

FALL ON YOUR KNEES

SERVES: CHURCH

TIME: ANYTIME

PRESENTING THE NEED TO MY TEAM



- Do you really and truly know the power of prayer?
- Who are those in need of our prayers?
 - The need is so overwhelming, but Christ calls us to be instruments in his plan to help souls.
- There is no better way to help others than through our Lord in the Blessed Sacrament.
- How many Catholics that you know actually have been to a Holy Hour of adoration in the past year?
- What about yourself, your friends, your own family?
- Do you want to go with your team and then lead others there as well?

DO YOU REALLY KNOW THE POWER OF PRAYER?

OUR CALL TO SERVE

Let's organize a Holy Hour of adoration to pray for all the overwhelming needs of people that we know, people in our parish and those all over the world.

PROJECT OVERVIEW

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| WEEK | STEPS | QUESTION OF THE WEEK |
|------|--|----------------------------|
| 1 | Location: This first week the boys need to determine a public place they can ask for prayer intentions in week 3. Ask the adult leaders to help plan an outing and logistics. Plan Adoration: They should also organize adoration for week #8 to pray for the intentions they collected. | |
| 2 | Make a List: Prepare a sheet to list prayer intentions to collect at the outing next week that includes the name and the intention. Talk to your Pastor: Make sure to check with your parish priest to inform him of this project. If there is not regularly scheduled adoration at the parish, ask him for a special Holy Hour and set the date. | |
| 3 | Outing / Collect prayer intentions: Go to a public place and ask for prayer intentions in teams of 2 or 3. Each team should remain close, so the chaperones see them, but they should be asking different people. | ? |
| 4 | Make a flyer to promote: The boys should make a flyer to promote the special Holy Hour sponsored by Conquest. Have a place for people to send their prayer intentions to via Email and put it in the parish bulletin. | |

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|------|--|----------------------------|
| 5 | Invite: Go over a list of people to invite and encourage them to get their families and friends to commit to coming. | |
| 6 | Plan a reception: If there are enough participants expected, it would be good to plan a small reception after. Boys should bring snacks and drinks. | |
| 7 | Continue Inviting: Go over the list of people and encourage and motivate the boys to bring as many people as they can to be before Christ in the Blessed Sacrament. | |
| 8 | Fall Down on your Knees Project! Adoration: Half hour or hour of adoration for all the prayer intentions that were collected. A good schedule is: read off prayer intentions, pray the rosary, 10-15 minutes of silent prayer and benediction. Social Afterwards: If you invited a lot of people you should have a social after to encourage them in their Catholic faith. | |

PROJECT OVERVIEW

TACTICS BY AREAS

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LOCATION

- Public place to ask for prayers: The more public the place is, the better.
- Ideas include a state university, a public park, a fair, or a mall (you may
- need to get permission beforehand).
- Adoration should be done in a dignified location: usually a parish close to
 where you asked for prayer intentions, or a chapel close to your Conquest
 group is best. Make sure to speak with the Pastor well in advance.

PROVISIONS

- Sheets to record prayer intentions and clipboards to hold them.
- Transportation / logistics for the outing to a public place.
- Professional flyers for the Holy Hour promotion. It should explain that they
 will pray for all the intentions they received. It may also be important to
 point out what adoration is: direct praise to Jesus truly present in the
 Eucharist.
- When you go to adoration, it would be good to print a program that included things like the mysteries of the rosary and the divine praises so people who are new to such prayer would not get the impression they were excluded.
- You could also bring items to give to people such as rosaries, prayer cards, etc.

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TACTICS BY AREAS



RESPONSIBILITIES

- One boy can create the flyer and prayer intentions sheets.
- One boy can arrange the actual time and date of adoration with the parish priest.
- There should be one boy at each entrance to the Church for the actual Holy Hour of adoration. If they are altar servers, it is good to have them in their alb or cassock they position themselves as guardians.
- Two or four should be greeting people at the main entrance.
- Several boys can lead the rosary and the prayer intentions during adoration.
 (This responsibility needs to be split up so that they all have an opportunity to speak in public to a crowd).
- Adult leaders need to help plan the outing and transportation logistics.

CONTACTS

- There needs to be a special emphasis on the power of prayer for the boys to be excited about this project.
- When out at the public place, they will need to explain how they want to help these people. If they are at all confrontational, they will fail to get prayer intentions; charity is absolutely important for this mission.
- To have everyone feel the importance of adoration, they should make it very formal and professional. Ideally the boys wear ties or even suits and greet people with "sir" and "ma'am."
- The Holy Hour of adoration itself should be rehearsed with the servers beforehand.

PROJECT OVERVIEW

DEBRIEFING

SERVES: CHURCH

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SPECIAL OPS

- If there is regular weekly or perpetual adoration already at the parish, it
 would be good to take the boys sometime in advance to help them
 experience it ahead of time. Even if for just 5-10 minutes, it will make for
 better planning and impact for this project.
- The boys need to really offer up prayers and sacrifices for intentions they receive.
- A primary goal of this apostolic project is to teach the boys how to pray, and the value of prayer. Also leadership is key to lead others to the truth without fear.
- A calm prayerful attitude must transcend the whole project.
- All the boys should pray each night leading up to the project, for success in leading people to Him in the Blessed Sacrament.

CONTINGENCY PLAN



- Other forms of prayer such as a public rosary or stations of the cross can be used instead of adoration.
- If time is really limited, the boys could just ask for prayer intentions and go to adoration together as a team to pray for them.

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| PROJECT NOTES: | |
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