



## HOW DO I KNOW MY CONVICTIONS & VALUES?



**#351: AREN'T THE TEN COMMANDMENTS OUTDATED?** No, the Ten Commandments are by no means the product of a particular time. They express man's fundamental obligations toward God and neighbor, which are always and everywhere valid. The Ten Commandments are commandments of reason just as they are also part of the binding revelation of God.

## SAINTS & INSPIRATIONAL STORIES

### BLESSED RUPERT MAYER

Blessed Rupert was a man who was convinced of his faith and God's commandment to love his neighbor. He laid down his life over and over again, to help soldiers and those in need. Even though he was persecuted, he never gave up.



### VENERABLE MANUAL NAYARRO

At a young age, while on a youth retreat, Manual realized that what he believed and what values were important in his life. He spent the rest of his life dedicated to helping other people to take time and go on retreats to discover their convictions and values.



### GOSPEL



### ANSWERS

BEWARE OF FALSE PROPHETS, WHO COME TO YOU IN SHEEP'S CLOTHING, BUT UNDERNEATH ARE RAVENOUS WOLVES. BY THEIR FRUITS YOU WILL KNOW THEM. EVERY GOOD TREE BEARS GOOD FRUIT, AND A ROTTEN TREE BEARS BAD FRUIT. A GOOD TREE CANNOT BEAR BAD FRUIT, NOR CAN A ROTTEN TREE BEAR GOOD FRUIT. SO BY THEIR FRUITS YOU WILL KNOW THEM. - MATTHEW 7: 15-20

## ANSWER IN YOUR OWN WORDS:

---

---