

CONQUEST



JUNIOR LEADERSHIP PROGRAM CYCLE A CAMPAIGN MANUAL



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CONQUEST

Campaign Cycle A

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CONQUEST

CAMPAIGN 1 LOYALTY

“Good Saint Joseph”

7-STEP WEEKLY MEETING AT A GLANCE

1	SETUP: CHECK-IN AND ARRIVAL TIME	
2	OPENING PRAYER	5 MIN
3	COMPETITIVE SPORTS OR DYNAMIC ACTIVITY:	30 MIN
4	SNACK BREAK: Q&A AND MID-MEETING POINT TALLY	10 MIN
5	FAITH & VIRTUE INSTRUCTION	30 MIN
6	ADULT/YOUTH LEADER TALK	10 MIN
7	CLOSING PRAYER	5 MIN

CONQUEST

Junior Leadership Program Campaign

~LOYALTY~

“Good Saint Joseph”

***Note:** Program leadership should have the Father & Son / Junior Leadership Program Adult Leader Training Guidebook readily accessible during the meetings to assure strict adherence to the program methodology.

Loyalty Campaign Patron Saint – St. Joseph



Everything we know about the husband of Mary and the foster father of Jesus comes from Scripture. We know he was a carpenter, a working man, for the skeptical Nazarenes ask about Jesus, "Is this not the carpenter's son?" (Matthew 13:55). He wasn't rich for when he took Jesus to the Temple he offered the sacrifice of two turtledoves or a pair of pigeons, allowed only for those who could not afford a lamb (Luke 2:24). Despite his humble work and means, Joseph came from a royal lineage.

He was a relative of David, the greatest king of Israel (Matthew 1:1-16 and Luke 3:23-38). Indeed the angel who first tells Joseph about Jesus greets him as "son of David," a royal title used also for Jesus. We know Joseph was a compassionate, caring man. When he discovered Mary was pregnant after they had been betrothed, he knew the child was not his but was as yet unaware that she was carrying the Son of God. He planned to divorce Mary according to the law but he was concerned for her suffering and safety. We know Joseph was man of faith, obedient to whatever God asked of him without knowing the outcome. When the angel came to Joseph in a dream and told him the truth about the child Mary was carrying, Joseph immediately and without question or concern for gossip, took Mary as his wife. When the angel came again to tell him that his family was in danger, he immediately left everything he owned, all his family and friends, and fled to a strange country with his young wife and the baby. He waited in Egypt without question until the angel told him it was safe to go back (Matthew 2:13-23). We know Joseph loved Jesus. When Jesus stayed in the Temple we are told Joseph (along with Mary) searched with great anxiety for three days for him (Luke 2:48). We also know that Joseph treated Jesus as his own son for over and over the people of Nazareth say of Jesus, "Is this not the son of Joseph?" (Luke 4:22) We know Joseph respected God. He followed God's commands in handling the situation with Mary and going to Jerusalem to have Jesus circumcised and Mary purified after Jesus' birth. We are told that he took his family to Jerusalem every year for Passover, something that could not have been easy for a working man. Since Joseph does not appear in Jesus' public life, at his death, or resurrection, many historians believe Joseph probably had died before Jesus entered public ministry. We celebrate two feast days for Joseph: March 19 for Joseph the Husband of Mary and May 1st for Joseph the Worker.



VIDEO: A video “Discovering our Saints - St. Joseph the Worker” can be found on the Adult Leader USB drive.

CONQUEST

WEEK 1 (CAMPAIGN 1)

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- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **LOYALTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Competitive Sports

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. COMPETITIVE SPORTS OR DYNAMIC ACTIVITY

- Competitive Sports or Dynamic Activity (See Appendix II - Ideas) are a vital part of our program. It is within this segment that the boy experiences fun and physical activity in a structured and healthy environment. Reward is given for effort, courage, and team work, as well as, sportsmanship, respect, self-discipline and more.

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

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4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
- Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.
- Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments, liturgical feast days and the like. The snack time should take no longer than 10 minutes.
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5. FAITH AND VIRTUE INSTRUCTION

- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the first Joyful Mystery, the “Incarnation of the Son of God.” Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.
- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

Loyalty Defined

- Faithfulness to God and to others.

Weekly Virtue Focus

- **WEEK 1 – Loyalty – with God**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **loyalty** to say my prayers faithfully every day and grow closer to God.
 - I will use **loyalty** to be faithful to my commitments on my Conquest member card every day.

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- I will use **loyalty** to take an extra minute out of the day and say hello to Jesus before I play.
- I will use **loyalty** to trust in God even when I don't like something that is happening.
- I will use **loyalty** to focus on God in Mass and not be unfaithful by distracting others.
- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Faith and Virtue Instructional Reading

- “Good Saint Joseph” (St. Joseph Picture Book)
 - Read pages 1-16
 - For point distribution, please review the “Formal Instruction in Faith and Virtue Time” section of Chapter 6 in the Program Manual.

Question and Answer Session

Page 2

1. What town was Joseph, the young carpenter, from? **A: Nazareth**
2. Yes or No - Was Joseph loyal to God by loving Him and serving him faithfully? **A: Yes**
3. What was the name of the angel that appeared to Mary? **A: Gabriel**
4. Yes or No - Mary showed loyalty to God by saying “I am the servant of the Lord. Let it be done to me as you say.” **A: Yes**

Page 3

5. Yes or No – Joseph was not loyal to God because he didn't listen to the angel and ended up leaving Mary. **A: No**
6. What name did the angel tell Joseph to give the child? **A: Jesus**

Page 4

7. Yes or No – Joseph became the true husband of the Virgin Mary? **A: Yes**

Page 5

8. Fill in the blank. No one, after God, loved Joseph as much as _____ did. **A: Mary**
9. Fill in the blanks. _____ and _____ are an example of the kind of love husbands and wives should have for each other. **A: Mary, Joseph**

Page 6

10. What Roman Emperor ordered all the people to be counted in the places in which their families had come? **A: Augustus**
11. Fill in the blank. Mary and Joseph, being of the family of _____, left their home in Nazareth and traveled to _____. **A: Bethlehem**

CONQUEST

Page 7

12. Since the town was crowded, where did Joseph take his wife to stay? **A: Stable**
13. Yes or No – Joseph was very sad that he could not find a better place for his wife to rest peacefully. **A: Yes**

Page 8

14. Fill in the blank. Mary and Joseph wrapped baby Jesus in soft clothes and laid him in a _____. **A: Manger**

Page 9

15. Yes or No – Joseph knew this child was the Son of God, the Savior of the World. **A: Yes**
16. Who were tending their sheep in a field near Bethlehem? **A: Shepherds**

Page 10

17. Fill in the blanks. The angels in the field with the shepherds were praising God and saying “_____ to God in high heaven, _____ on earth to those on whom his favor rests”. **A: Glory, Peace**
18. Yes or No – Did the shepherds go to Bethlehem to seek the child Savior? **A: Yes**

Page 11

19. How many days after the birth of the child was the name “Jesus” given to him? **A: Eight**
20. What does the name “Jesus” mean? **A: “Savior”**

Page 12

21. How many days old was Jesus when Mary and Joseph brought him to the temple? **A: Forty**
22. According to Jewish law, the first child born in a family belonged to whom? **A: God**

Page 13

23. What was the name of the pious man from Jerusalem who was told he would not die until he had seen the Messiah? **A: Simeon**
24. Yes or No – When Simeon picked up and held the baby Jesus in the temple; did he know that the child was the Messiah? **A: Yes**
25. Fill in the blank. Simeon said to Mary “This child will bring salvation to many, and you will be pierced with a _____ of suffering”. **A: Sword**
26. Yes or No – Joseph was going to be loyal and stand by Jesus and Mary and any suffering which God wanted them to bear. **A: Yes**

Page 14

27. What were the wise men called who arrived from the east to visit the newborn King? **A: Magi**

Page 15

28. Who was the King of Jerusalem that was fearful of the newborn King? **A: Herod**
29. What did the Magi follow to find the newborn King? **A: Star**
30. Yes or No – Were the Magi loyal in following God’s instructions from their dream? **A: Yes**

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31. In Joseph’s dream, who did the angel say wanted to kill the child Jesus? **A: Herod**

CONQUEST

6. **ADULT AND/OR YOUTH LEADER TALK AND REFLECTION**

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 1**
 - **Sirach 15: 15**
 - “If you choose you can keep the commandments; it is loyalty to do his will.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. **CLOSING PRAYER**

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **LOYALTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
 - A boy should not depart from his squad until his parents arrive.
 - A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.
 -

CONQUEST

WEEK 2 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

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2. OPENING PRAYER

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Code Checks

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CONQUEST

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Loyalty Defined

- Faithfulness to God and to others.

Weekly Virtue Focus

- **WEEK 2 – Loyalty – with my parents**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **loyalty** to trust my parents when they tell me something is bad for me.
 - I will use **loyalty** to always listen faithfully to my parents when they ask me to do my chores.

CONQUEST

- I will use **loyalty** to show my mom how much I love her by giving her an extra hug every day.
- I will use **loyalty** to not complain about my parents to my friends.
- I will use **loyalty** to be nice and polite to my parents at dinner every night.
- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Faith and Virtue Instructional Reading

- “Good Saint Joseph” (St. Joseph Picture Books)
 - Read pages 17-32
 - For point distribution, please review the “Formal Instruction in Faith and Virtue Time” section of Chapter 6 in the Program Manual..

Question and Answer Session

Page 17

1. Fill in the blanks. When King _____ wanted to kill baby Jesus, he was in the loving care of good St. _____. **A: Herod, Joseph**

Page 18

2. Where did the angel of the Lord tell Joseph to take the Child and his mother? **A: Israel**

3. What town did Joseph return home to? **A: Nazareth**

Page 19

4. Yes or No - Was Joseph loyal to Jesus and Mary by working hard as a carpenter to support them? **A: Yes**

5. Who gave Mary and Joseph his grace? **A: Jesus**

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6. What did Mary and Joseph celebrate every year in Jerusalem? **A: Passover**

7. Who did Mary and Joseph think that Jesus was with on their journey back from Jerusalem? **A: Relatives and Friends**

8. After being lost, whose house did Mary and Joseph find Jesus in? **A: His Father’s House**

Page 21

9. Yes or No - Was Jesus loyal to his Father by obeying the fourth commandment of God? **A: Yes**

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Page 22

10. What trade did Jesus learn from his foster father, St. Joseph? **A: Carpentry**

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11. What is St. Joseph the patron of? **A: Workers**
12. Fill in the blank. You can devote your life to Jesus and Mary, just like St. Joseph did, by _____ to them and pleasing them in all that you do. **A: Praying**

Page 24

13. God chose Joseph to be the head of the Holy Family because Joseph was a _____ man. **A: Holy**

Page 25

14. Yes or No - Did Joseph display the virtue of loyalty by loving and serving Jesus and Mary out of love for God? **A: Yes**
15. In whom alone did the Holy Family find peace and joy? **A: God**
16. Yes or No – Should all Catholic families strive to imitate the prayerful life of the Holy Family? **A: Yes**

Page 26

17. Yes or No – Did Joseph die a happy death in the arms of Jesus and Mary? **A: Yes**
18. Who took care of Mary after Joseph's death and worked as a carpenter out loyalty? **A: Jesus**
19. Fill in the blank. We should all pray to _____, for ourselves and for our family, so that when the hour of death comes, we too may die in the arms of Jesus and Mary. **A: Joseph**

Page 27

20. Fill in the blanks in this prayer. Jesus, Mary, Joseph, I give you my _____ and my _____. **A: heart, soul**
21. Fill in the blanks in this prayer. Jesus, Mary, Joseph, help me in my last _____. **A: agony**
22. Fill in the blanks in this prayer. Jesus, Mary, Joseph, may I die in _____ with you. **A: peace**

Page 29

23. Who does Saint Joseph want to lead to God by his example and by his prayers in heaven? **A: all families**
24. What can Saint Joseph protect families from that make them unhappy? **A: sin**
25. Fill in the blanks. We should ask Saint Joseph to help us to love Jesus and Mary as he did so that your family may be like the _____ of Nazareth and be together in heaven someday. **A: Holy Family**

Page 30

26. What is the family of God? **A: The Catholic Church**
27. What makes us all children of God? **A: Holy Baptism**
28. Who did God make the protector of the Church? **A: Saint Joseph**
29. We should pray to Saint Joseph for him to help spread what everywhere in the world? **A: The Catholic Church**

CONQUEST

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 2**
 - **Sirach 40: 12**
 - “All that comes from bribes or injustice will be wiped out, but loyalty remains for ages.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

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Loyalty Defined

- Faithfulness to God and to others.

Weekly Virtue Focus

- **WEEK 3 – Loyalty – in school with my teachers**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **loyalty** to not complain about my teachers with my friends.
 - I will use **loyalty** to always listen faithfully to my teachers when they ask me to do my school work.
 - I will use **loyalty** to show respect to my teachers at all times, and call them “sir” or “ma’am” even if I am homeschooled.

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- I will use **loyalty** to accept it when my teacher corrects me and try to do better the next time.
- I will use **loyalty** to bring my teacher something nice, such as an apple or a cookie.
- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Poster Board “Virtue Picture” Presentations

- The purpose of the poster board “Virtue Picture” presentation is to help the boys further internalize the campaign virtue along with particular characteristics and knowledge of the related saint story.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 3**
 - **Psalms 89: 2**
 - “The promises of the LORD I will sing forever, proclaim your loyalty through all ages.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **LOYALTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

CONQUEST

Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
 - A boy should not depart from his squad until his parents arrive.
 - A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

SAMPLE ONLY

CONQUEST

WEEK 4 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **LOYALTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Competitive Sports

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. COMPETITIVE SPORTS OR DYNAMIC ACTIVITY

- Competitive Sports or Dynamic Activity (See Appendix II - Ideas) are a vital part of our program. It is within this segment that the boy experiences fun and physical activity in a structured and healthy environment. Reward is given for effort, courage, and team work, as well as, sportsmanship, respect, self-discipline and more.

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

CONQUEST

4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
- Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.
- Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments, liturgical feast days and the like. The snack time should take no longer than 10 minutes.
- As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

5. FAITH AND VIRTUE INSTRUCTION

- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the fourth Joyful Mystery, the “The Presentation of our Lord in the Temple.”
Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.
- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

Loyalty Defined

- Faithfulness to God and to others.

Weekly Virtue Focus

- **WEEK 4 – Loyalty – with my brothers and sisters**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **loyalty** to play nicely with my brothers and sisters, and share my toys.
 - I will use **loyalty** to respect my brothers and sisters, especially during dinner.
 - I will use **loyalty** to only say nice things about my brothers and sisters.

CONQUEST

- I will use **loyalty** to not complain about my brothers and sisters to my friends.
- I will use **loyalty** to be gentle with my younger brothers and sisters and to set for them a good example.
- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Skits

- The purpose of the skit is to further help the boys internalize the particular campaign virtue by acting out the “Virtue Picture” from the previous meeting.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 4**
 - **Psalms 89: 9**
 - “LORD, God of hosts, who is like you? Mighty LORD your loyalty is always present.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **LOYALTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

CONQUEST

Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
 - A boy should not depart from his squad until his parents arrive.
 - A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

SAMPLE ONLY

CONQUEST

WEEK 5 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **LOYALTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Competitive Sports

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. COMPETITIVE SPORTS OR DYNAMIC ACTIVITY

- Competitive Sports or Dynamic Activity (See Appendix II - Ideas) are a vital part of our program. It is within this segment that the boy experiences fun and physical activity in a structured and healthy environment. Reward is given for effort, courage, and team work, as well as, sportsmanship, respect, self-discipline and more.

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

CONQUEST

4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
- Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.
- Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments, liturgical feast days and the like. The snack time should take no longer than 10 minutes.
- As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

5. FAITH AND VIRTUE INSTRUCTION

- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the fifth Joyful Mystery, the “The finding of Jesus in the Temple.”
Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.
- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

Loyalty Defined

- Faithfulness to God and to others.

Weekly Virtue Focus

- **WEEK 5 – Loyalty – with my friends**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will use **loyalty** to play nicely with my friends and do what they want to do.
 - I will use **loyalty** to not get in arguments with my friends.

CONQUEST

- I will use **loyalty** to say something nice to each one of my friends this week.
- I will use **loyalty** to not make mean jokes about my friends or call them mean names.
- I will use **loyalty** to share supplies with my friends at school, such as pencils or markers.
- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Catechism Challenge (CatholicQuiz.com)

- Refer to Chapter #4 in the Junior Program Adult Mentor Training Guidebook. The Catechism Challenge is a formal question-and-answer session posing squad against squad. Ideally, you need to use the free annual membership to CatholicQuiz.com and setup the squads; you can have a live online competition between the squads. (Internet access is required).
- If internet access is not available, questions can be selected from those used during the informal question- and-answer sessions from weeks 1 and 2 as well as those provided at the end of this guidebook - Grades 3 & 4 Catechism questions are located in the appendices.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 5**
 - **Psalms 89: 34**
 - “But I will not take my love from him, nor will I betray my bond of loyalty.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

CONQUEST

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **LOYALTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.

- | | |
|------------------------------|--------------------|
| ▪ Christ Our King. | Your Kingdom Come! |
| ▪ Mary, Queen of the Family. | Pray for us! |

Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
 - A boy should not depart from his squad until his parents arrive.
 - A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

CONQUEST

WEEK 6 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **LOYALTY** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Mini- Apostolic Project

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. MINI-APOSTOLIC PROJECT

- It is important the last week of each virtue campaign to forgo the competitive sports segment to teach the boys about doing apostolic projects. Basically, bringing the joy of Christ to others.
- **Write a Letter to Pope Francis**
 - Set Up Needs
 - Lined Paper
 - Address for Pope Francis
His Holiness, Pope Francis
Palazzo Apostolico Vaticano
1-00120 Cittadel Vaticano, Italy
 - Pens
 - Envelopes
 - Roster of program members with addresses

CONQUEST

- Preparation and process
 - Pass out paper to all the members
 - Give some instruction on the importance of good handwriting
 - Encourage the boys to take their time and pray about what to say to the Holy Father
 - Express to them that it is very likely that the Holy Father will either personally read the letters himself or have them read to him
 - Guide the boys through the following structure of writing the letter (for younger boys, they will most likely need the help of the dads – they can also color a picture)
 - Introduction
 - Name
 - Hometown
 - Family Status
 - Picture of family, pet, or other such photo that personalizes the letter or a colored picture in marker or crayon.
 - Interests
 - Talents
 - Member of Conquest
 - Thankfulness for his service
 - Assurance of prayers and support
 - Seek his prayers for personal vocation discernment, parents, siblings, extended family, program growth and more
 - Invitation for him to write back
 - Include return address
 - Close with “God Bless” or “In Christ” or “Sincerely Yours in Christ” or some other similar closing before name/signature
- Objective
 - For the boys to express themselves in a genuine, loving sincere way so as to bring great joy to the Vicar of Christ and therefore build up the Church
 - Each letter is very simply meant to bring a smile and ray of hope to Pope Francis
- Rules
 - All letters must be proof read by the program leader before being mailed out
 - If a boy is unable to complete the letter during the campaign meeting, he is able to take it home and bring it back the following week
 - The program director should collect all the letters, place them in a large envelope and take the responsibility of mailing it to the Rome.
 - It is meant to be each boys own unique letter to the Holy Father
 - All letters should be mailed within the following week if possible.
 - Points can be given for creativity, neatness, effort, timeliness and so forth during the work

CONQUEST

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
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- As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

5. FAITH AND VIRTUE INSTRUCTION

- Rosary: This week pray the “Hail Holy Queen” prayer to end the campaign Rosary. Choose a boy to lead, and pray together:
Hail, holy Queen, Mother of Mercy! Our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley, of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus; O clement, O loving, O sweet virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen
- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

CONQUEST

Loyalty Defined

- Faithfulness to God and to others.

Weekly Virtue Focus

- **WEEK 6 – Loyalty – Review**
 - Go over the commitment the boys worked on each week over the course of this campaign and encourage the boys to maintain their loyalty even after this campaign is over.

Live Virtue at Home

- Collect the boys' Conquest member cards and award the appropriate points for their commitment completion, remembering the bonus points awarded for fulfilling the commitment every day without fail for the entire campaign.

Awards Day

- In the final week of each 6 week campaign, the efforts of squad members are recognized through the presentation of awards which are intended to be highly motivational. They can be religious, athletic, edible, or other form, but they must be meaningful.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 6**
 - **Psalms 89: 2**
 - “For you said, ‘my love is established forever; my loyalty will stand as long as the heavens.’”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **LOYALTY** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
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CONQUEST

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SAMPLE ONLY