCAT # 9, 44, 48	YOUCAT # 59 & 280	YOUCAT #291, 292, 295 & 333	YOUCAT #217 to 221				
Saint & Stories	Mw19:25-30 Nothing Impossible Mother Teresa Story Blessed Gabriele Allegra	Luke 9:46-56 Disciples Damien of Molokai / Nick Vujicic CH only: Julie Carrier	Mtw 26:33-75 Peter's Denial Miroslav Bulesic Lila Rose	Luke 22:7-20 Last Supper Cardinal Van Thuan				
Week 2	Does God think of me?	Who am I and who do I want to be?	Do I need to be honest all the time?	Why do we Follow the Pope?				
Gospel	YOUCAT # 2, 33, 338 & 339	YOUCAT #281, 293 & 294	YOUCAT #454, 455, 456 & 457	YOUCAT #141, 143 & 344				
Saint & Stories	Jn 14:23-29 Do not be afraid Fr Walter Cizek Charlie Simpson	Lk 18:9-14 Pharisee & Publican Blessed Pier Giorgio CH only: Rebeca Nadal	Jn 6:51-59 Bread of Life Rosario Livatino St Elizabeth Ann Seton	Mtw 16:13-20 Upon this Rock Six Popes: Leo, Gregory, Leo 13, Paul 6, John 23, Pius 9th				
Week 3	Who can I trust in life?	How do I make myself a better person?	Why can't I do whatever I want?	Why do we need to go to confession?				
Gospel	YOUCAT #21, 308 & 478	YOUCAT # 282, 283 & 300	YOUCAT # 45, 286, 287 & 290	YOUCAT #224, 226, 234, 239, 313				
Saint & Stories	Mtw 14:22-33 Walking on Water Father Flanagan/ St Anthony Padua	Mtw 13:1-9 Parable of the Sower Jack Skowronnek CH only: Kelsey, Abby Enck	Luke 15:11-32 Prodigal Son St Maria Goretti Bible and Car Story	Jn 20:19-23 Forgiveness of Sins St Padre Pio St Francis Xavier				
Week 4	What was Jesus like?	How do I know what I should do in life?	How can I be strong when things are hard?	What place should Mary have in my life?				
Gospel	YOUCAT # 79, 91 & 241	YOUCAT # 49, 50 & 342	YOUCAT #102, 476 & 510	YOUCAT # 85, 148 & 479				
Saint & Stories	John 1:29-42 Lamb of God Helen Cadbury Blessed Francesco Spoto	Mk 10:17-25 Rich Young Man Serafina Noeme Cinque Zach Hunter	Mtw 26:36-46 Agony in Garden Anton Durcovic Kendall Ciesmer	John 19:25-30 Mary at Cross St John Vianney Frank Duff				
Week 5	How do I make time to pray every day?	Why do I care what people think about me?	Can I really help other people get to heaven?	Why do people dislike the Catholic Church?				
Gospel	YOUCAT # 469, 470 & 498	YOUCAT # 321 & 347	YOUCAT #52, 160, 309 & 487	YOUCAT # 5, 13 & 121				
Saint & Stories	Mtw 6:5-15 How to Pray Giuseppe Lazzati Clarita Segura	Luke 24:13 Road to Emmaus Blessed Chiara Bandano Fr Clement Staub	Luke 5:15-26 Paralytic Elizabeth Leseur St Richard Pampuri	Mk 13:9-13 Coming Persecution Bishop Francis Ford Blessed Miguel Pro				
6	Apostolic Project	Apostolic Project	Apostolic Project	Apostolic Project				
Gospel Saint	Conquest: Luke 9:9-11 Jesus & Apostles Challenge: Birth of Christ	Conquest: Luke 10:29 Good Samaritan Challenge: Mtw 5:38-42 Widow's Might Movie	Conquest: Mark 4:1-10 Parable Sower Challenge: Our Father Randy Wilson Purity Ball	Conquest: Luke 9: 23-27 Conditions of Discipleship Challenge: Simon of Cirene Holy Week Testimony				

To be
Updated for
2017-18!

YEAR 2 5TH & 6TH GRADE

CURRICULUM CHART

DYNAMIC ACTIVITIES AND GAMES ARE NOT LISTED IN CHART BUT THE CURRICULUM INCLUDES 1-3 ACTIVITIES EACH WEEK.

	Book 1  Blessing Bags	Book 2  Christmas Cookie Caroling	Book 3  Warm Wishers	Book 4  Charity Challenge
	 Trick or Treat	 Keep Christ in Christmas	 Sock Stuff	 Bike For Collars
Week 1	Am I a good person? Why did God make me?	Is it true that everyone needs a family?	How can I be friends with God if I can't see him?	What do we believe as Catholics?
YOUCAT	YOUCAT # 280 & 291	YOUCAT #373	YOUCAT #21, 22, 478	YOUCAT #25
Gospel	Lk 19:1-10 Zaccheus	Lk 2: 41 - 52 Jesus in Temple	Jn 14:7-14 Show us Father	Mw 5:33-35, 38-40, 43-45 Sermon on the Mount
Saints & Stories	St Rose of Lima St Louis King of France	St James St Monica	Blessed Jose Luis Sanchez Atilio Giordani	St Thomas Aquinas Mother Therese of Jesus
Week 2	Why don't other people understand me?	Who can I trust?	Why do I need to go to confession?	What is heaven like? Are saints real?
YOUCAT	YOUCAT #86	YOUCAT #40 & 488	YOUCAT #316	YOUCAT # 52 & 342
Gospel	Lk 22:54-62 Peter's Denial	Lk 10:1-12, 17-20 Sending Out	Jn 20:19-23 Appearance to Apostles	Mw 13:33-44 Sower
Saints & Stories	St. Colette of Corbie Simon Scrugli	Blessed Francis Keyes & Friends	St Charles Borromeo Elia Comini	Blessed Josefa Naval St Brendan
Week 3	How do I know my convictions and values?	Can people trust and count on me?	Why and how do I pray the rosary?	Does hell exist? Who goes there?
YOUCAT	YOUCAT #351	YOUCAT #455	YOUCAT #148	YOUCAT #161
Gospel	Mw 7:15-20 The Fruit Tree	Mw 14:22-33 Peter Walks on Water	Joyful Mystery of the Rosary	Mw 18:1-9 Kingdom of Heaven
Saints & Stories	Manuel Aparicio Navarro Blessed Rupert Mayer	St Christopher St Jose of Arimathea	St Anne Fr Patrick Peyton	Blessed Stephen Sandor Fr Alfred Delp
Week 4	What values & virtues should I live by?	How do I know the future will be good?	How do I do adoration & reflect on the gospel?	How do I know God loves me?
YOUCAT	YOUCAT #299	YOUCAT #49	YOUCAT #485 & 491	YOUCAT #7 & 9
Gospel	Mw 16:24-26 Take up your Cross	Jn 21: 1-14 Miraculous Catch	Jn 20: 24-31 Doubting Thomas	Jn 3:16 -18 God's love
Saints & Stories	Blessed Ivan Merz Marie-Rosalie Cadron-Jetté	St Rita of Cascia St Mary McKillop	Fulton J Sheen & stories of adoration	Dorothea Choptea Blessed Carlo Gnocchi
Week 5	How do I stop caring about what other people think?	How can I learn to accept people as they are?	Why do I need to go to mass?	How do we know the Catholic Church is the true Church?
YOUCAT	YOUCAT #468	YOUCAT #59	YOUCAT #208	YOUCAT #307
Gospel	Mw 6:1 Righteous Deeds	Mw 5:37-42 New Law	Lk 24:13-35 Road to Emmaus	Mw 16: 15 -20 Peter's Profession
Saints & Stories	Blessed Alberto Maravelli St Andrew	St Helena St Blaise	Blessed Oscar Romero St Julianna	Mary Aloysia Hardey St Andrew Kim
Week 6	What makes people famous? Why do I admire them?	Can I affect the world around me?	Why is it important to receive communion?	Why is it wrong to say you are Catholic and act another way?
YOUCAT	YOUCAT #60 & 355	YOUCAT #241	YOUCAT #212	YOUCAT #454
Gospel	Mw 6:2-6 Pharisees	Lk. 10: 29-37 Good Samaritan	Jn 6:22-69 Bread of Life	Jn 8: 31-32 Truth will set you free
Saints & Stories	Fr Terence James Cooke Benedetta Bianchi Porro	St Alberto Hurtado St Katherine Drexel	St Toribio Romo González St Jose Robles	Mary Magdalen Bentivoglio Blessed Enrico Saiz and Co
Week 7	Can I help people today?	Why do people suffer? Can I help?	What is the liturgical season? Advent? Lent?	How do you know what to be when you grow up?
YOUCAT	YOUCAT #309	YOUCAT #51 & 66	YOUCAT #101 & 104	YOUCAT #279 & 352
Gospel	Jn 13:31-35 Great Command	Jn 9:1-41 Blind Man	Lk 19: 11 - 26 Parable of Talents	Jn 1:35-43 John the Baptist
Saints & Stories	St Martin de Porres Blessed Antonio Maria Schwartz	Bl Artemide Zatti St Marianne Cope	St Vincent Ferrar St. Josephine Bakhita	Nelson Baker Mother Maria Kaupas
Week 8	Apostolic Project	Apostolic Project	Apostolic Project	Apostolic Project
Gospel	CQ: Mk 6:34-44 Loaves & Fish	Lk 2:1-18 Nativity	CQ: Lk 22:31-32 Pray for others	CQ: Mw16: 24-26 Take up your cross
& Saint	CH: Lk 3:11 Two Tunics CH: St Elizabeth of Portugal	CH: St Cecilia	Mw 5:13-16 Salt of the Earth CH: St Maximilian Kolbe	CH: Mw 5:41-42 Extra Mile CH: St George

To be updated
for
2017-18
School Year!

YEAR 2 7TH & 8TH GRADE CURRICULUM CHART

DYNAMIC ACTIVITIES AND GAMES ARE NOT LISTED IN CHART BUT THE CURRICULUM INCLUDES 1-3 ACTIVITIES EACH WEEK.

	Book 1	Book 2	Book 3	Book 4
	 The Pie Project	 Pilgrim Queen	 Rally Round the Wreath	 Giving Tree
	 Daddy Daughter Day	 Holy Week Missions	 Grow Goodness	 Garage Sale
Week 1	What is good about me?	Do I have to be nice to everyone?	How can we know what God is like?	What do we believe as Catholics?
YOUCAT	YOUCAT #280	YOUCAT #330	YOUCAT #71	YOUCAT #27
Gospel	Mk 10:17-31 Young Rich Man	Lk 7:36-50 Pharisee and Sinner Woman	Jn 6:16-21 Storm at Sea	Lk 5:1-10 First apostles
Saints & Stories	St Philip de Jesus Blessed Dina Belanger	St Maria Goretti St Virginia Bracelli	Henri de Lubac Catherine Doherty	St Gregory the Great Euphrasie Hinkle
Week 2	Why don't people understand me?	Do I need my family & do they need me?	If God loves me why don't I get everything I want?	Why does the Church exist? What is its purpose?
YOUCAT	YOUCAT #96	YOUCAT #369, 371 & 372	YOUCAT #338 & 339	YOUCAT #122 & 123
Gospel	Jn 5: 1-18 Cure on the Sabbath Blessed Nicklaus Gross Rolando Rivo	Lk 2:41-52 Finding in the Temple Bl.Louis and Zeline Martin Gwen Coniker	Mw 7:7-11 Knocks on Door St Theodore Guerin Blessed Guiseppe Girotti	Mk 2:1-12 Healing Paralytic Blessed James Alberione St Francis de Sales
Week 3	Why am I here in this world? What is my mission?	How should I treat my friends?	Is God fair? Does he love me no matter what I do?	What does the Pope do?
YOUCAT	YOUCAT #1	YOUCAT #24	YOUCAT #33 & 314	YOUCAT #141 & 143
Gospel	Mw 22:34-40 Greatest Command	Jn 10:1-18 Good Shepherd	Mw 27:27-31 Crown of Thorns	Jn 13:1-16 Washing of Feet
Saints & Stories	St Justin Martyr St Laura of Catherine Siena	Fr Joseph T. O'Callahan Silvio Dissegna	Charles de Foucauld Blessed Caterina Cittadini	St John XXIII St Pius X
Week 4	What does it mean to be a Christian?	How do I make good friends I can count on?	Why is it important to get to know Jesus? How do I do that?	How should a Catholic believe in Mary?
YOUCAT	YOUCAT #344	YOUCAT #120	YOUCAT #60 & 110	YOUCAT #147
Gospel	Lk 6:20-31 Beatitudes	Sirach 6:5-17	Jn 15:1-5 Vine and Branches	Mw 12: 46-50 Mothers & Brothers
Saints & Stories	Fr Thomas Fredrick Price Therese Margaret of Sacred Heart	St Ciella Barberi Blessed Peter Faber	Anthony Kowalcysk St Maria Chiara	St Bernard St Catherine Labouré
Week 5	Why do I feel like I bother adults?	Does real love exist? Why are people selfish?	Why is it hard to pray?	Why do people go to adoration?
YOUCAT	YOUCAT #375	YOUCAT #402	YOUCAT #20 & 470	YOUCAT #353 ad 485
Gospel	Mw 22:17-22 Give to Caesar	Jn 19:16-30 Crucifixion	Mw 6:5-15 Prayer Tips	Lk 17:11-19 Ten Lepers
Saints & Stories	St Stanislaus Kotska Blessed Laura Vicuna	Blessed Catherine Troiani Fr Aloysius Schmitt	St Gemma Galgani St Jaime Barbal	St Gerard Majella St Candida de Jesus
Week 6	Why did God make me this way? Am I normal?	Can I really affect people around me?	Why is it hard to go to confession?	Why are priests important in the church?
YOUCAT	YOUCAT #361	YOUCAT #347	YOUCAT #234	YOUCAT #254
Gospel	Lk 18:9-14 2 Types of Prayer	Jn 1: 43-51 Phillip's Calling	Lk 15:11-32 Prodigal Son	Lk 22:14-20 Eucharist
Saints & Stories	St. Benedict Joseph Labre Blessed Julia Salzano	St Aloysius Schwartz Irene Stefani	St Rapphael Kalinowski St Philip Neri	Bishop James Walsh Pedro Asua Mendia
Week 7	Is it wrong to want people to like me? Where do I fit in?	Why does suffering exist?	Why is mass and communion important?	Should I worry about the end of the world? Are heaven and hell real?
YOUCAT	YOUCAT #281 & 468	YOUCAT #102	YOUCAT # 220 & 221	YOUCAT #111 & 308
Gospel	Mk 14:12-17 Prep for Last Supper	Jn 11:1-44 Lazarus	Jn 20:24-29 Thomas	Mw 6:25-34 Lilies of the field
Saints & Stories	St John Berchmans Titus Zeman	Paula Fuad Blessed Karl Liesner	Blessed Jerzy Popelusko Práxedes García	Miriam Teresa Demjanovich St Jude
Week 8	Apostolic Project	Apostolic Project	Apostolic Project	Apostolic Project
Gospel & Saint	CQ: Mw 10:18-20 Before courts CH: Mw 18:10 Little ones CH: Glass water Story	Lk 9:10-12 Jesus with Apostles CH: Drummer Boy	CQ: Jn 20:22-23 Sins forgiven CH: Mw 6:5-15 Our Father St Joachim	CQ: Mk 9:41 Glass of Water CH: Mw 13:33-44 Sower CQ: Brian Bisgrove CH: St Isadore

To be
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YEAR 2 HIGH SCHOOL YOUCAT SERIES CURRICULUM CHART

The Year Two High School Curriculum is an in-depth study of the YOUCAT with study sheets and fun, relevant games and activities for each week. It is now updated to be 8 weeks long.

	Book 1  Hot Dogs for the Homeless  Cardboard City	Book 2  Links of Lights  Real Christmas	Book 3  ProLife Patrol  Living Stations	Book 4  Mom & Me Tea  Int'l Courage
Week 1	Why do we believe and seek God?	Why do we have a creed & believe certain things?	How should I pray and why is it hard?	Why did Jesus die on the cross & rise from the dead?
YOUCAT	YOUCAT #1-6, 342, 352-354	YOUCAT #26-29, 172, 360	YOUCAT #493-494, 497, 499-510	YOUCAT #96-109, 277
Gospel	Jn 1:35-43 What do you seek?	Jn 3:1-21 Nicodemus	Mw 6:5-15 Our Father	Lk 23: 26-43 Crucifixion Lk 24:1-12 Resurrection
Saints & Stories	St John Eudes Frank Parater	St Michael of Ecuador Bl Jakob Capp	St Madeline Sophie Barat Carlos Acutis	St Veronica Blessed Teresa Bracco
Week 2	How is God a part of our lives?	What do we believe about God? How is God the Trinity?	Why do we sin?	What does the Holy Spirit do? Why is confirmation important?
YOUCAT	YOUCAT #7-10, 194-200, 361	YOUCAT #30-39, 165, 454	YOUCAT #67-69, 150-151, 264, 315-320, 389	YOUCAT #113-120, 203-207, 310-311, 496
Gospel	Lk 5:1-10 Jesus in Peter's Boat	Jn 14:15-21 Advocate	Jn 21:15 -23 Peter do you love me?	Acts 2:1-13 Pentecost
Saints & Stories	Alphonse Gallegos Mathias Barrett	Bartolome Marquez St Francis Cabrini	St John Vianney St Rita	St Marguerite d'Youville Megan Ternus
Week 3	How do we know what to believe?	Did God really make everything?	What should I know about Jesus?	Why does God want us to be part of a Church?
YOUCAT	YOUCAT #11-13, 23-25	YOUCAT #40-48, 51, 56-57	YOUCAT #72-79, 110, 208-213, 216, 474-477	YOUCAT #121-145, 217, 242, 249-259, #343-346, 492
Gospel	Jn 6: 22-69 To whom shall we go?	Genesis 1:1-31	Mk 10:17-31 Young Rich Man	Mw 16:15- 20 Peter the Rock
Saints & Stories	Dorothy Day St Brigid of Ireland	Federic Baraga Luigi Scrosoppi	St Bartholomew Mary Virginia Merrick	Celestina Bottego Blessed Vladimir Ghiko
Week 4	Is the bible true?	How does God guide my life?	What should I know about Mary?	How should a catholic live? How do I know right from wrong?
YOUCAT	YOUCAT #14-19, 71, 491	YOUCAT #49-50, 260, 286-290, 295, 297, 305-306, 308-309	YOUCAT #80-85, 147-149, 479-481	YOUCAT #291-292, 321, 330-331, 347, 371-372, 374-377, 393-399, 419, 434, 436-441, 445-448, 455-457, 459-461
Gospel	Jn 21:24-25 John's Witness	Mw 6: 25-34 Lilies of the field	Lk 1: 26-45 Annunciation	Mw 5:43-48 Love your enemies
Saints & Stories	Alfredo Alemeo Blessed Guiseppe Girotti	St Francis Solanus Montse Grases	St Antonio of Saint Anne John Hardon	Julia Greely Blessed Guiseppe Tovini
Week 5	What does it mean to have faith in God?	When will the world end?	What did Jesus do when he was on earth?	What do the first 3 commandments have to do with my life?
YOUCAT	YOUCAT #20-22, 307, 337, 341, 373	YOUCAT #110-112, 152-157, 163-164, 278, 393-394	YOUCAT #60, 86-95, 336	YOUCAT #187, 348-351, 355-359, 362-366
Gospel	Lk 7:1-10 Centurion's Servant	Mw 24:36- 51 End of times	Lk 4:31-44 Jesus cures various	Lk 6: 46- 49 My commandments
Saints & Stories	St Gaetano Catanoso St Angela of the Cross	Ruth Pakaluk St Stephen	Blessed Francis Xavier Seelos Vincent McAuley	Blessed Elizabetha Canoli Mora Margeaux Graham
Week 6	What should I know about prayer?	What should I know about heaven, hell, & purgatory?	Why is the Our Father an important prayer?	What do the rest of the ten commandments have to do with me?
YOUCAT	YOUCAT # 468- 472, 475, 482-490, 495, 498	YOUCAT #52-55, 158- 162, 223, 285	YOUCAT # 511- 527	YOUCAT # 367-370, 378-385, 387-388, 402, 405, 416, 426, 452-453, 463, 465-467
Gospel	Lk 24:13-35 Road to Emmaus	Mw 25:1-13 Ten Virgins	Lk 11: 1-13 Jesus teaches to pray	Mw 5:1- 12 Beatitudes
Saints & Stories	Alphonse Rodriguez Mother Teresa Prayer	Stanislaw Wlodek Alois Andritzki	Blessed Therese of Jesus Elisabetta Sanna	Stephen Kaszap Bernhard Lehner
Week 7	Why did God make us the way we are?	Why are the sacraments important to Catholics?	Why is going to confession important?	Why is mercy important to our Catholic Faith?
YOUCAT	YOUCAT #58-59, 61-63, 280-281, 293-294, 299-300, 333-334	YOUCAT #172-177, 218-221, 279	YOUCAT #224-239, 312, 313, 458	YOUCAT #9, 70, 214, 282-283, 314, 338-340
Gospel	Lk 1: 46-55 Magnificat	Jn 6:30-35 Bread from Heaven	Jn 20:23 Who's sins you forgive	Lk 10: 25-37 Good Samaritan
Saints & Stories	Guiseppe Moscati Edel Quinn	Girelli Sisters Jozef Cyrek	Jozef Kowalski Maria Orsola Bussone	St Faustina St John Paul II
Week 8	Apostolic Project	Apostolic Project	Apostolic Project	Apostolic Project
Gospel & Saint	Mw 5: 40-42 Two miles & cloaks St Benedict Labre	Lk 2:8-12 Nativity St Francis Assisi	Mk 15:37-41 Crucifixion CH: St Gianna Molla CO: Cardinal Van Thauan	Jn 19:25-27 Behold thy mother CH: St Anne CO: Missionary & smiles

EXAMPLE OF THE CHALLENGE TEAM LEADER GUIDEBOOKS

Week 3: WHY AM I HERE IN THIS WORLD? WHAT IS MY MISSION?

Before: Prep & Plan

This section is meant to be a guide to help you prepare this week's meeting & activity for your team.

QUESTION OF THE WEEK: *Why am I here in this world? What is my mission?*

DEEPER NEED WE ARE RESPONDING TO: I need to understand I am important.

CONVICTIONS & DECISIONS TO REACH THIS WEEK: I have a mission in the Church and I am here for a purpose. We want to make this world a better place.

WHAT IS THE ANSWER TO THE QUESTION?

Each one of us is here in the world to love God and other people. God created you and placed you in this world in a specific family, city, school, parish, so that you could make a difference in the lives of people around you. Sometimes we want to fast forward to the future and see how our lives will affect other people and the world. But we need to start today in the little things, loving and helping the people who cross our path every day. Change lives and love today because then you will change lives and love tomorrow.

MAIN IDEAS:



These ideas will help you answer this week's question. Highlight the main ideas that jump out at you so that you can have them clear in your mind.

You are a child of God. "God created us out of free and unselfish love" (YOUCAT #2) of the surplus of his generous love. You know how much care parents have for a new baby. God cares for you more than that because you are his beloved child. Nothing can take God's love away. God's love makes us who we are.

You are on earth to love both God and others. Once we receive God's love, we need to respond by loving him and loving everyone else he put here to help us. Jesus sums this up in the two great commandments to love God and love others as yourself.

Love is not something abstract. We love people and God in the little everyday things of our life. We sometimes wonder why God made us the way we are and put us here on the earth. We want to know if we can make a difference in the world. The answer is always – we can change the world and lives of the people around us everyday by loving them. When larger opportunities come up in our lives we will know how to respond with love too.

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Week 3: WHY AM I HERE IN THIS WORLD? WHAT IS MY MISSION?

4 Connect → To Christ: Gospel Reflection



Remember – the gospel reflection is a moment to help the girls understand how Jesus responded to this week's question with his life or his words in the gospel. Choose one of the girls to read the passage.

GOSPEL READING Greatest Commandment Matthew 22:24-30

When the Pharisees heard that he had silenced the Sadducees, they gathered together, and one of them a scholar of the law tested him by asking, "Teacher, which commandment in the law is the greatest?" He said to him, "You shall love the Lord your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments."

GOSPEL INSIGHTS

Explain the gospel passage to your team so that they can better understand the life of Jesus

Maybe sometimes we think that everyone treated Jesus nicely and listened to what he had to say. That was not the case. In this passage the Pharisees and Sadducees were arguing (they did not agree on everything just like Republicans and Democrats) and they were trying to get Jesus to choose sides. He did not so they brought a scholar of the law – otherwise known as a lawyer – and had him ask Jesus about which law was most important. This is a tricky question because there were 10 commandments and they were all important in one way or another. The Pharisees knew that there was really no correct answer to this question. Jesus knew they were trying to trap him or confuse him. So in this passage Jesus realizes that and did not try to pick one of the ten commandments. Instead he summarized all of the commandments in two simple new commandments – love the Lord your God with all your heart, soul and mind and love your neighbor as yourself. In fact the Catechism of the Catholic Church and the YouCAT explain the commandments in these two categories. (Try to put all the commandments into these two categories with your team. For example, You shall not kill falls under the second commandment.) So in this passage Jesus realizes that this man is asking him – what is the most important thing I need to do in this life? Why are we here? What is our purpose? Jesus' answer gives us the key to our mission here on this earth: loving God and loving other people. Everything falls into those categories.

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Week 3: WHY AM I HERE IN THIS WORLD? WHAT IS MY MISSION?

1 Team Time

What is the plan this week for the beginning of the meeting? A game? Fun idea for snack? Special occasion? Icebreaker?

2 Getting Started

Start off with a prayer. You can say a Hail Mary, Glory Be or the Holy Spirit Prayer.

Who is there this week?

Let your team know the question of the day: Why am I here in this world? What is my mission?

Let them know what else you have planned for the meeting

3 Experience – Activity:

ACTIVITY 1: BANDAID RELAY



Discussion: This game is for the girls to see that each person is important in affecting the lives of other people. Each person on the team can effect the others. Ask the girls if they remember the story of the Good Samaritan in the Bible. Have them explain what happens to the poor man on the side of the road. Make sure they bring up the following points: (1) He was hurt by someone and left alone. (2) Several people passed him by and did nothing or ignored him. (3) Finally a Samaritan – the enemy of his people – stopped and helped him. (4) The Samaritan went beyond the call of duty to help this man, feeding him and giving him shelter.

Activity: Divide the team into two groups. Provide each team member with one band-aid and one strip of toilet paper (approximately 10 sheets long). The toilet paper represents bandages (real gauze bandages work best, but can be expensive). Each team chooses one "injured man". This team member will go to one end of the room and lay down in the floor. All other team members will remain on the opposite end of the room and will represent the Good Samaritan. The game is played as a relay race. Each team member will take a turn running to the other side of room and placing either their band aid and "bandages" on the injured man and running back to the line and tagging the next team member. After the last team member returns, all team members will run the floor, pick up the injured man and return him to the other side of the room. The first team to get back on the other side of the room wins.

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Week 3: WHY AM I HERE IN THIS WORLD? WHAT IS MY MISSION?

4 Connect → Saints & Stories

St. Laura of Catherine of Siena



Laura Montoya was born in 1874 in Columbia. During the Colombian Civil War, her father was killed, and the family was left in poverty. So, Laura was sent to live with her grandmother. When Laura was 16, to help her family in its financial difficulties and she went to school to become an elementary school teacher. She did not limit herself to educating the students simply in academic knowledge, but she helped to spread Gospel teaching and values.

She also felt called to the religious life, her heart set on God alone, and dreamed of one day becoming a cloistered nun; but at the same time, though she felt growing within her the desire to spread the Gospel to the farthest corners of the earth, to those who had never met Jesus Christ. Laura wanted to work with those who were forgotten because – racial discrimination. In 1914, she founded the Congregation of the Missionary Sisters of Mary Immaculate and St. Catherine of Siena. She left the city with four other young women and went to the rural areas to live among the native Indians.

She was known for her work with Indigenous peoples, and as a strong role model for South American girls. She taught by example "to educate with love" as the only way to teach the Indians, the way which allowed access into their heart and culture to bring them Jesus Christ. She spent her whole life fulfilling that mission. The last nine years of her life were lived in a wheelchair. She died after a prolonged illness in 1949. Today her Missionary Sisters work in 19 countries throughout America, Africa and Europe. She was beatified by Pope John Paul II in 2004 and canonized by Pope Francis in May 2013.

"There's a need for interlop women, valiant and on fire with the love of God, who would be able to unite their lives with those of the poor, to lift them toward God." - St. Laura of Catherine of Siena

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WEEK # 3 1 2 3 4 5 6
53 **CONNECT: GOSPEL REFLECTION**

NEW CONQUEST WEEKLY MEETING GUIDE SHEETS

The Team Leader USB drive and online resource center have weekly meeting guide sheets that you can print and hand out each week to the team members. The Team Leader or the Adult Leader can also email them to the members parents so they can see what their son learned and discussed that week.

CONQUEST WEEKLY ACTIVITY GUIDE

WHY DO I NEED TO GO TO CONFESSION?

YOU #316 **HOW CAN WE DISTINGUISH SERIOUS SINS (MORTAL SINS) FROM LESS SERIOUS (VENIAL) SINS?** Serious sin destroys the divine power of love in a person's heart, without which there can be no eternal beatitude. Hence it is also called mortal sin. Serious sin breaks with God, whereas venial sin only strains the relationship with him. A serious sin cuts a person off from God. One requirement for such a sin is that it be opposed to an important value, for instance, directed against life or God (for example, murder, blasphemy, adultery, and so on) and that it be committed with full knowledge and full consent. Venial sins are opposed to secondary values (honor, truth, property, and so on) or are committed without full knowledge of their seriousness or without full consent of the will. Such sins disrupt the relationship with God but do not sever it.

SAINTS & INSPIRATIONAL STORIES

ST CHARLES BORROMEO
St Charles Borromeo understood the importance of put your faith into practice and living your beliefs. He not only realized the importance of confession in his own life, but he dedicated his efforts to teach others about the faith by opening schools, parishes, and ultimately helping write the catechism.

SERVANT OF GOD FR ELIA COMINI
Fr Elia put his life at risk to offer the sacraments to prisoners and those in danger. He knew the importance confession has in helping people be at peace with God and themselves, especially when their lives were at risk. He heard confessions in the prison when he himself was captive.

GOSPEL ANSWERS
JESUS SAID TO THEM AGAIN, "PEACE BE WITH YOU. AS THE FATHER HAS SENT ME, SO I SEND YOU." AND WHEN HE HAD SAID THIS, HE BREATHED ON THEM AND SAID TO THEM, "RECEIVE THE HOLY SPIRIT. WHOSE SINS YOU FORGIVE ARE FORGIVEN THEM, AND WHOSE SINS YOU RETAIN ARE RETAINED."- JOHN 20: 19-23

ANSWER IN YOUR OWN WORDS:

5TH & 6TH GRADE BOOK 3 WEEK 2

EACH MEETING GUIDE SHEET HAS:

- * The question of the week
- * A few YOUAT numbers that help answer the question
- * A passage from the Gospel that helps answer the question
- * A recap or quote from the saint and stories of the week that help answer the question
- * Some team discussion points to help to discover the answer to the question
- * A place to jot down the answer of the week in your own words.

NEW CHALLENGE WEEKLY MEETING GUIDE SHEETS

Like Conquest, Challenge also has new weekly meeting guide sheets that you can either print and handout during the meeting or email after the meeting to the girls. The 5th 6th & 7th 8th sheets are one page and have a summary of the meeting. The High School Sheets are several pages since they contain the YOUCAT numbers to study for that week.

Challenge Weekly Meeting Guide

YOU CAT #347 WHY IS "NOT PRACTICING WHAT YOU PREACH" SUCH A SERIOUS DEFICIENCY IN A CHRISTIAN? Agreement between one's life and one's witness is the first requirement for proclaiming the Gospel. Not practicing what you profess is therefore hypocrisy, a betrayal of the Christian duty to be "salt of the earth" and "light of the world". Paul was the one who reminded the Church in Corinth: "You show that you are a letter from Christ... written not with ink but with the Spirit of the living God, not on tablets of stone but on tablets of human hearts" (2 Cor 3:3). Christians themselves, not the things they say, are Christ's "letters of recommendation" (2 Cor 3:2) to the world.

SAINTS & INSPIRATIONAL STORIES

BLESSED IRENE STEFANI
Blessed Sister Irene Stefani effected the people in her lives from the time she was young—caring for her brothers and sisters. This helped her to be ready for the larger mission in life in Africa as a missionary nun and nurse. She effected so many people that she was known as the sister of mercy.

FR ALOYSIUS SCHWARTZ
Fr Aloysius Schwartz changed thousands of lives in the Philippines through the schools and orphanages he began. He is living proof that if you put your mind to making an impact in the world, you can truly make a wonderful change in people's lives. He believed and worked hard to offer a home and education to children.

GOSPEL
THE NEXT DAY JESUS DECIDED TO GO TO GALILEE, AND HE FOUND PHILIP, AND JESUS SAID TO HIM, "FOLLOW ME." PHILIP FOUND NATANAEL AND TOLD HIM, "WE HAVE FOUND THE ONE ABOUT WHOM MOSES WROTE IN THE LAW, AND ALSO THE PROPHETS, JESUS, SON OF JOSEPH, FROM NAZARETH." PHILIP SAID TO HIM, "COME AND SEE."
— JOHN 1:43-51

ANSWER IN YOUR OWN WORDS:

7th & 8th Grade BOOK 2 WEEK 6

YOU CAT #148 CAN MARY OF THE CHURCH, experience easily to it. Being the mothers always stand up still on earth she interceded a bride and groom in C Pentecost she prayed in never ceases, we can't important moments of o

SAINTS & INSPIRATIONAL STORIES

ST ANNE
St Anne was Mary's mother and although she was born on earth, we can assume that St Anne guided Mary to become the person Jesus in this world. St Anne reminds us example of how to be a good daughter.

FR PATRICK PEYTON
Fr Patrick Peyton dedicated his whole life to Lady specifically through the rosary. He to Lady support and endorsement. His family gather support and endorsement. His family "The family that prays together, stays together."

GOSPEL
WHEN ELIZABETH HER WORK, AND OUT IN A LOUD VOICE DOES THIS HAPPEN TO COME TO ME? — LUKE 1: 39-45

ANSWER IN YOUR OWN WORDS:

5th & 6th Grade BOOK 3 WEEK 3

YOU CAT #347 WHY IS "NOT PRACTICING WHAT YOU PREACH" SUCH A SERIOUS DEFICIENCY IN A CHRISTIAN? Agreement between one's life and one's witness is the first requirement for proclaiming the Gospel. Not practicing what you profess is therefore hypocrisy, a betrayal of the Christian duty to be "salt of the earth" and "light of the world". Paul was the one who reminded the Church in Corinth: "You show that you are a letter from Christ... written not with ink but with the Spirit of the living God, not on tablets of stone but on tablets of human hearts" (2 Cor 3:3). Christians themselves, not the things they say, are Christ's "letters of recommendation" (2 Cor 3:2) to the world.

SAINTS & INSPIRATIONAL STORIES

BLESSED IRENE STEFANI
Blessed Sister Irene Stefani effected the people in her lives from the time she was young—caring for her brothers and sisters. This helped her to be ready for the larger mission in life in Africa as a missionary nun and nurse. She effected so many people that she was known as the sister of mercy.

FR ALOYSIUS SCHWARTZ
Fr Aloysius Schwartz changed thousands of lives in the Philippines through the schools and orphanages he began. He is living proof that if you put your mind to making an impact in the world, you can truly make a wonderful change in people's lives. He believed and worked hard to offer a home and education to children.

GOSPEL
THE NEXT DAY JESUS DECIDED TO GO TO GALILEE, AND HE FOUND PHILIP, AND JESUS SAID TO HIM, "FOLLOW ME." PHILIP FOUND NATANAEL AND TOLD HIM, "WE HAVE FOUND THE ONE ABOUT WHOM MOSES WROTE IN THE LAW, AND ALSO THE PROPHETS, JESUS, SON OF JOSEPH, FROM NAZARETH." PHILIP SAID TO HIM, "COME AND SEE."
— JOHN 1:43-51

ANSWER IN YOUR OWN WORDS:

High School BOOK 4 WEEK 1

YOU CAT #148 CAN MARY OF THE CHURCH, experience easily to it. Being the mothers always stand up still on earth she interceded a bride and groom in C Pentecost she prayed in never ceases, we can't important moments of o

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GOSPEL
WHEN ELIZABETH HER WORK, AND OUT IN A LOUD VOICE DOES THIS HAPPEN TO COME TO ME? — LUKE 1: 39-45

ANSWER IN YOUR OWN WORDS:

TEAM DISCUSSION
After reading over the YOUCAT numbers on the following pages, how do you think the Youth Catechism answers the question of the week? Were there any words or ideas that you did not fully understand that you would like to understand better?

ANSWER IN YOUR OWN WORDS:

EACH MEETING GUIDE SHEET HAS:

- * The question of the week
- * A few YOUCAT numbers that help answer the question
- * A passage from the Gospel that helps answer the question
- * A recap or quote from the saint and stories of the week
- * Some team discussion points to help to discover the answer to the question
- * A place to jot down the answer of the week in your own words.

WHAT DO WE MEAN BY SERVICE DRIVEN?

In every guidebook there are AGE & GENDER specific service projects that have been successful in Challenge & Conquest groups over the past 10 years.

On the following pages you can see the Challenge & Conquest service projects at a glance for each age level as well as the extra projects. Book 3 in the Adult Leader Series is dedicated specifically to the topic of service in Challenge & Conquest.

CHALLENGE & CONQUEST SERVICE “STYLE”

In Challenge and Conquest, we try to make sure that we do service projects in a certain way, which has proven itself to work for the past 15 years.

#1

IT SHOULD MAKE
A REAL IMPACT
ON SOMEONE'S
LIFE.
NOT BUSY WORK.

#2

THE PROJECT IS
ATTRACTIVE &
THE TEENS
SHOULD KNOW
THEY ARE NEEDED.

#3

IT'S A TEAM
PROJECT. THE
TEENS SHOULD
TAKE IT ON & GIVE
IT THEIR ALL.



APOSTOLIC SERVICE PROJECTS

CONQUEST

In each of the Challenge & Conquest Team Leader Guidebooks you will find several pages at the beginning of the book that are dedicated to explain the project with suggestions of how to plan and organize the team.

YEAR ONE PROJECTS FOR 2016-17

5TH&6TH GRADE



AGENT ANGEL



BETHLEHEM SHOP



CATHOLIC
MOVIE MADNESS



7TH&8TH GRADE



CLOTHE THE
NAKED



BLOCK OF TOYS



COOKING FOR PADRES



SAVE THE DATE



UNCLE SCROOGE'S
CHRISTMAS



MOVIE NIGHT
DONE RIGHT



YEAR TWO PROJECTS

5TH&6TH GRADE



TRICK OR TREAT



KEEP CHRIST IN CHRISTMAS



SOCK STUFF



BIKE FOR COLLARS

7TH&8TH GRADE



PILGRIM QUEEN



GIVING TREE



HOLY WEEK MISSIONS



GARAGE SALE

HIGH SCHOOL



CARDBOARD CITY



REAL CHRISTMAS



LIVING STATIONS



INTERNATIONAL COURAGE

BONUS PROJECTS



FALL ON YOUR KNEES



CONQUERING RETREATS



ENDS OF THE EARTH



SUPERHERO FOR A DAY



INGLES IGLESIA



PARTY ON!



POSADA



NO PAIN NO GAIN



MISSION FAMILY



BREAK A SWEAT



ALL THE WAY



PLANT IT



FEED THE NEED



DEFEND TO THE END



VIRTUE VIDEO



CONFESSION MISSION



TEACH THE WORD



COMMUNION IN CHURCH



EXULTATION CELEBRATION



AGAINST THE GRAIN



APOSTOLIC SERVICE PROJECTS

In each of the Challenge & Conquest Team Leader Guidebooks you will find several pages at the beginning of the book that are dedicated to explain the project with suggestions of how to plan and organize the team.

YEAR ONE PROJECTS for 2016 17

5TH&6TH GRADE

7TH& 8TH GRADE

HIGH SCHOOL



YEAR TWO PROJECTS

5TH & 6TH GRADE



7TH & 8TH GRADE



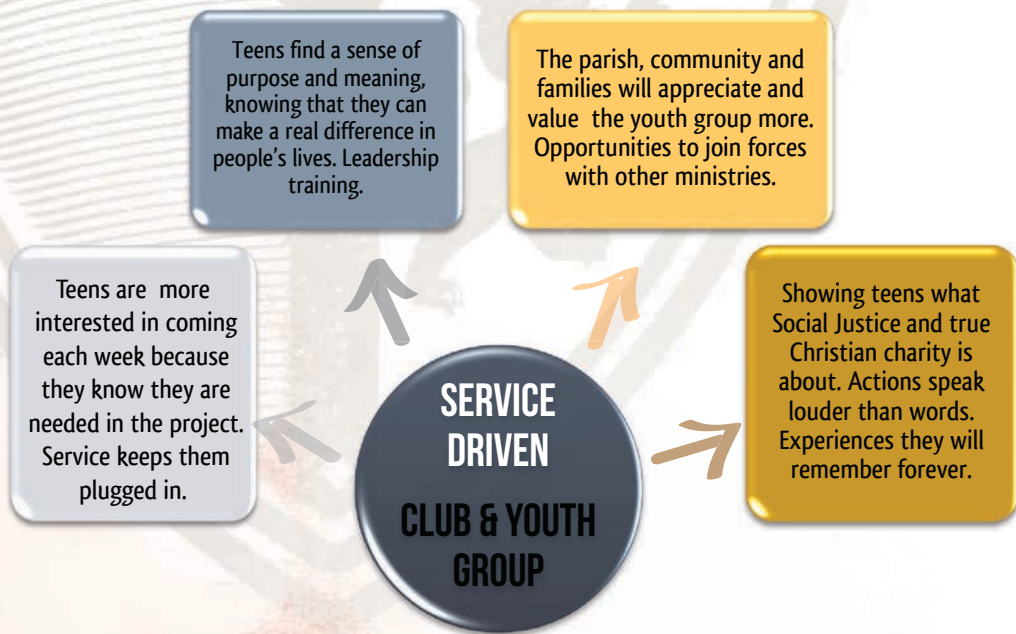
HIGH SCHOOL



BONUS PROJECTS



HOW CAN SERVICE PROJECTS TRANSFORM MY YOUTH GROUP?



STRUCTURED YET FLEXIBLE

Over the course of the year, each team can do 4 to 5 projects.

Each team leader guidebook has a service project in it.

There are also over 30 other project options they can choose from on the online resource center if they want to do something different. It's a structured but flexible program.

WHAT ARE PEOPLE SAYING ABOUT



AND

CONQUEST ?

FORGED IN VIRTUE. CALLED TO SERVE.

“ I think it’s an excellent program. Teens have an opportunity to grow in faith both younger ones who are participants and also the older ones who serve as role models. It gives them wonderful footing for the years ahead as they enter high school and college. It’s shaped them in their personal values, it’s deepened their personal relationship with Christ, and given them a solid foundation of the teachings of the faith. It’s focused on charity and the command to love one’s neighbor - what a great lesson to learn at a young age.” - **MSGR. STUMPF, PASTOR, INDIANAPOLIS**

“ Challenge and Conquest has been an incredible joining of all the pieces of our parish. With the school principal and the director of religious education helping me to communicate, we have been able to take High School youth and implement this program to help them be the effective Catholics in a fun way.” - **MARGARET MERRILL, YOUTH MINISTER, TENNESSEE**

“ Challenge fosters the gift of self at a time in life when they tend to be quite self-absorbed. It’s truly remarkable to see how these girls grow into young women who are formed in their faith.” - **SALLY IVERS, VOLUNTEER, COLORADO**

“It’s a program that helps you understand that it’s not weird to have faith. It’s actually cool and fun, to believe in God.”

- **JEFF SHEPHERD, DAD & VOLUNTEER**

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“DEAR YOUNG FRIENDS, IN A CULTURE OF RELATIVISM AND THE EPHEMERAL, MANY PREACH THE IMPORTANCE OF ‘ENJOYING’ THE MOMENT,” HE CONTINUES. “THEY SAY THAT IT IS NOT WORTH MAKING A LIFE-LONG COMMITMENT, MAKING A DEFINITIVE DECISION, ‘FOR EVER’, BECAUSE WE DO NOT KNOW WHAT TOMORROW WILL BRING. I ASK YOU, INSTEAD, TO BE REVOLUTIONARIES, I ASK YOU TO SWIM AGAINST THE TIDE; YES, I AM ASKING YOU TO REBEL AGAINST THIS CULTURE THAT SEES EVERYTHING AS TEMPORARY AND THAT ULTIMATELY BELIEVES YOU ARE INCAPABLE OF RESPONSIBILITY, THAT BELIEVES YOU ARE INCAPABLE OF TRUE LOVE.”

-POPE FRANCIS

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