

## CONQUEST WEEKLY ACTIVITY GUIDE

# WHY DO I NEED TO GO TO CONFESSION?



#316 How CAN WE DISTINGUISH SERIOUS SINS (MORTAL SINS) FROM LESS SERIOUS (VENTAL) SINS? Serious sin destroys the divine power of love in a person's heart, without which there can be no eternal beatitude. Hence it is also called mortal sin. Serious sin breaks with God, whereas venial sin only strains the relationship with him. A serious sin cuts a person off from God. One requirement for such a sin is that it be opposed to an important value, for instance, directed against life or God (for example, murder, blasphemy, adultery, and so on) and that it be committed with full knowledge and full consent. Venial sins are opposed to secondary values (honor, truth, property, and so on) or are committed without full knowledge of their seriousness or without full consent of the will. Such sins disrupt the relationship with God but do not sever it.

## **SAINTS & INSPIRATIONAL STORIES**

#### ST CHARLES BORROMEO

St Charles Borromeo understood the importance of put your faith into practice and living your beliefs. He not only realized the importance of confession in his own life, but he dedicated his efforts to teach others about the faith by opening schools, parishes, and ultimately helping write the catechism.



### SERVANT OF GOD FR ELIA COMINI

Fr Elia put his life at risk to offer the sacraments to prisoners and those in danger. He knew the importance confession has in helping people be at peace with God and themselves, especially when their lives were at risk. He heard confessions in the prison when he himself was captive.





JESUS SAID TO THEM AGAIN, "PEACE BE WITH YOU. AS THE FATHER HAS SENT ME, SO I SEND YOU." AND WHEN HE HAD SAID THIS, HE BREATHED ON THEM AND SAID TO THEM, "RECEIVE THE HOLY SPIRIT. WHOSE SINS YOU FORGIVE ARE FORGIVEN THEM, AND WHOSE SINS YOU RETAIN ARE RETAINED."— JOHN 20: 19-23

## **ANSWER IN YOUR OWN WORDS:**