

SERVES: SICK & ELDERLY

TIME: ANYTIME

#### PRESENTING THE NEED TO MY TEAM

Who takes care of you when you are sick?

Is it the medicine or the loving care of your mother that makes you feel better?

Did you know that there are sick and elderly people who have no one who cares about them?



How would you feel living in a nursing home with no one to visit you, or where family members only come periodically when they can because they are busy working and raising a family?

We as Conquest members are called to bring joy and love to others, especially the sick and the elderly who need to know people still care about them.

# THERE ARE SICK AND ELDERLY PEOPLE WHO NEED LOVE AND JOY!

#### OUR CALL TO SERVE

Let's find a local nursing home and visit those who may be lonely and suffering to bring Christ's love. We need to be special "Agent Angels" on this mission!

## PROJECT OVERVIEW

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WEEK	STEPS	WEEKLY THEME
12	Plan location: Research what nursing home the project can take place.  Make a List: Have the boys list the needs of the elderly.	
2	Ask Questions: Call the nursing home this week. Ask questions – what needs do they have? Would the elderly enjoy a skit, games or just to talk? What can we bring them? A gift, prayer cards, rosaries, other things?  Assignments: Assign each squad / boy responsibilities for project of what to plan or bring.	
3	Prepare: Begin preparing the project to respond to the needs at the nursing home. Presentations, testimonies, skits, games (Bible Jeopardy), etc. but all activities should center around bringing Christ's message.  Fundraising: Plan fundraising activities for monetary needs – things to buy to bring.	
4	Fundraising: Design and print a flyer for the project to ask for donations.  Continue Preparing: the project for the nursing home. Prepare testimonies, rehearse skits and games, or work on fundraising.	

AGENT ANGEL





## AGENT ANGEL

WEEK	STEPS	WEEKLY THEME
5	Continue Preparing: the project for the nursing home. Prepare testimonies, rehearse skits and games, work on props, etc. Fundraising: Strategize a list of people to ask for donations in the next week. Make sure all the boys have flyers for the project.	
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7	Get Provisions: This week the items are purchased from the fundraising that are needed to bring for the project.  Final Preparation: This is the final week to make sure all plans are in place for the visit next week.	
8	Visit: Remember to review the Special Ops section with the boys on the way. Host the skits, games, and give testimonies to all the elderly residents. Bring Christ's love to all they encounter! Talk with boys on the return trip about their experiences.	

# PROJECT OVERVIEW

### TACTICS BY AREAS

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#### LOCATION

- 1. The boys need to touch a lot of people in this apostolic project so you need to choose a place that they can encounter many people suffering.
- Decide the first week what nursing home or assisted living facility you will visit. It is best to call in advance of the first meeting, to secure permission and a date.
- 3. Make sure the place is safe for kids, boys should not go into rooms alone with patients / residents without Conquest adult leaders present. Remain in a public areas.

#### **PROVISIONS**

- 1. Carpools need to be set up to transport the boys.
- Finding out what the true needs are of the nursing home is essential. These need to be documented and a plan drawn up for how to address and fulfill those needs.
- 3. Fundraising may need to be done to help out with a specific need that they may ask for such as gifts.
- Various games, props for skits, and testimonies should be prepared for well in advance.
- 5. You could respond to material needs by sponsoring a sick or elderly person who might need basic living items do to lack of funds.



### TACTICS BY AREAS



#### RESPONSIBILITIES

- Adult Volunteer Coordinator: A boy should be responsible for getting the needed adult leaders help when required. Conquest is based on youth forming youth. In this case he needs to get dads to set up carpools to drive the boys to the nursing home, although it is best to have all the boys dropped off and picked up at the actual facility.
- 2. Each boy should be assigned an activity to plan. If you do a skit, each boy needs a role even if it just as a member of the crowd. If you do a game show you need to divide it so you have one doing the score, one flipping the questions, one announcer, one reading the questions, etc. Testimonies are also to be assigned in week 2. They should be written out in advance and include a message about their Catholic faith.

#### CONTACTS

- 1. Nursing home: You will need one main contact to work with for the planning, but also need to introduce yourself to the many staff members there upon arrival.
- Patients / residents: The boys should be kind and courteous to all elderly
  and their families when visiting. It is important to prepare the boys ahead
  of time for what they might encounter such as severely ill patients,
  hooked up to machines and some dying.
- 3. Benefactors: to reach out to for fundraising. The boys should create a flyer for the project using the project logo (logo available on the Team Leader Resource Center online) to ask for donations to buy gifts or other items they may need.

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#### DEBRIEFING

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#### SPECIAL OPS

- 1. Ensure that you have permission from the nursing home to see many different people there before this project begins. Sometime it is difficult to visit and they only let you visit with a few people. This can really dampen the apostolic zeal of the boys before they really get it "revved up." Effective and complete planning is the key to success.
- 2. You need to have a strict code of behavior for the boys to spread the Gospel. They can't just go and fool around because that will not spread Christ's message.
- 3. The boys need a challenging but desirable and achievable outcome for the people suffering. They need to be special "agent angels" for them.
- 4. Make sure to take lots of pictures, and write a story and email it to all the parents of the boys in the group. Also copy the Parish Pastor and the national director at tbrechbill@missionnetwork.com.

#### CONTINGENCY PLAN



- A similar event can be held with a group of kids at a parish in a poor part
  of town. Then the issue will be poverty not illness, but the boys will get a
  lot out of it. In this case they may need to bring personal hygiene supplies
  or food to help the kids' families.
- 2. The boys could also host a small fun festival if visiting a children's hospital. They can plan game stations and have trinket prizes for the kids.
- 3. This project can expand into a longer project if the boys see some other concern to help with when they are at the nursing home or children's hospital. They can use the project "Bethlehem Shop" to raise funds for giving Christmas gifts to the elderly or kids.

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