



**INSTRUCTIONS:** Print off at least 3 blank cards per team member and the Buddy Body Surfing Cards here.



## SPELLY SOCKS LETTER GUIDE



**Act of Friendship:** I defended my friend when another guy was making fun of him.

**Apply it to Jesus:** When someone questions why I go to Church or makes fun of my faith, stand up for Jesus and explain that I go because of my faith and friendship with God.



**Act of Friendship:** I went to go see the movie my friend wanted to see instead of going to see the movie that I really wanted to see because I wanted to make him happy.

**Apply it to Jesus:** When I am in a situation where I can choose to please Jesus or please myself – like maybe doing something kind for someone else- then choose the act that will please Christ the most.



# CONQUEST

## 7TH & 8TH GRADE ACTIVITY



**Act of Friendship:** I helped my friend with his homework because he was having a hard time.

**Apply it Jesus:** Jesus tells us that he is in the poor and suffering. Going out to help someone in need is like going out to help Jesus.



**Act of Friendship:** My friend called me last night and just wanted to talk for like 2 hours. So I listened and spoke with him. He just need a friend.

**Apply to Jesus:** Prayer and spending time with Jesus in the Eucharist is like talking with a friend. Sometimes it is not a great or heroic act of friendship, but just the time you spend together.



**Act of Friendship:**

**Apply it Jesus:**



# CONQUEST

7TH & 8TH GRADE  
ACTIVITY



Act of Friendship:

Apply it to Jesus:



Act of Friendship:

Apply it to Jesus:



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Act of Friendship:

Apply to Jesus: