

CONQUEST



FATHER AND SON LEADERSHIP PROGRAM CYCLE C CAMPAIGN GUIDEBOOK



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Campaign Cycle C

1. **OBEDIENCE**

The Story of Moses: Mighty Moses
Video (3)

2. **KINDNESS**

The Story of Joseph and His Brothers:
The Coat of Many Colors Video (29)

3. **GENEROSITY**

The Story of Jonah and the Whale:
In the Belly of a Whale Video (54)

4. **SELF-DISCIPLINE**

The Story of Noah and the Ark:
“Die Arche Noah” Video (78)

5. **COMPASSION**

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CAMPAIGN 1 OBEDIENCE

The Story of Moses: Mighty Moses Video

7-STEP WEEKLY MEETING AT A GLANCE

1	SETUP: CHECK-IN AND ARRIVAL TIME	
2	OPENING PRAYER	5 MIN
3	COMPETITIVE SPORTS OR DYNAMIC ACTIVITY:	30 MIN
4	SNACK BREAK: Q&A AND MID-MEETING POINT TALLY	10 MIN
5	FAITH & VIRTUE INSTRUCTION	30 MIN
6	ADULT/YOUTH LEADER TALK	10 MIN
7	CLOSING PRAYER	5 MIN

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Father and Son Leadership Program Campaign

~OBEDIENCE~

The Story of Moses: Mighty Moses Video

***Note:** Program leadership should have the Father & Son / Junior Leadership Program Adult Leader Training Guidebook readily accessible during the meetings to assure strict adherence to the program methodology.

Obedience Campaign Patron Saint – St. Maximilian Kolbe



St. Maximilian Kolbe was born on January 8, 1894 in Poland. One night as a child he saw the Virgin Mary, who offered him a life of purity or a death as a martyr. Out of obedience, he chose both. He was ordained a priest in 1918, and traveled as far as Japan doing missionary work. He organized the Militia Immaculata, or Army of Mary, to work for conversion of sinners and enemies of the Catholic Church, specifically the Freemasons, through the intercession of the Virgin Mary. The friars utilized the most modern printing and administrative techniques in publishing catechetical and devotional tracts, a daily newspaper with a circulation of 230,000 and a monthly magazine with a circulation of over one million. Kolbe also used radio to spread his Catholic faith and to speak out against the atrocities of the Nazi regime. When World War II broke out he was again in Poland, and he provided shelter to refugees from Greater Poland, including 2,000 Jews whom he hid from Nazi persecution in his friary. He was arrested and sent to the concentration camp at Auschwitz. He followed the rules, as difficult as it was out of obedience. When three prisoners tried to escape the camp and were caught, ten prisoners were selected to die. One of the ten cried out for his family and his children, and Fr. Kolbe volunteered to trade places with that man and died in his place. In the starvation cell, he celebrated Mass each day and sang hymns with the prisoners. He led the other condemned men in song and prayer and encouraged them by telling them they would soon be with Mary in Heaven, if they were obedient and did not give up their faith. Each time the guards checked on him, he was standing or kneeling in the middle of the cell and looking calmly at those who entered. After two weeks of dehydration and starvation, only Kolbe remained alive. They finally killed him by injecting him with poison. St. Maximilian Kolbe is a great role model for us to live the virtue of obedience to God's will, following the Ten Commandments, and even going further by laying down his life for another.

VIDEO: A video "The Story of St Maximilian Kolbe" can be found on the Adult Leader USB drive.

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WEEK 1 (CAMPAIGN 1)

1. SET-UP, CHECK-IN AND ARRIVAL TIME

- Make sure the boys turn in the Conquest member commitment cards at this time each week.
- Please see the “Check-In and Arrival Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

2. OPENING PRAYER

- Dear Lord, thank you for everything you have given to us, especially our families, our friends and Conquest. Please help us to grow in the virtue of **OBEDIENCE** so we can become more like you in all that we say and do. We also ask Mary, our tender, loving Mother in heaven and St. Joseph to pray for us this day. May we all show respect and kindness toward each other and have an enjoyable meeting. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

Point Tally

- An ongoing tally of points is shared with the participants at the beginning, middle and end of each meeting time.
 - Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.
 - Make sure to use the Conquest Points Tracker Poster each meeting to keep tally of the points.
- The points system is a simple, yet vitally important element of the program methodology as it serves to keep the competitive, motivational environment enlivened at all times.

Transition to Competitive Sports

- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

3. COMPETITIVE SPORTS OR DYNAMIC ACTIVITY

- Competitive Sports or Dynamic Activity (See Appendix II - Ideas) are a vital part of our program. It is within this segment that the boy experiences fun and physical activity in a structured and healthy environment. Reward is given for effort, courage, and team work, as well as, sportsmanship, respect, self-discipline and more.

Code Checks

- Code Checks are an essential part of the Father and Son Program and they should be conducted during the competitive sports or dynamic activity. They serve as a viable means by which each boy is continually being reinforced and challenged in the area of virtue development in his life. See Chapter 5 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

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4. SNACK AND MID-MEETING POINT TALLY

- It is suggested to have a mid-meeting snack period during the meetings. Here, families are encouraged to take turns in providing a simple snack (i.e. water and pretzels, milk and cookies, chips and juice). A meal prayer is said before the snack time and after the snack time. Boys receive and consume their snack in an orderly fashion within their squad.
- Typically, the squad with the highest number of points at the beginning of the meeting will receive their snack first, followed by second, third and so forth. A competition for cleanest area after the snack should be implemented, as well as, points for self-discipline, order and more. This is a good time for Program Leaders to also do a mid-meeting tally of points so as to maintain maximum motivation in the boys.
- Snack time is also a good time to less formally quiz boys on particular faith related topics such as liturgical feast days, mysteries and/decades of the rosary, various trivia and memorization items involving the 10 commandments, liturgical feast days and the like. The snack time should take no longer than 10 minutes.
- As snack time is ending, program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place.

5. FAITH AND VIRTUE INSTRUCTION

- Rosary: Start by praying a decade of the Rosary. This campaign we will pray the “Joyful Mysteries”. We will pray the first Joyful Mystery, the “Incarnation of the Son of God.” Choose a boy to lead, and pray together - 1 Our Father, 10 Hail Marys, and 1 Glory Be.
- Quiz the boys on the names of all 5 decades of the Joyful Mysteries and reward points for correct answers.
 1. The Incarnation of the Son of God
 2. Our Lady visits her cousin Elizabeth
 3. The Nativity – The birth of our Lord Jesus
 4. The Presentation of our Lord in the Temple
 5. The Finding of Jesus in the TempleWhat days are the Joyful Mysteries prayed? - (Mondays and Saturdays)
- Please see “Transition Times” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook for assistance.

Obedience Defined

- Try my absolute best to listen to and do all that my parents ask of me right away and without complaining.

Weekly Virtue Focus

- **WEEK 1 – Obedience – with God**
 - Give the boys some concrete examples of living this virtue in their daily lives.
 - I will be **obedient** to God by learning the Ten Commandments by heart, so I know what is right and wrong.
 - I will be **obedient** to God by always confessing my sins and being truly sorry.

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- I will be **obedient** to God by always fasting one hour before mass by not eating anything, chewing gum, or drinking anything but water (if I receive Communion.)
- I will be **obedient** to God by learning how to be like Jesus by reading stories from the Bible.
- Ask the boys for their own examples.

Live Virtue at Home

- Choose one of the examples above to have the boys work on throughout the week at home. Ensure that you stop (or ask another dad) and take the time to write that commitment on their on their Conquest member cards before giving them back to the boys. Remind the boys to tell their parents their daily commitment to earn points at home.

Faith and Virtue Video

- **The Story of Moses: Mighty Moses (Video can be found on the Father & Son Leader USB Drive)**
 - **Show the first half of the video to approximately 15:00 on the counter**
 - For point distribution, please review the “Faith and Virtue Instruction Time” section of Chapter 6 in the Father & Son / Junior Program Adult Leader Training Guidebook.

Question and Answer Session

0:00 ~ 4:55

1. In Egypt, what were the kings called? **A: Pharaoh's**
2. True or False? The bad Pharaoh made all the Egyptian people work as slaves, and treated them very bad. **A: True**
3. Why did Jochebed decide to float her baby down the river? **A: To save his life, because the Pharaoh was going to kill the first born son of the Israelites.**
4. True or False? Moses was raised as an Israelite. **A: False, he was raised in the palace of the Pharaoh as an Egyptian**
5. Who was with him the whole time and helped to raise him and teach him right from wrong? **A: His mother, Jochebed**
6. True or False? Jochebed taught Moses her son that the Israelites were not happy because they were not free. **A: True**

04:56 ~ 9:50

7. What did Moses say to the Egyptians that were treating an Israelite worker badly? **A: Leave him alone!**
8. Were the Egyptians obedient to Moses command? **A: Yes**
9. Why did Moses leave Egypt all by himself to go to another land? **A: Because he knew he was an Israelite and did not want to see his people treated so badly.**
10. How many days did Moses travel by himself to the land of Midian? **A: 40 days**
11. True or False? Moses never got married and lived by himself as a hermit **A: False**
12. How did God appear to Moses while he was tending his sheep? **A: As a burning bush**
13. What did Moses staff turn into when he threw it down? **A: A snake**

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14. What did God ask Moses to do? **A: To go to Egypt and tell the Pharaoh to free the Israelites from slavery.**
15. Was Moses obedient to God and do as he asked? **A: Yes**
- 9:51 ~ 15:00
16. What did Moses do with his staff to try to show the Pharaoh God's power? **A: Turned it into a snake**
17. True or False? Pharaoh believed Moses because of the snake, and let the people go free **A: False, he said it was a trick**
18. What did Moses do to the river with God's power? **A: Turned the water into blood.**
19. What did Pharaoh ask Moses to do with the frogs? **A: To make them go away, or to get rid of them.**
20. Was Pharaoh obedient to Moses and God and keep his promise to free the Israelites after he made the frogs go away? **A: No, he was disobedient**
21. What happened when Pharaoh was disobedient to God? **A: God allowed more plagues to come to Egypt. (gnats, flies, animals dying, boils, locust, and darkness for 3 days)**
22. **What was the last plague that Moses said God would bring upon the Egyptians if he was not obedient to God? A: The first born of each Egyptian would die.**

STOP VIDEO at approximately 1500 – After Moses tells Pharaoh the last plague that was to come if he was not obedient to God.

6. ADULT AND/OR YOUTH LEADER TALK AND REFLECTION

- Tell a story about the virtue and use the scripture below for a quick reflection. Talks should never exceed 10 minutes in length in an effort to maximize the attention span of the boys.
- **Scripture verse for Week 1**
 - **Romans 5: 19**
 - “For just as through the disobedience of one person the many were made sinners, so through the obedience of one the many will be made righteous.”

Point Tally

- Program leadership should briefly announce the updated scores among squads beginning with 4th place and continuing to 1st place. This serves to maintain motivation between meetings.

7. CLOSING PRAYER

- Dear Lord, thank you for all the gifts and blessings you have given us during our meeting today. Help us to live the virtue of **OBEDIENCE** with our families, our friends and our neighbors so we can be more like you. We also ask Mary to be with us. May she place her mantle of protection over us and lead us to her Son. We ask this through Christ Our Lord. Amen.
 - Christ Our King. Your Kingdom Come!
 - Mary, Queen of the Family. Pray for us!

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Departure

- Program leadership must assure a safe and orderly departure from the meeting.
- A systematic plan should be established by which parents enter the facility to pick up their son from his squad.
 - A boy should not depart from his squad until his parents arrive.
 - A boy should never be released from a meeting to anyone other than his parents unless otherwise requested or authorized by the parents themselves.

SAMPLE ONLY