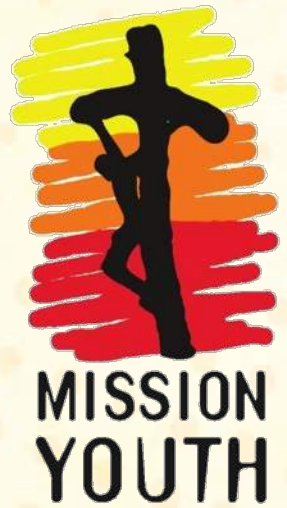


This Holy Week Go...

Mercy Missions



"When I invite you to become saints, I am asking you not to be content with second best. I am asking you not to pursue one limited goal and ignore all the others... Happiness is something we all want, but one of the great tragedies in this world is that so many people never find it, because they look for it in the wrong places. The key to it is very simple – true happiness is to be found in God. We need to have the courage to place our deepest hopes in God alone, not in money, in a career, in worldly success, or in our relationships with others, but in God. Only he can satisfy the deepest needs of our hearts." Benedict XVI

Dear Mission Director,



We are so encouraged that you have chosen to use the MissionYouth program to help encourage young people to know and share the faith.


This manual is a vital resource for your role as Mission Director. It contains an overview and instruction in coordinating a MissionYouth mission in your parish or local community.

You don't have to be an experienced missionary, an expert apologist, or a youth minister to be able to effectively coordinate a MissionYouth mission. All you need is a willing heart and a commitment to the truth. Christ will use you just as you are and He will be your light and strength giving you the opportunity to build apostles for the Church. MissionYouth needs your help to bring Christ to the world!

Please be assured of our prayers!

Yours in Christ,

The Mission Youth National Team



Every Mission Has A Story.

Mission Overview




MissionYouth is an apostolate of the Regnum Christi Movement that works with bishops and pastors to evangelize by sending out youth to witness Christ to others. By providing programs and training for youth as missionaries, MissionYouth seeks to re-energize Catholic life and foster greater parish involvement.

Our Objectives

- To promote, in collaboration with the bishops and priests, the missionary action of the Church through organizing local, regional, and international missions.
- To promote an apostolic dynamism among lay people, inviting people to be effective in sharing their faith with others through service and dialogue.
- To find and form catechists who devote themselves to the service of parishes.

In this Holy Week we want to accompany Christ by following his teachings practicing the Works of Mercy. In the following pages you will find practical ideas to do so.



Every Mission Has A Story.

Corporal Works of Mercy




«Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me» (Matthew 25: 34- 37)

The *works of mercy* are charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities. Instructing, advising, consoling, comforting are spiritual works of mercy, as are forgiving and bearing wrongs patiently. The corporal works of mercy consist especially in feeding the hungry, sheltering the homeless, clothing the naked, visiting the sick and imprisoned, and burying the dead. Among all these, giving alms to the poor is one of the chief witnesses to fraternal charity: it is also a work of justice pleasing to God (CCC #2447).

«Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me» (Matthew 25: 40)

Pope John Paul II reminds us in his encyclical, *Rich in Mercy*: "Jesus Christ taught that man not only receives and experiences the mercy of God, but that he is also called to practice mercy toward others: 'Blessed are the merciful, for they will be shown mercy.' (Matthew 5: 7) "



Every Mission Has A Story.

Feed the Hungry

«For I was hungry and you gave me food» (Matthew 25: 35)

"Those who eat the Bread of Christ cannot remain indifferent before those who, even in our days, lack daily bread" Benedict XVI

Give Drink to the Thirsty

«I was thirsty and you gave me drink» (Matthew 25: 35)

"We ought to be offering life-giving water to a parched and thirst world" Benedict XVI

Clothe the Naked

«Naked and you clothed me» (Matthew 25: 36)

"Let us ask the Lord to remove from us every feeling of self-sufficiency and truly to clothe ourselves with the vestment of love" Benedict XVI

Shelter the Homeless

«A stranger and you welcomed me» (Matthew 25: 35)

Pope Benedict tells Rome's homeless that the Church 'will not abandon you'

Every Mission Has A Story.

Visit the Sick

«Ill and you cared for me» (Matthew 25: 36)

"Those who eat the Bread of Christ cannot remain indifferent before those who, even in our days, lack daily bread" Benedict XVI

Visit the Imprisoned


«In prison and you visited me» (Matthew 25: 36)

"We ought to be offering life-giving water to a parched and thirst world" Benedict XVI

Bury the Death

«He is not the God of death but of the Living» (Matthew 22: 32)

"Today we bury his remains in the earth as a seed of immortality – our hearts are full of sadness, yet at the same time of joyful hope and profound gratitude." Benedict XVI

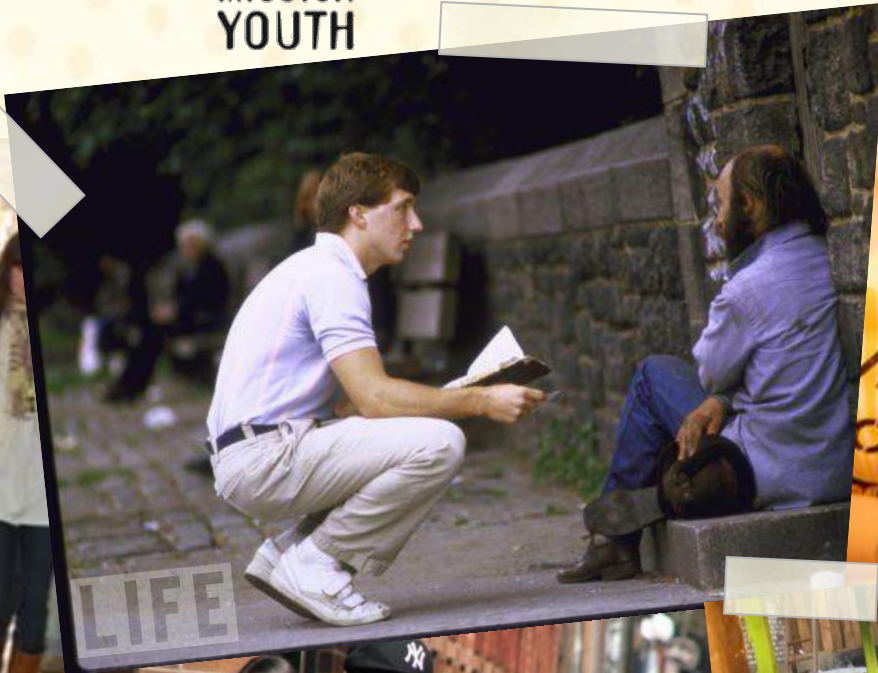


Every Mission Has A Story.

Gear Up



MISSION
YOUTH





MEALSONWHEELS®

association of america

so no senior goes hungry



The Meals On Wheels Association of America is the oldest and largest national organization composed of and representing local, community-based Senior Nutrition Programs in all 50 U.S. states, as well as the U.S. Territories. These local programs are our MOWAA Members.



Chicago

- !Community Nutrition Network,
- !312-207-5290
- !www.cnnssa.org



Denver

- !Volunteers of America
- !720-264-3325
- !www.voacolorado.org/Services/WeFeed/MealsonWheels/tabid/7498/Default.aspx



St. Louis

- !Catholic Charities
- !314-367-5500 Ext: 149
- !www.ccstl.org



Atlanta

- !Open Hand
- !404-872-8089
- !www.projectopenhand.org



FEEDING AMERICA



A soup kitchen, a bread line, or a meal center is a place where food is offered to the hungry for free or at a reasonably low price.



Chicago

- !Greater Chicago Food Depository
- !www.chicagosfoodbank.org
- !Feeding America
- !www.feedingamerica.org/foodbank-results.aspx



Denver

- !Homeless Shelter Directory
- !www.homelessshelterdirectory.org
- !Feeding America
- !www.feedingamerica.org/foodbank-results.aspx



St. Louis

- !St. Louis Food Bank
- !www.stlfoodbank.org
- !Feeding America
- !www.feedingamerica.org/foodbank-results.aspx



Atlanta

- !Atlanta Community Food Bank
- !www.acfb.org
- !Feeding America
- !www.feedingamerica.org/foodbank-results.aspx



Street Missions are in subways, the missionaries can give out flyers with messages of happiness, the love of God, or cards that give hope. They go in groups to bring Christ to people who pass by in subways.



Visit the cemeteries to pray for the people that passed away and bring them flowers to their graves. They can also be with someone that has recently had a loss in their life or even help to bury someone.



Missionaries can go to a homeless shelter in the city and help giving things, such as food, clothes, or toys; or teach them about Christ. To find the closest shelter go to: www.homelessshelterdirectory.org

Missionaries of Charity



Go to the closest Missionaries of Charity center and help the sisters with the poor. They can also do Angel for a Day Missions with the kids.



Eastern USA

- !335 East 145th Street
Bronx, NY 10451
- !718-292-0019



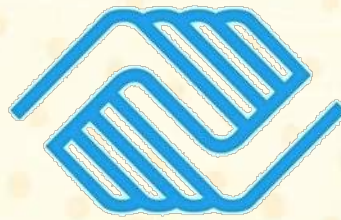
Central USA

- !3629 Cottage Avenue
St. Louis, MO 63113-3539
- !314-533-2777



Western USA

- !164 Milagra Drive
Pacifica, CA 94044
- !650-355-3091




BOYS & GIRLS CLUBS OF AMERICA



A Supporter of
NACHRI
National Association of
Children's Hospitals
and Related Institutions

Champions for Children's Health

 MidnightRun.org

Midnight Run is a volunteer organization dedicated to finding common ground between the housed and the homeless, by establishing a foundation of sharing and caring from which solutions may evolve. Through Midnight Run, volunteers come to see the homeless as real people, not a commodity.
www.midnightrun.org



In every community, boys and girls are left to find their own recreation and companionship in the streets. An increasing number of children are at home with no adult care or supervision. Young people need to know that someone cares about them. In a club you can do Angel for a Day with the kids. To find the closest club go to:
www.bgca.org



If you've ever been inside one, you know children's hospitals are special, some even say miraculous, places where everything is kid-sized and child friendly, and even the sickest children have the hope of becoming healthy once again. Missionaries can go and bring hope to the kids.

www.childrenshospitals.net find the closest one and call and see if missionaries can volunteer for a day.



Base Camp



Base Camp the training stage of the Holy Week Mission that missionaries receive to equip them for effective mission work. This stage involves a set of talks and dynamic activities for young people to study and know their faith in a deeper way.



Meeting 1

- !Explain how the Mission is going to be set up.
- !Teach the missionaries the real meaning of Holy Week, and how they can live it more deeply.



Meeting 2

- !What works of mercy are and how we are going to apply them in missions and how we can learn to live them in daily life.
- !Show video of Corporal works of Mercy. Located in videos of: www.missionyouthmissions.com



Meeting 3

- !Prepare the last details for the missions, more practical things.

Every Mission Has A Story.

Mission On



This section of the guide will suggest you some activities which take place during the mission. The Mission Director may alter the schedule according to the needs of the parish and missionaries.



Wednesday

- !Opening Mass
- !Introduction Talk about the Missions and of the work they are going to do this Holy Week.



Holy Thursday

- !Morning Meditation and Day Overview
- !Because it is the Holy Thursday the day of the Eucharist, missionaries can serve the poor.



Good Friday

- !Morning Meditation and Day Overview
- !This is the day Christ died, so they can visit the cemetery or go to the Subways.



Holy Saturday

- !Morning Meditation and Day Overview
- !This day you can help the Missionaries of Charity or do the Angel for a Day to the Boys and Girls Clubs, or visit Hospitals



Easter Sunday

- !Morning Meditation and Day Overview
- !This day you can do a small activity
- !Then a Building Testimony Session
- !Closing Mass

Every Mission Has A Story.

Theme: God so Loved the World



Thursday

Theme: And He loved them till the end.

Eucharistic Hour

Agony in the Garden.

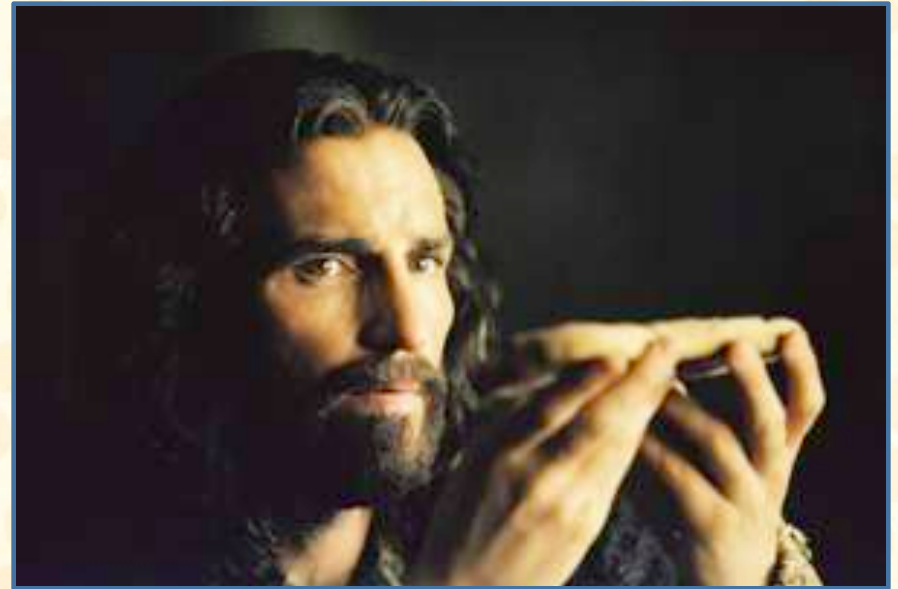
Objective: That the girls realize what Christ is about to suffer and that they want to be his friend and stay faithful to him.

Campaign

Set up by the breakfast table. Each day they get a symbol of the day that helps them remember the significance of the day and a challenge on the back. They can pick up their resolutions in the morning.

Picture of Christ in the Eucharist.

Challenge: Make a visit to Christ in the Eucharist today and pray for priests around the world.



Night Prayer

Video: "The Most"

Theme: God so Loved the World



Friday

Theme: My beloved Son

Morning Prayers

The tear drop of the Father.

Objective: To contemplate the mystery of Christ taking on their suffering as the Father's greatest act of love for them.

Campaign

Following Christ in the timeline.

Challenge: Say a quick prayer for each person you try to talk to today while promoting the events. It can be as simple as "Jesus, keep that person always in your heart."

Night Prayers

Give a brief examination of conscience. Lead prayers in prayer booklet.

Watch the movie "Passion of Mary" on the bus on the way back.



Theme: God so Loved the World



Saturday

Theme: Behold your Mother

Morning Prayers

Contemplating the Pieta

Objective: To get an inside perspective on Mary's heart and desire to accompany her today.

Campaign

Memorare Prayer.

Challenge: To help out another missionary in need by helping her carry something, letting her go first in line, helping others keep up a positive spirit.

Open Forum

Easter Basket: Sit in the fireplace room and pass around an Easter basket. Each girl can choose a chocolate and share her favorite experience from the mission.

Sunday

Morning Prayers

The joy of the Resurrection

Objective: to experience the hope that comes from believing that Christ rose from the dead and conquered all things. We have nothing to fear.



Ideas for Flyers



Corporal Works of Mercy

NYC Missions 2010



Angel for a Day in Harlem



Midnight Run in downtown Manhattan



Meals on Wheels



This Holy Week come and feed the hungry, clothe the naked and visit the sick!

These are all part of the seven practices of charity (Corporal Works of Mercy) toward our neighbor based on Christ's prophecy of the Last Judgment that will determine each person's final destiny!

Featured events April 1st-4th

Holy Thursday: Fr. John Baronek talks and presentation on "The Passion"

Good Friday: Meals on Wheels (hand delivering meals to the elderly in NYC)

and Midnight Run (distributing clothing and toiletries to the homeless)

Holy Saturday: Angel for a Day (Creating a day of fun for underprivileged kids of the Children's Aid Society)

For more information contact: Kristin Chmielek KristinChmielek@nyhcn.com

We Need Your Help!



See how you can support The Midnight Run!

Monetary donations for the Midnight run will be going towards much needed clothes and toiletries for the homeless.

- Toiletry kit includes- Shampoo, Soap, tooth brush, tooth paste and a razor.- \$20
- Packet of socks- \$10
- Packet of underwear- \$10
- Blanket- \$15

Please make checks payable to Mission Youth

You can mail your donation to: 815 Boston Post Road Rye, New York 10580

You can also make a donation online at www.tristatemiunionnetwork.com

We are also collecting donations in kind

- Men and Women Jeans
- T-shirts and Polo's
- Sweat shirts
- Shoes (walking shoes, work boot)

Drop off at Our Lady of Mt. Kisco - 773 Armonk Rd Mt. Kisco NY, 10594

"Your donation, no matter the size, will mean more help for more people."



WHAT WILL BE YOUR STORY?

Affiliate of Mission Network
www.MissionNetwork.com

Sponsored by Regnum Christi:
Love Christ, Serve People, Build Church.

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