

## CONQUEST WEEKLY ACTIVITY GUIDE

## WHAT DO I NEED TO BE HAPPY?



**#281:** Why DO WE YEARN FOR HAPPINESS? God has placed in our hearts such an infinite desire for happiness that nothing can satisfy it but God himself. All earthly fulfillment gives us only a foretaste of eternal happiness.

**#282:** Does Sacred Scripture speak about a way to HAPPINESS? We become happy trusting in Jesus' words. The Gospel is a promise of happiness to all people who wish to walk in God's ways.

## SAINTS & INSPIRATIONAL STORIES

ST. FRANCIS OF ASSIST

St Francis was born of a wealthy family and had everything he wanted, but he was not truly happy. He found in his heart love for the poor, and serving them made him happy. Francis gave up everything to follow God's call and mission to serve the poor, preach penance, love, and peace. He was truly only happy doing the will of God.





"EVERYONE WHO DRINKS THIS WATER WILL BE THIRSTY AGAIN; BUT WHOEVER DRINKS THE WATER I SHALL GIVE WILL NEVER THIRST; THE WATER I SHALL GIVE WILL BECOME IN HIM A SPRING OF WATER WELLING UP TO ETERNAL LIFE."

- JOHN 4: 6-30

## **ANSWER IN YOUR OWN WORDS:**